

ben & jerry's vegan chunky monkey

ben & jerry's vegan chunky monkey is a popular dairy-free ice cream flavor that combines rich, creamy texture with delicious banana and chocolate chunks. This vegan version of the classic Chunky Monkey ice cream offers an indulgent treat for those following plant-based diets or anyone seeking lactose-free options. Crafted with almond milk, it delivers the same iconic taste and chunks of walnuts and fudge brownies that fans love. This article explores the ingredients, nutritional profile, availability, and the impact of ben & jerry's vegan chunky monkey on the vegan ice cream market. Readers will gain insight into what makes this flavor a standout choice among vegan frozen desserts. The following sections provide a detailed overview of the product, including its formulation, taste experience, and environmental considerations.

- Ingredients and Nutritional Information
- Taste Profile and Texture
- Availability and Purchase Options
- Environmental and Ethical Considerations
- Comparison with Other Vegan Ice Creams

Ingredients and Nutritional Information

The ben & jerry's vegan chunky monkey ice cream is made primarily from almond milk, which serves as the base instead of traditional dairy milk. This switch caters to individuals with lactose intolerance, milk allergies, or those choosing a vegan lifestyle. The key ingredients focus on delivering a creamy texture and authentic banana flavor while including signature mix-ins such as fudge brownies and walnuts. The formulation avoids animal products entirely, using plant-based alternatives and natural flavors.

Core Ingredients

The essential components of ben & jerry's vegan chunky monkey include:

- Almond milk as the dairy substitute
- Banana flavor and real banana pieces to replicate the classic taste
- Fudge brownies made without dairy or eggs
- Crunchy walnut pieces for texture and flavor contrast

- Sweeteners such as cane sugar and natural flavors
- Stabilizers and emulsifiers that are plant-based and safe for vegan consumption

Nutritional Breakdown

This vegan ice cream offers a comparable calorie count to its dairy counterpart but with reduced saturated fat content due to the absence of cream. A typical serving provides energy mainly from carbohydrates and fats derived from nuts and almond milk. Protein content is modest, sourced mostly from walnuts. The product is free from cholesterol and suitable for those monitoring their cholesterol intake. Additionally, it contains no artificial colors or preservatives, aligning with clean-label preferences.

Taste Profile and Texture

Ben & Jerry's vegan chunky monkey maintains the flavor integrity of the original, combining the sweetness of ripe bananas with rich chocolate and crunchy walnuts. The balance of flavors is carefully calibrated to appeal to both vegan and non-vegan consumers. The almond milk base contributes a smooth and creamy mouthfeel, crucial in replicating the indulgence expected from traditional ice cream.

Flavor Components

The dominant flavor notes include:

- Natural banana taste, providing a fruity and slightly tangy element
- Deep chocolate fudge from the brownie chunks, adding richness
- Nutty undertones from the walnuts, enhancing texture and complexity
- Sweetness that is well-rounded and not overpowering

Texture and Mouthfeel

The texture is creamy without being overly heavy, a notable achievement for a plant-based ice cream. The inclusion of chunky mix-ins creates a satisfying contrast, ensuring each spoonful offers variety. The fudge brownies remain chewy while the walnuts add a pleasant crunch. This combination delivers an enjoyable sensory experience comparable to the non-vegan version.

Availability and Purchase Options

Ben & Jerry's vegan chunky monkey has expanded its market presence since its launch, reflecting growing demand for vegan frozen desserts. It is available in many grocery stores, specialty food retailers, and through online platforms across the United States and select international markets. This accessibility makes it easier for consumers to incorporate plant-based indulgences into their diets.

Retail Locations

Common retail outlets carrying Ben & Jerry's vegan chunky monkey include:

- Major supermarket chains with dedicated vegan or dairy-free sections
- Natural foods stores and co-ops focusing on organic and specialty products
- Convenience stores in urban areas with diverse food selections

Online Purchasing

Many e-commerce platforms offer frozen delivery services, allowing customers to order Ben & Jerry's vegan chunky monkey directly to their homes. This option is particularly beneficial in regions where physical stores may have limited vegan ice cream selections. Shipping packaging is designed to maintain product quality during transit.

Environmental and Ethical Considerations

Ben & Jerry's vegan chunky monkey is part of the brand's broader commitment to sustainability and ethical sourcing. By opting for plant-based ingredients, the product reduces reliance on animal agriculture, which is associated with higher greenhouse gas emissions and resource use. The company also emphasizes fair trade practices for ingredients such as cocoa and sugar.

Sustainability Initiatives

The environmental benefits of this vegan ice cream include:

- Lower carbon footprint compared to traditional dairy ice cream
- Reduced water usage in production
- Support for regenerative agriculture through sourcing policies

- Packaging innovations aimed at recyclability and waste reduction

Animal Welfare and Ethical Sourcing

The vegan chunky monkey flavor aligns with animal welfare principles by eliminating animal products entirely. Additionally, ben & jerry's commitment to fair trade ingredients ensures farmers and workers receive equitable compensation, promoting social sustainability alongside environmental responsibility.

Comparison with Other Vegan Ice Creams

Within the growing market of vegan frozen desserts, ben & jerry's vegan chunky monkey stands out due to its recognizable brand, robust flavor profile, and quality ingredients. It competes with other popular vegan ice creams made from coconut milk, oat milk, or soy milk, each offering distinct taste and texture characteristics.

Unique Selling Points

Key differentiators of ben & jerry's vegan chunky monkey include:

- Use of almond milk for a creamy yet light base
- Signature chunky mix-ins, including walnuts and fudge brownies
- Consistent taste that mirrors the classic Chunky Monkey flavor
- Wide availability and strong brand recognition

Competitor Overview

Other vegan ice cream brands may focus on different bases such as coconut cream, which offers higher fat content and creaminess but can have a stronger flavor profile. Oat-based options provide a neutral taste and creamy consistency but may lack the distinctive banana and fudge combination that defines chunky monkey. Ben & jerry's vegan chunky monkey thus occupies a niche that balances indulgence with plant-based nutrition.

Frequently Asked Questions

What is Ben & Jerry's Vegan Chunky Monkey flavor?

Ben & Jerry's Vegan Chunky Monkey is a dairy-free version of their classic Chunky Monkey ice cream, made with non-dairy ingredients like almond milk and featuring banana-flavored ice cream with vegan fudge chunks and walnuts.

Is Ben & Jerry's Vegan Chunky Monkey gluten-free?

Yes, Ben & Jerry's Vegan Chunky Monkey is gluten-free, but it's always best to check the packaging for any allergen information or cross-contamination warnings.

Where can I buy Ben & Jerry's Vegan Chunky Monkey?

Ben & Jerry's Vegan Chunky Monkey is available at many grocery stores, health food stores, and online retailers, including the official Ben & Jerry's website and major supermarkets.

Does Ben & Jerry's Vegan Chunky Monkey contain nuts?

Yes, Vegan Chunky Monkey contains walnuts, so it is not suitable for those with nut allergies.

Is Ben & Jerry's Vegan Chunky Monkey made with almond milk?

Yes, the vegan version of Chunky Monkey is made with almond milk as its dairy-free base.

How does the taste of Ben & Jerry's Vegan Chunky Monkey compare to the original?

Ben & Jerry's Vegan Chunky Monkey closely mimics the taste of the original with its creamy banana base and chunks of fudge and walnuts, but with a slightly different texture due to the plant-based ingredients.

Is Ben & Jerry's Vegan Chunky Monkey certified vegan?

Yes, Ben & Jerry's Vegan Chunky Monkey is certified vegan, meaning it contains no animal products and meets vegan certification standards.

What are the main ingredients in Ben & Jerry's Vegan Chunky Monkey?

The main ingredients include almond milk, banana puree, sugar, walnuts, vegan fudge chunks, and natural flavors.

Can people with lactose intolerance eat Ben & Jerry's Vegan Chunky Monkey?

Yes, since Ben & Jerry's Vegan Chunky Monkey is dairy-free and made with almond milk, it is suitable for people with lactose intolerance.

Additional Resources

1. *The Sweet Scoop: Ice Cream and Frozen Desserts from the Best Ice Cream Makers in America*

This book offers an in-depth look at the world of ice cream, including vegan options like Ben & Jerry's Vegan Chunky Monkey. It features recipes, stories behind popular brands, and tips for making your own frozen treats at home. A must-read for anyone interested in the art and science of ice cream making.

2. *Vegan Desserts: Sumptuous Sweets for Every Season*

Focused on plant-based desserts, this cookbook includes creative recipes that align with the flavors found in vegan ice creams such as Chunky Monkey. It offers alternatives to traditional dairy desserts, making it perfect for vegans and those with lactose intolerance. The book also explores the use of natural ingredients to create rich, satisfying sweets.

3. *Ben & Jerry's Homemade Ice Cream & Dessert Book*

Co-written by the founders of Ben & Jerry's, this classic cookbook provides a history of the brand alongside recipes inspired by their iconic flavors. Although originally before the vegan product line, it offers insight into the creative process that led to their innovative flavors like Chunky Monkey. Readers can learn about the company's commitment to social causes and quality ingredients.

4. *Plant-Based Ice Cream: Delicious Vegan Recipes for Every Season*

This book specializes in dairy-free ice cream recipes, including variations on popular flavors like Chunky Monkey. It guides readers through choosing the best plant-based milks and natural sweeteners to create creamy, flavorful frozen desserts. Perfect for those wanting to explore vegan ice cream making at home.

5. *The Vegan Scoop: 150 Recipes for Ice Creams, Shakes, and Other Frozen Treats*

With a wide array of vegan frozen dessert recipes, this book celebrates the diversity of plant-based ice creams. It includes recipes inspired by well-known flavors such as Chunky Monkey, as well as original creations using nuts, fruits, and alternative sweeteners. The book is accessible for beginners and experienced cooks alike.

6. *Chunky Monkey: The Story Behind Ben & Jerry's Iconic Flavor*

This engaging narrative delves into the creation and popularity of the Chunky Monkey flavor, tracing its transition to a vegan version. It explores the challenges and triumphs of developing a plant-based recipe without sacrificing taste. Readers gain a deeper appreciation for the innovation behind one of Ben & Jerry's most beloved products.

7. *Ice Creams and Sorbets: Vegan and Gluten-Free Treats for Every Occasion*

This guide offers a variety of allergen-friendly frozen desserts, focusing on vegan and gluten-free recipes. Inspired by flavors like Chunky Monkey, the book shows how to make

creamy ice creams and refreshing sorbets that anyone can enjoy. It also emphasizes the importance of using clean, whole ingredients.

8. *Coconut Ice Cream: Creamy Vegan Recipes for Every Season*

Specializing in coconut-based frozen desserts, this cookbook features recipes that can be tailored to mimic flavors such as Chunky Monkey. The natural creaminess of coconut milk makes it a perfect base for vegan ice creams. The book includes tips on balancing flavors and textures to create indulgent treats.

9. *The Ultimate Guide to Vegan Ice Cream: From Classic Flavors to Creative Twists*

This comprehensive guide covers everything from the basics of vegan ice cream making to inventive recipes inspired by favorites like Chunky Monkey. It explores various bases, mix-ins, and techniques to achieve the perfect scoop. Additionally, it highlights the growing trend of plant-based frozen desserts in today's culinary landscape.

Ben Jerry S Vegan Chunky Monkey

Find other PDF articles:

<https://test.murphyjewelers.com/archive-library-705/Book?docid=tiL87-2683&title=tales-of-berseria-game-guide.pdf>

ben jerry s vegan chunky monkey: The Sweetest Scoop Lisa Robinson, 2022-05-10 The Sweetest Scoop is a picture book biography of the entrepreneurial activist duo behind Ben & Jerry's Ice Cream and their rocky road to success, from author Lisa Robinson and award-winning illustrator Stacy Innerst. Chunky Monkey. Cherry Garcia. Truffle Kerfuffle. Legendary ice cream makers Ben & Jerry are behind some of the wackiest, tastiest flavors we know and love. It all began when two groovy guys, Ben Cohen and Jerry Greenfield, met when they were 12 years old. Ben liked art, Jerry liked science, and they both loved food . . . especially ice cream! They started a business together, and with no idea how to actually make ice cream, they made it happen with teamwork, determination, and an appetite for fun and experimentation. When the doors of Ben & Jerry's Homemade ice cream shop finally opened, crowds flocked. But the pair would still have a rocky road ahead—and ambitious activist goals to fulfill. Chock-full of facts and humor, this entertaining biography about two hardworking partners living their Americone Dream gives readers plenty to chew on. Through their inventiveness, passion, and activism, Ben & Jerry dreamed of making the world a better, more delicious place—one scoop at a time. "The Sweetest Scoop is a visual treat!" —Ben Cohen & Jerry Greenfield, Co-founders of Ben & Jerry's

ben jerry s vegan chunky monkey: MeatLess Kristie Middleton, 2017-03-07 Countless people are now cutting back on meat by enjoying more plant-based meals—to look and feel better, have a lighter eco-footprint, or to help animals. If you want to eat less meat and dairy without giving them up entirely, MeatLess offers concrete rationale and easy steps for reducing animal products. Kristie Middleton, senior food policy director for The Humane Society of the United States, shares inspirational stories from people who've lost weight, reached their health goals, helped animals, and improved their environmental footprint through plant-based eating. Along with its delicious, satisfying recipes that anyone can make, MeatLess offers tips and tricks for overcoming common barriers to diet change and how to make a better lifestyle stick—such as easy food swaps, where to dine out, and how to set and meet your goals. Whether you're a passionate meat lover or

vegan-curious, MeatLess is the roadmap for a healthier life and a better you.

ben jerry s vegan chunky monkey: *Geek Doctor* John D. Halamka, 2014-02-07 In his highly regarded blog, *Life as a Healthcare CIO*, John Halamka records his experiences with health IT leadership, infrastructure, applications, policies, management, governance, and standardization of data. But he also muses on topics such as reducing our carbon footprint, sustainable farming, mountain climbing, being a husband, father and son

ben jerry s vegan chunky monkey: *Easy Flourless Muffins, Bars & Cookies* Amanda Drozd, 2017-02-28 Includes oil-free, dairy-free and refined sugar-free options!--Cover.

ben jerry s vegan chunky monkey: Vegetarianism and Veganism David E. Newton, 2019-06-24 This detailed and comprehensive overview of meat-free diets introduces readers to their long history in human cultures and analyzes some of the important questions and issues surrounding their practice in today's world. *Vegetarianism and Veganism: A Reference Handbook* provides a history and background of vegetarianism and veganism from prehistorical times to the present day, along with detailed discussions of the practice in each historical period since that time. The ancillary chapters provide additional information on important individuals and organizations in the field, relevant data and documents on the topic, an annotated bibliography, a chronology of important events, and a glossary of terms likely to be encountered in the field. Of special interest is the Perspectives chapter, in which stakeholders in the topic write about some specific aspect of its importance in their own lives. Intended for high school, college, and general readers, the volume covers the field of vegetarianism and veganism in cultures from around the world. Some specific topics include ancient views of vegetarianism, religious stands on the practice, the growth of vegetarian and vegan institutions, and current controversies over the practice of meat-free diets. It also includes a host of resources that readers can use to continue their own research in the field.

ben jerry s vegan chunky monkey: *The Win-Win Diet* Julie Wilcox, 2022-01-18 For anyone looking to enhance energy, prevent disease, and reduce stress, nutritionist and wellness expert Julie Wilcox provides a flexible and delicious plant-based solution in her rigorously researched book, *The Win-Win Diet*. Wilcox offers an actionable guide to four eating patterns that allow readers to choose the approach that's best for them: flexitarian, pescatarian, vegetarian, or vegan. It's ideal for the meat eater looking for a gentle path to more mindful eating, the person who eats only plant-sourced foods, and everyone in between. Featuring ninety-five perfected recipes and sample meal plans for each eating pattern, *The Win-Win Diet* presents a sustainable approach to enjoying meals that will help you become fit and feel great—for life.

ben jerry s vegan chunky monkey: Living the Farm Sanctuary Life Gene Baur, Gene Stone, 2015-04-07 Winner of a Books for a Better Life Award! Gene Baur, the cofounder and president of Farm Sanctuary, the nation's leading farm animal protection organization, knows that the key to happiness lies in aligning your beliefs with your actions. In this definitive vegan and animal-friendly lifestyle guide, he and Gene Stone, author of *Forks Over Knives*, explore the deeply transformative experience of visiting the sanctuary and its profound effects on people's lives. The book covers the basic tenets of Farm Sanctuary life—such as eating in harmony with your values, connecting with nature wherever you are, and reducing stress—and offers readers simple ways to incorporate these principles into their lives. *Living the Farm Sanctuary Life* also teaches readers how to cook and eat the Farm Sanctuary way, with 100 extraordinarily delicious recipes selected by some of the organization's greatest fans—chefs and celebrities such as Chef AJ, Chloe Coscarelli, Emily Deschanel, and Moby. Coupled with heartwarming stories of the animals that Farm Sanctuary has saved over the years, as well as advice and ideas from some of the organization's biggest supporters, *Living the Farm Sanctuary Life* is an inspiring, practical book for readers looking to improve their whole lives and the lives of those around them—both two- and four-legged.

ben jerry s vegan chunky monkey: Modern Healthcare, 2007

ben jerry s vegan chunky monkey: The Story of Chunky Monkey Pauline Comanor, 1983-01-01

Related to ben jerry s vegan chunky monkey

Goedkope mobiele abonnementen en Sim Only deals - Bestellen Bestel Sim Only Bekijk telefoons Ben zakelijk Regelen Wijzig je bundel Verleng je abonnement

Goedkoop sim only abonnement? Sim only vanaf € 6,50 | Ben Meer over Sim Only van Ben: altijd de beste deals, gratis nummerbehoud en maandelijks opzegbaar. Stel jouw ideale bundel samen en ontdek de voordelen

Inloggen | Ben eSIM Ben zakelijk Telefoonabonnement kind Aanbiedingen Verlengen Klantenservice Veelgestelde vragen Verbruik & Facturen Abonnement & Ik Ben Nummerbehoud Bestellen &

iPhone 16 kopen met een goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Jouw abonnement & Ik Ben Jouw abonnement & Ik Ben Kies een categorie Abonnement of gegevens wijzigen Abonnement opzeggen

Samsung S25 kopen met goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Error page | Ben Ik zo terug. Vanwege onderhoud aan mijn systemen kun je op dit moment niet inloggen. Ik ben hard aan het werk om het op te lossen. Probeer je het later opnieuw?

Ik sta onder bewind, hoe meld ik mijn bewindvoerder aan? | Ben Je bewindvoerder moet schriftelijk contact met Ben opnemen om het bewind aan te melden. Hij stuurt ons dan een e-mail naar ben.schuldhulp@ben.nl met in de bijlage de beschikking van de

Samsung Galaxy A56 met goedkoop telefoonabonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

De beste telefoon aanbiedingen met abonnement | Ben Zo ben je altijd goedkoop uit en heb je een abonnement dat helemaal bij je past. Ontdek nu mijn telefoon aanbiedingen en vind de deal die het beste bij jou past!

Goedkope mobiele abonnementen en Sim Only deals - Bestellen Bestel Sim Only Bekijk telefoons Ben zakelijk Regelen Wijzig je bundel Verleng je abonnement

Goedkoop sim only abonnement? Sim only vanaf € 6,50 | Ben Meer over Sim Only van Ben: altijd de beste deals, gratis nummerbehoud en maandelijks opzegbaar. Stel jouw ideale bundel samen en ontdek de voordelen

Inloggen | Ben eSIM Ben zakelijk Telefoonabonnement kind Aanbiedingen Verlengen Klantenservice Veelgestelde vragen Verbruik & Facturen Abonnement & Ik Ben Nummerbehoud Bestellen &

iPhone 16 kopen met een goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Jouw abonnement & Ik Ben Jouw abonnement & Ik Ben Kies een categorie Abonnement of gegevens wijzigen Abonnement opzeggen

Samsung S25 kopen met goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Error page | Ben Ik zo terug. Vanwege onderhoud aan mijn systemen kun je op dit moment niet inloggen. Ik ben hard aan het werk om het op te lossen. Probeer je het later opnieuw?

Ik sta onder bewind, hoe meld ik mijn bewindvoerder aan? | Ben Je bewindvoerder moet schriftelijk contact met Ben opnemen om het bewind aan te melden. Hij stuurt ons dan een e-mail naar ben.schuldhulp@ben.nl met in de bijlage de beschikking van

Samsung Galaxy A56 met goedkoop telefoonabonnement | Ben Bij Ben betaal je nooit rente

over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

De beste telefoon aanbiedingen met abonnement | Ben Zo ben je altijd goedkoop uit en heb je een abonnement dat helemaal bij je past. Ontdek nu mijn telefoon aanbiedingen en vind de deal die het beste bij jou past!

Goedkope mobiele abonnementen en Sim Only deals - Bestellen Bestel Sim Only Bekijk telefoons Ben zakelijk Regelen Wijzig je bundel Verleng je abonnement

Goedkoop sim only abonnement? Sim only vanaf € 6,50 | Ben Meer over Sim Only van Ben: altijd de beste deals, gratis nummerbehoud en maandelijks opzegbaar. Stel jouw ideale bundel samen en ontdek de voordelen

Inloggen | Ben eSIM Ben zakelijk Telefoonabonnement kind Aanbiedingen Verlengen Klantenservice Veelgestelde vragen Verbruik & Facturen Abonnement & Ik Ben Nummerbehoud Bestellen &

iPhone 16 kopen met een goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Jouw abonnement & Ik Ben Jouw abonnement & Ik Ben Kies een categorie Abonnement of gegevens wijzigen Abonnement opzeggen

Samsung S25 kopen met goedkoop abonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

Error page | Ben Ik zo terug. Vanwege onderhoud aan mijn systemen kun je op dit moment niet inloggen. Ik ben hard aan het werk om het op te lossen. Probeer je het later opnieuw?

Ik sta onder bewind, hoe meld ik mijn bewindvoerder aan? | Ben Je bewindvoerder moet schriftelijk contact met Ben opnemen om het bewind aan te melden. Hij stuurt ons dan een e-mail naar ben.schuldhulp@ben.nl met in de bijlage de beschikking van de

Samsung Galaxy A56 met goedkoop telefoonabonnement | Ben Bij Ben betaal je nooit rente over het kredietbedrag. Een krediet van €250,00 of meer moet ik verplicht aanmelden bij BKR (Bureau Krediet Registratie). Wil je dit niet? Kies er dan voor om

De beste telefoon aanbiedingen met abonnement | Ben Zo ben je altijd goedkoop uit en heb je een abonnement dat helemaal bij je past. Ontdek nu mijn telefoon aanbiedingen en vind de deal die het beste bij jou past!

Related to ben jerry s vegan chunky monkey

12 Best Ben & Jerry's Ice Cream Flavors (Hosted on MSN5mon) The best Ben & Jerry's ice cream flavors are over-the-top in the best way possible. If you believe ice cream should be indulgent and absolutely packed with mix-ins, Ben & Jerry are your soulmates. But

12 Best Ben & Jerry's Ice Cream Flavors (Hosted on MSN5mon) The best Ben & Jerry's ice cream flavors are over-the-top in the best way possible. If you believe ice cream should be indulgent and absolutely packed with mix-ins, Ben & Jerry are your soulmates. But

Why Jerry of Ben & Jerry's left after 47 years: 'The brand has been silenced' (14don MSN) "I can no longer, in good conscience, and after 47 years, remain an employee of Ben & Jerry's," Greenfield said in a letter

Why Jerry of Ben & Jerry's left after 47 years: 'The brand has been silenced' (14don MSN) "I can no longer, in good conscience, and after 47 years, remain an employee of Ben & Jerry's," Greenfield said in a letter