# 14 month old development red flags

14 month old development red flags are critical indicators that may suggest a child is experiencing delays or difficulties in reaching typical developmental milestones. At 14 months, infants are expected to demonstrate a variety of physical, cognitive, social, and language skills. Recognizing potential red flags early allows caregivers and healthcare professionals to intervene promptly, supporting the child's growth and addressing any underlying concerns. This article provides a comprehensive overview of common developmental red flags for 14-month-old children, covering areas such as motor skills, speech and language, social interaction, and cognitive development. Understanding these warning signs can help ensure timely evaluations and appropriate support. The following sections delve into specific developmental areas and outline the key red flags to watch for in toddlers at this stage.

- Physical and Motor Development Red Flags
- Speech and Language Development Red Flags
- Social and Emotional Development Red Flags
- Cognitive Development Red Flags
- When to Seek Professional Evaluation

# Physical and Motor Development Red Flags

Physical and motor skills are among the most observable aspects of a 14-month-old's development. At this age, toddlers typically show significant progress in both gross and fine motor abilities. Observing delays or abnormalities in these areas can signal the need for further assessment.

#### **Gross Motor Skills Concerns**

Gross motor skills involve large muscle activities such as crawling, standing, and walking. By 14 months, many children begin to take independent steps or walk with support. Red flags in gross motor development may include:

- Inability to stand with support or bear weight on legs
- Lack of crawling or scooting motions
- Persistent toe-walking or unusual gait patterns
- · Poor balance or frequent falling without attempts to regain stability

#### **Fine Motor Skills Concerns**

Fine motor skills involve small muscle movements, particularly in the hands and fingers. Typical skills include picking up small objects and manipulating toys. Potential red flags include:

- Difficulty grasping objects using thumb and forefinger (pincer grasp)
- Lack of interest or inability to manipulate toys or household items
- Failure to transfer objects between hands

# **Speech and Language Development Red Flags**

Language acquisition is a critical developmental milestone during the first years of life. At 14 months, toddlers often begin to say simple words and respond to verbal cues. Early detection of speech and language delays is essential for promoting effective communication skills.

### **Expressive Language Concerns**

Expressive language refers to the ability to produce sounds, words, and gestures to communicate. Red flags in expressive language at 14 months include:

- No attempts to say simple words such as "mama" or "dada"
- Lack of babbling or limited vocalization
- No use of gestures like waving or pointing to communicate needs

## **Receptive Language Concerns**

Receptive language is the ability to understand words and instructions. Warning signs of receptive language delays may consist of:

- Failure to respond to familiar sounds or voices
- No recognition of familiar names or objects
- Difficulty following simple commands or gestures

## Social and Emotional Development Red Flags

Social interaction and emotional regulation are vital components of early childhood development. At 14 months, children typically show interest in others and begin to express a range of emotions. Deviations from expected behaviors can be cause for concern.

## **Social Engagement Concerns**

Social development involves forming bonds and interacting with caregivers and peers. Red flags in this domain include:

- Minimal or no eye contact with caregivers
- Lack of response to social cues such as smiling or cuddling
- Preference for solitary play and avoidance of interaction

### **Emotional Expression Concerns**

Emotional development at this age is characterized by varied expressions and reactions. Potential red flags include:

- · Limited range of emotions or flat affect
- Excessive irritability or inconsolable crying without clear cause
- Unusual fearfulness or absence of typical stranger anxiety

# **Cognitive Development Red Flags**

Cognitive skills encompass problem-solving, memory, and understanding of the environment. By 14 months, toddlers are expected to show curiosity and begin simple problem-solving activities. Identifying cognitive delays early can support targeted interventions.

### **Problem-Solving and Exploration Concerns**

Typical behaviors include exploring objects and attempting to solve simple challenges. Red flags may involve:

Lack of interest in exploring surroundings or manipulating toys

- Inability to imitate simple actions or gestures
- Failure to recognize familiar people or objects consistently

### **Attention and Memory Concerns**

Attention span and memory are developing rapidly at this stage. Warning signs include:

- Very short attention span with no sustained focus
- Failure to recognize or respond to known faces or routines
- Lack of anticipation for familiar events, such as feeding or bedtime

#### When to Seek Professional Evaluation

Recognizing 14 month old development red flags is an important step toward ensuring a child's well-being. If any of the outlined concerns are observed, it is advisable to consult with a pediatrician or a developmental specialist. Early intervention programs can provide assessments and support tailored to the child's needs.

Professionals may conduct developmental screenings using standardized tools to evaluate physical, cognitive, social, and language development. Timely evaluation facilitates the identification of underlying conditions such as developmental delays, autism spectrum disorder, or hearing impairments.

Parents and caregivers should maintain regular pediatric visits and communicate any concerns openly. Early detection and intervention significantly improve outcomes and promote optimal development during these crucial early years.

### **Frequently Asked Questions**

# What are common developmental milestones for a 14-month-old?

At 14 months, children typically begin to walk independently, say a few simple words, follow simple instructions, and show curiosity by exploring their environment.

# What are red flags in language development for a 14-month-old?

Red flags include not babbling or making sounds, not responding to their name, or not attempting to say any words by 14 months.

# When should I be concerned if my 14-month-old is not walking?

While some children walk later than others, not attempting to walk or showing no interest in standing or cruising by 14 months may be a red flag and warrant evaluation.

### Is lack of eye contact a red flag for a 14-month-old?

Yes, consistently avoiding eye contact or not engaging socially can be a red flag for developmental issues such as autism spectrum disorder.

### What motor skill delays are concerning at 14 months?

Difficulty in sitting without support, lack of crawling or cruising, and poor hand coordination like not being able to grasp small objects may indicate developmental delays.

# How can I tell if my 14-month-old has social development concerns?

Red flags include lack of interest in playing with others, not showing affection towards caregivers, and limited response to social cues.

# Should a 14-month-old be able to follow simple commands?

Yes, most 14-month-olds can understand and follow simple commands like 'come here' or 'give me the toy.' Failure to do so could be a red flag.

# What sensory issues might indicate developmental concerns at 14 months?

Overreacting or underreacting to sounds, textures, or lights, such as extreme distress or indifference, may be signs of sensory processing issues.

# When is it appropriate to seek professional advice for developmental concerns in a 14-month-old?

If your child consistently misses multiple milestones, shows regression, or you have any concerns about their development, it is advisable to consult a pediatrician or developmental specialist promptly.

# Can delayed speech in a 14-month-old be a sign of a developmental disorder?

Yes, significant delays in speech or language development at 14 months may indicate disorders such as speech delay, hearing issues, or autism spectrum disorder and should be

#### **Additional Resources**

- 1. Understanding Developmental Milestones: A Guide for Parents of 14-Month-Olds
  This book offers a comprehensive overview of typical developmental milestones for 14month-old children. It helps parents recognize when their child might be falling behind in
  areas such as motor skills, language, and social interaction. The guide also provides
  practical advice on when to seek professional evaluation and intervention.
- 2. Spotting Early Signs: Developmental Red Flags in Toddlers
  Focused on toddlers between 12 and 18 months, this book details common developmental red flags to watch for, including delays in speech, mobility, and social engagement. It includes real-life case studies and tips for parents on how to support their child's growth. The book also outlines the next steps if a red flag is noticed.
- 3. The First Year and Beyond: Tracking Your Child's Progress
  This resource helps parents track developmental progress from birth through toddlerhood, with a special focus on the critical 14-month period. It highlights potential concerns and provides checklists to make monitoring easier. The author emphasizes early intervention and offers resources for professional help.
- 4. When to Worry: Identifying Developmental Delays in Young Children
  A clear, accessible guide that helps parents differentiate between normal variability in
  development and signs of delay. It covers physical, cognitive, and emotional development
  with specific examples relevant to 14-month-old toddlers. The book also explains diagnostic
  processes and therapeutic options.
- 5. Early Warning Signs: Autism and Other Developmental Disorders in Toddlers
  This book focuses on early detection of autism spectrum disorders and other developmental conditions, providing detailed descriptions of behaviors that may emerge around 14 months. It offers practical strategies for parents to document observations and seek evaluations. The text is grounded in the latest research and expert recommendations.
- 6. Supporting Your 14-Month-Old: Navigating Developmental Challenges
  Designed for parents whose children show developmental concerns, this book offers
  supportive guidance and activities to encourage growth in areas such as communication,
  motor skills, and social interaction. It stresses the importance of a nurturing environment
  and collaboration with healthcare providers.
- 7. The Parent's Guide to Developmental Delays: Early Detection and Intervention This guide educates parents on the signs of developmental delays at 14 months and beyond, explaining the importance of early detection. It includes advice on how to communicate with pediatricians and therapists and outlines intervention options to optimize outcomes.
- 8. Milestones and Red Flags: What to Expect at 14 Months
  A focused handbook that clearly lays out expected milestones and potential red flags specific to the 14-month developmental stage. It provides a balanced perspective to help parents stay informed without undue worry. The book also includes resources for further

support and evaluation.

9. Early Childhood Development: Recognizing and Responding to Red Flags
This book offers an in-depth look at early childhood development with chapters dedicated to each key age, including 14 months. It helps parents and caregivers identify warning signs across multiple domains and encourages proactive responses. The author includes advice on building a supportive network for children with developmental concerns.

### 14 Month Old Development Red Flags

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14 month old development red flags: Oski's Pediatric Certification and Recertification Board Review Carmen M. Coombs, Arethusa Stevens Kirk, 2011 Providing comprehensive coverage of all the areas focused on in the board exam, this study guide features 500 board-style review questions, a full-color design and illustrations, and numerous Points to Remember.

14 month old development red flags: Bayley 4 Clinical Use and Interpretation Glen P. Aylward, 2020-02-08 Bayley 4 Clinical Use and Interpretation provides clinicians with a guide for use, administration, scoring and interpretation of the Bayley Scales of Infant and Toddler Development, Fourth Edition. The book begins with why and how the Bayley 4 was revised. Separate chapters discuss the clinical use and interpretation of the cognitive, language, motor, social-emotional and adaptive scales, each with illustrative clinical cases. Recommendations are provided to aid clinicians in the efficiency of test administration, as well as how to interpret and integrate results within a diagnostic assessment format and in planning intervention. The clinical validity of the Bayley 4 is demonstrated for eight clinical groups. There is an overview of Autism Spectrum Disorder (ASD) with the Bayley 4 ASD Checklist, accommodations, and red flags indicative of abnormality. Additional chapters discuss digital administration and how to present feedback to caregivers. - Summarizes what is new and different in the Bayley 4 - Guides clinicians in use, administration, scoring, and interpretation - Identifies the clinical validity of Bayley 4 for eight clinical groups - Suggests how to integrate results into assessment and intervention - Includes use for autism assessment and an ASD checklist - Provides case studies on typical and atypical development

14 month old development red flags: Assessment of Autism Spectrum Disorder Sam Goldstein, Sally Ozonoff, 2018-02-12 This authoritative resource, now thoroughly revised for DSM-5, has set the standard for the comprehensive assessment of autism spectrum disorder (ASD). Leading experts demonstrate how to craft a scientifically grounded profile of each child's strengths and difficulties, make a formal diagnosis, and use assessment data to guide individualized intervention in clinical and school settings. Chapters review state-of-the-art instruments and approaches for evaluating specific areas of impairment in ASD and co-occurring emotional and behavioral disorders. Considerations in working with children of different ages are highlighted. With a primary focus on children, several chapters also address assessment of adolescents and adults. New to This Edition \*Chapter on key implications of DSM-5 diagnostic criteria, plus related updates throughout the volume. \*Chapter on advances in early identification (ages 0-3). \*Chapter with in-depth case examples illustrating the evaluation decision-making process and common diagnostic challenges.

\*Chapters on pseudoscience (including strategies for advising parents) and future directions in the field. \*Current assessment data, numerous new and revised measures, and cutting-edge screening approaches.

14 month old development red flags: UKMLA Complete Preparation Guide Mablevi Willard Rhodes, Mandel Willie Henson, Transform Your UKMLA Preparation with the Most Comprehensive Study Guide Available Are you ready to conquer the UK Medical Licensing Assessment on your first attempt? This complete preparation guide provides everything you need to excel in both the Applied Knowledge Test (AKT) and Clinical Problem Solving Assessment (CPSA) components of the UKMLA. What Makes This Guide Different: ☐ 500+ High-Quality Practice Questions - Expertly crafted AKT-style questions covering all 311 conditions in the UKMLA content map ☐ Complete 16-Station CPSA Circuit - Full mock OSCE with detailed marking schemes and examiner insights \( \prec{1}{4} \) Full-Length Mock Examinations - Realistic practice tests that simulate actual exam conditions □ Comprehensive Answer Explanations - Detailed reasoning for every question to strengthen your clinical knowledge | UK Healthcare System Navigation - Essential guide for international medical graduates transitioning to NHS practice Perfect for Medical Students and International Medical Graduates Whether you're a UK medical student preparing for finals or an international medical graduate transitioning from PLAB, this guide bridges the knowledge gap between theoretical learning and practical UK medical practice. Written by successful UKMLA candidates who understand exactly what you need to succeed. Complete Coverage of Both UKMLA Components: Applied Knowledge Test (AKT) Preparation: Evidence-based medicine and clinical guidelines Pharmacology and therapeutics with UK-specific protocols Emergency medicine high-yield facts and drug dosages Clinical reasoning scenarios across all medical specialties Normal laboratory values and critical result interpretation Clinical Problem Solving Assessment (CPSA) Preparation: History-taking and physical examination techniques Communication skills and breaking bad news scenarios Practical procedures with step-by-step guidance Clinical data interpretation and diagnostic reasoning Professional behavior and ethical decision-making Bonus Materials for Exam Success: Quick reference emergency cards for last-minute revision Red flag symptoms and never-miss diagnoses checklist Exam day strategies and stress management techniques NICE guidelines summary tables for rapid review Performance tracking sheets to monitor your progress Why Choose This Guide: Unlike fragmented study materials that cover only one component, this comprehensive resource integrates AKT knowledge with CPSA skills, reflecting how medicine is actually practiced. The authors combine recent exam experience with clinical expertise to provide insider tips and proven strategies that work. International Medical Graduate Focus: Special attention to UK-specific medical practices, NHS protocols, and cultural competence requirements. Includes detailed explanations of prescribing conventions, referral pathways, and communication styles expected in UK healthcare settings. Evidence-Based Content: All questions and explanations align with current NICE guidelines, GMC standards, and UK clinical practice. Regular updates ensure content remains current with evolving medical knowledge and examination requirements. Start Your Journey to UKMLA Success Today Join thousands of successful candidates who have used comprehensive preparation to achieve their goal of practicing medicine in the UK. With systematic study plans, realistic practice materials, and expert guidance, you'll approach your UKMLA with confidence and competence. Perfect for: UK medical students preparing for UKMLA International medical graduates transitioning from PLAB Foundation programme applicants Medical professionals seeking GMC registration Anyone requiring comprehensive UK medical licensing preparation Transform your UKMLA preparation from overwhelming to organized. Order your complete preparation guide today and take the first step toward your successful medical career in the UK.

14 month old development red flags: *Umphred's Neurological Rehabilitation - E-Book*Rolando T. Lazaro, 2025-12-03 \*\*Selected for 2025 Doody's Core Titles® in Physical Medicine and Rehabilitation\*\*Develop essential problem-solving strategies for providing individualized, effective neurologic care! Under the leadership of Rolando Lazaro, Umphred's Neurological Rehabilitation, Eighth Edition, covers the therapeutic management of people with activity limitations, participation

restrictions, and quality-of-life issues following a neurological event across the lifespan. This comprehensive reference provides foundational knowledge and addresses the best evidence for examination tools and interventions commonly used in today's clinical practice. It applies a time-tested, evidence-based approach to neurological rehabilitation that is perfect for both the classroom and the clinic. - NEW! Content addresses the movement system and clinical practice guidelines - NEW! Two new chapters on special focus topics explore COVID-19 and reframing selected intervention strategies - NEW! Content explores COVID-19 as it relates to the neurologic system - NEW! Enhanced ebook version, included with every new print purchase, features videos and appendices and supplemental content for select chapters, plus digital access to all the text, figures, and references, with the ability to search, customize content, make notes and highlights, and have content read aloud - UPDATED! Coverage focuses on linking evidence-based examination and intervention tools - Comprehensive coverage offers a thorough understanding of all aspects of neurological rehabilitation across the lifespan — from pediatrics to geriatrics - Expert authors and editors lend their experience and guidance for on-the-job success - UNIQUE! Section on neurological problems accompanying specific system problems includes hot topics such as poor vision, vestibular dysfunction, dementia and problems with cognition, and aging with a disability - Problem-solving approach helps you apply your knowledge to examinations, evaluations, prognoses, and intervention strategies - Evidence-based research sets up best practices, covering topics such as the theory and practice of neurologic rehabilitation; evidence-based examination and intervention tools; and the patient's psychosocial concerns - Case studies use real-world examples to promote problem-solving skills - Terminology adheres to best practices, following The Guide to Physical Therapy Practice and the WHO-ICF World Health model

14 month old development red flags: Assessment of Autism Spectrum Disorders, First Edition Sam Goldstein, Jack A. Naglieri, Sally Ozonoff, 2008-09-19 Significant progress has been made in assessing children with autism spectrum disorders, but the field has lacked a single, comprehensive resource that assembles current best practices within a unified assessment framework. This authoritative book demonstrates how to craft a complete, scientifically grounded, and clinically useful portrait of a child's strengths and difficulties in social behavior, language and communication, intellectual functioning, motor skills, and other key areas of impairment and comorbidity. Leading experts illustrate ways in which school and clinical practitioners can integrate data from a variety of sources to improve the accuracy of diagnosis and inform the development of individualized interventions.

14 month old development red flags: Mind Matters In Children Kenneth Lyen, 2022-10-25 Our mind is one of the most extraordinary wonders of mankind! We use it to think critically and creatively, it stores our treasured memories, it helps us make friends and look after our loved ones, and it can transform our impossible dreams into reality. Sometimes we encounter glitches in our life's journey. The brain may not advance as fast as expected. This book delves into both the normal as well as the abnormal functioning of a child's mind. Topics covered include intelligence, creativity, consciousness, memory and normal development. It also gives practical advice on how to manage children's mental health and problems like ADHD, dyslexia, autism and depression. The book is timely because of the recent surge in interest of the human mind during the Covid-19 pandemic where there has been a dramatic worldwide increase in mental problems brought about by isolation, economic slowdown, unemployment, and loss of our loved ones. This book is suitable for everyone who is fascinated by the human mind.

14 month old development red flags: Pediatric Nursing Catherine Gannon Tagher, Lisa Marie Knapp, 2023-08-25 Pediatric Nursing: A Case-Based Approach, 2nd Edition, helps students master pediatric nursing concepts and develop the critical thinking and clinical judgment essential to safe pediatric care and health promotion for children of all ages. This extensively updated 2nd Edition details the latest pediatric approaches to COVID-19, child abuse, mental health, and more, accompanied by new learning features that train students to think like nurses and prepare for the Next-Generation NCLEX®. Realistic clinical scenarios challenge students to apply their

understanding, reinforcing key content while honing the clinical reasoning, patient advocacy, and patient education skills critical to effective outcomes in any setting.

14 month old development red flags: Essentials of Medical Biochemistry Chung Eun Ha, N. V. Bhagavan, 2022-12-16 Essentials of Medical Biochemistry, Third Edition offers a condensed, yet detailed overview of clinical biochemistry, spanning fundamentals and relevant physiologic and pathophysiologic concepts. Pivotal clinical case studies aid in understanding basic science in the context of diagnosis and treatment of human diseases, and the text illuminates key topics in molecular immunology and hemostasis. Users will find fundamental concepts aiding students and professionals in biochemistry, medicine, and other healthcare disciplines. The text is a useful refresher that will help users meet USMLE and other professional licensing examination requirements, providing thorough introductions, key points, multicolored illustrations of chemical structures and figures, fact-filled tables, and recommended reading lists. This Third Edition has been fully updated to address evolving techniques in the biological sciences, including genomics, metabolomics, transcriptomics, epigenomics, proteomics, and gene therapy, among other methods. In addition, each chapter has been fully revised for current science and now features learning objectives and chapter summaries, supplemental reading, and 5 clinical case based multiple choice questions. New clinical cases have been added throughout. - Integrates the biochemical principles with physiological, pharmacological, and pathological aspects of human diseases - Each chapter features learning objectives, summaries, required and supplemental reading lists, clinical cases, and multiple-choice questions - Presents essential biochemical concepts within the context of their biological functions Offers instructional overview figures, flowcharts, tables and multi-colored illustrations - Provides an online ancillary package with PowerPoint images and an additional 500 study questions to aid in comprehension and USMLE exam preparation

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14 month old development red flags: Encyclopedia of Infant and Early Childhood Development, 2020-03-13 Encyclopedia of Infant and Early Childhood Development, Second Edition, provides a comprehensive entry point into the existing literature on child development in the fields of psychology, genetics, neuroscience and sociology. Featuring 171 chapters, across 3 volumes, this work helps readers understand these developmental changes, when they occur, why

they occur, how they occur, and the factors that influence development. Although some medical information is included, the emphasis lies mainly in normal growth, primarily from a psychological perspective. Comprehensive and in-depth scholarly articles cover theoretical, applied and basic science topics, providing an interdisciplinary approach. All articles have been completely updated, making this resource ideal for a wide range of readers, including advanced undergraduate and graduate students, researchers and clinicians in developmental psychology, medicine, nursing, social science and early childhood education. Cutting-edge content that cover the period of neonates to age three Organized alphabetically by topic for ease of reference Provides in-depth scholarly articles, covering theoretical, applied and basic science Includes suggested readings at the end of each article

**14 month old development red flags:** Swaiman's Pediatric Neurology - E-Book Kenneth F. Swaiman, Stephen Ashwal, Donna M Ferriero, Nina F Schor, 2011-11-11 Swaiman's Pediatric Neurology, by Drs. Kenneth Swaiman, Stephen Ashwal, Donna Ferriero, and Nina Schor, is a trusted resource in clinical pediatric neurology with comprehensive, authoritative, and clearly-written guidance. Extensively updated to reflect advancements in the field, this fifth edition covers new imaging modalities such as pediatric neuroimaging, spinal fluid examination, neurophysiology, as well as the treatment and management of epilepsy, ADHD, infections of the nervous system, and more. The fully searchable text is now available online at www.expertconsult.com, along with downloadable images and procedural videos demonstrating intraventricular hemorrhage and white matter injury, making this an indispensable multimedia resource in pediatric neurology. Gain a clear visual understanding from the numerous illustrations, informative line drawings, and summary tables. Tap into the expertise of an authoritative and respected team of editors and contributors. Get comprehensive coverage of all aspects of pediatric neurology with a clinical focus useful for both the experienced clinician and the physician-in-training. Access the fully searchable text online at www.expertconsult.com, along with 16 additional online-only chapters, downloadable images, videos demonstrating intraventricular hemorrhage and white matter injury, and links to PubMed. Stay current on recent developments through extensive revisions: a new chapter on paraneoplastic syndromes in children; a new section on congenital brain malformations written by leading international authorities; and another one on cutting-edge pediatric neuroscience concepts relating to plasticity, neurodegeneration of the developing brain, and neuroinflammation. Apply the latest information on diagnostic modalities, including pediatric neuroimaging, spinal fluid examination, and neurophysiology

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14 month old development red flags: Early Intervention for Young Children with Autism Spectrum Disorder Russell Lang, Terry B. Hancock, Nirbhay N. Singh, 2016-05-17 This book examines early intensive behavioral intervention (EIBI) programs for young children with autism spectrum disorder (ASD). It analyzes current research on early intervention (EI) and explains the importance of accurate, timely detection of ASD in facilitating the use of EI. Chapters address five widely researched EIBI approaches: Discrete Trial Training, Pivotal Response Training, the Early Start Denver Model, Prelinguistic Milieu Teaching, and Enhanced Milieu Teaching. This in-depth study of current EIBI approaches offers a rigorous guide to earlier and more intensive interventions for children with ASD, leading to greater autonomy and improved later life outcomes for individuals. Featured topics include: Parent-implemented interventions and related issues. Evaluations of controversial interventions used with children with ASD. Factors contributing to rising ASD prevalence. Obstacles to obtaining accurate ASD diagnosis in young children. Early Intervention for Young Children with Autism Spectrum Disorder is an essential resource for researchers, clinicians, and graduate students in developmental, clinical child, and school psychology, behavioral therapy/rehabilitation, social work, public health, educational policy and politics, and related psychology and behavioral health fields.

14 month old development red flags: Autism Spectrum Disorders: Developmental Trajectories, Neurobiological Basis, Treatment Update, Volume 2 Roberto Canitano, Yuri Bozzi, Dirk Dhossche, 2020-07-03

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