

# benchmark physical therapy douglasville

benchmark physical therapy douglasville is a premier provider of rehabilitative services designed to help patients recover from injuries, manage pain, and improve overall mobility. Located in Douglasville, this facility offers a wide array of physical therapy treatments tailored to individual needs. The clinic emphasizes evidence-based practices, personalized care plans, and state-of-the-art technology to ensure optimal patient outcomes. Whether recovering from surgery, managing chronic conditions, or seeking preventative care, patients can expect professional expertise and compassionate attention. This article will explore the services offered, the benefits of choosing Benchmark Physical Therapy Douglasville, the team's qualifications, and what patients can expect during their visits. Additionally, key factors such as insurance acceptance, patient testimonials, and community involvement will be discussed to provide a comprehensive overview.

- Services Offered at Benchmark Physical Therapy Douglasville
- Benefits of Choosing Benchmark Physical Therapy Douglasville
- Meet the Expert Team
- What to Expect During Your Visit
- Insurance, Payment Options, and Accessibility
- Patient Experience and Testimonials
- Community Engagement and Wellness Programs

# Services Offered at Benchmark Physical Therapy Douglasville

Benchmark Physical Therapy Douglasville provides a diverse range of therapeutic services designed to address multiple health conditions and physical impairments. The clinic focuses on customized treatment plans that align with each patient's unique goals and medical history. Services include outpatient physical therapy, post-surgical rehabilitation, sports injury management, and chronic pain relief. The facility also specializes in orthopedic therapy, neurological rehabilitation, and balance and vestibular therapy for patients experiencing dizziness or coordination issues.

## Orthopedic and Sports Injury Rehabilitation

Orthopedic physical therapy is a core offering at Benchmark Physical Therapy Douglasville, targeting musculoskeletal injuries such as fractures, ligament tears, and joint replacements. Athletes benefit from specialized sports injury rehabilitation that aims to restore function, enhance performance, and prevent re-injury. Techniques include manual therapy, therapeutic exercises, and modality treatments such as ultrasound and electrical stimulation.

## Post-Surgical and Neurological Rehabilitation

Patients recovering from surgeries, including total joint replacements or spinal procedures, receive comprehensive rehab services to regain strength and mobility. Neurological rehabilitation addresses conditions like stroke, Parkinson's disease, and multiple sclerosis, employing targeted interventions to improve motor control, coordination, and functional independence.

## Balance and Vestibular Therapy

For individuals experiencing balance disorders or vertigo, Benchmark Physical Therapy Douglasville offers vestibular rehabilitation to reduce symptoms and improve stability. Customized exercises and balance training are designed to enhance safety and quality of life.

# **Benefits of Choosing Benchmark Physical Therapy Douglasville**

Patients who select Benchmark Physical Therapy Douglasville gain access to a holistic approach that prioritizes patient-centered care and measurable results. The clinic's commitment to advanced therapeutic modalities and continuous outcome tracking ensures efficient recovery paths. Benefits extend beyond physical improvement to include education on injury prevention and long-term wellness strategies.

## **Personalized Treatment Plans**

Each patient receives an individualized evaluation and treatment plan tailored to their specific condition and lifestyle. This personalized approach enables targeted interventions that maximize recovery potential.

## **State-of-the-Art Facilities and Equipment**

Benchmark Physical Therapy Douglasville is equipped with modern therapy tools, including therapeutic exercise equipment, computerized gait analysis, and advanced modalities that enhance treatment effectiveness.

## **Comprehensive Patient Education**

Education on body mechanics, ergonomics, and home exercise programs is integral to the care model, empowering patients to maintain gains and prevent future injuries.

## **Meet the Expert Team**

The success of Benchmark Physical Therapy Douglasville is rooted in its team of highly trained and licensed physical therapists, assistants, and support staff. The clinicians possess extensive experience

in various specialties and remain current with industry advancements through continuing education.

## **Licensed Physical Therapists**

The physical therapists hold credentials from accredited programs and are skilled in manual therapy, therapeutic exercise prescription, and patient assessment. Their expertise spans orthopedic, neurological, pediatric, and geriatric care.

## **Support Staff and Therapy Assistants**

Certified therapy assistants and administrative personnel contribute to a seamless patient experience, ensuring efficient scheduling, treatment delivery, and follow-up care.

## **What to Expect During Your Visit**

First-time patients at Benchmark Physical Therapy Douglasville undergo a thorough initial evaluation to establish baseline function and identify goals. Subsequent sessions focus on progressive treatment and regular reassessment to monitor improvements.

## **Initial Evaluation Process**

The evaluation includes a detailed medical history review, physical examination, and functional assessments to diagnose and develop a treatment plan. The therapist discusses expected outcomes and answers patient questions.

## **Therapy Sessions and Progress Tracking**

Treatment sessions may incorporate manual therapy, therapeutic exercises, and modality applications.

Progress is documented meticulously, allowing for plan adjustments as needed.

## **Insurance, Payment Options, and Accessibility**

Benchmark Physical Therapy Douglasville accepts a variety of insurance plans to facilitate patient access to care. Transparent billing practices and flexible payment options are available for uninsured or out-of-network patients.

### **Insurance Acceptance**

The clinic works with major insurers to simplify authorization and claims processes, reducing administrative burdens for patients.

### **Payment Plans and Financial Assistance**

For those without coverage, customized payment arrangements may be offered to ensure that financial constraints do not impede necessary therapy.

### **Facility Accessibility**

The clinic is designed to accommodate patients with mobility limitations, featuring wheelchair access and convenient parking facilities.

## **Patient Experience and Testimonials**

Patient satisfaction at Benchmark Physical Therapy Douglasville is reflected in numerous positive testimonials highlighting effective treatment outcomes, professional care, and supportive staff interactions.

## **Patient-Centered Care**

Feedback often emphasizes the compassionate approach of therapists who prioritize patient comfort and actively involve them in their recovery journey.

## **Success Stories**

Many patients report significant improvements in pain reduction, mobility, and quality of life after completing therapy programs at the clinic.

## **Community Engagement and Wellness Programs**

Beyond clinical services, Benchmark Physical Therapy Douglasville actively participates in community health initiatives and offers wellness programs aimed at injury prevention and health promotion.

## **Educational Workshops and Seminars**

The clinic hosts events to educate the public on topics such as posture correction, fall prevention, and ergonomic best practices.

## **Collaborations with Local Organizations**

Partnerships with schools, sports teams, and senior centers extend the clinic's impact by providing specialized screenings and injury prevention resources.

- Comprehensive Physical Therapy Services for Diverse Needs
- Advanced Technology and Personalized Care

- Experienced and Compassionate Clinical Team
- Accessible and Affordable Treatment Options
- Positive Patient Outcomes and Community Involvement

## **Frequently Asked Questions**

### **What services does Benchmark Physical Therapy in Douglasville offer?**

Benchmark Physical Therapy in Douglasville offers a range of services including orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, pain management, and personalized physical therapy programs.

### **How can I schedule an appointment at Benchmark Physical Therapy Douglasville?**

You can schedule an appointment by calling Benchmark Physical Therapy Douglasville directly or by visiting their website to book an appointment online.

### **Does Benchmark Physical Therapy Douglasville accept insurance?**

Yes, Benchmark Physical Therapy Douglasville accepts most major insurance plans. It is recommended to contact them directly to confirm if your specific insurance is accepted.

### **What are the qualifications of the therapists at Benchmark Physical Therapy Douglasville?**

The therapists at Benchmark Physical Therapy Douglasville are licensed and experienced

professionals, often holding advanced certifications in physical therapy and specializing in various rehabilitation techniques.

## **Are there any patient reviews available for Benchmark Physical Therapy in Douglasville?**

Yes, Benchmark Physical Therapy Douglasville has numerous positive patient reviews highlighting their effective treatments, professional staff, and personalized care approach.

## **What conditions can Benchmark Physical Therapy Douglasville help treat?**

Benchmark Physical Therapy Douglasville treats a variety of conditions including back and neck pain, sports injuries, arthritis, post-operative recovery, and chronic pain conditions.

## **Does Benchmark Physical Therapy Douglasville offer telehealth or virtual physical therapy sessions?**

Depending on current policies and patient needs, Benchmark Physical Therapy Douglasville may offer telehealth or virtual sessions. It is best to contact them directly to inquire about availability.

## **What makes Benchmark Physical Therapy Douglasville stand out from other clinics?**

Benchmark Physical Therapy Douglasville is known for its personalized treatment plans, experienced therapists, state-of-the-art equipment, and a patient-centered approach that focuses on achieving optimal recovery outcomes.



## Additional Resources

### 1. *Comprehensive Guide to Benchmark Physical Therapy in Douglasville*

This book offers an in-depth look at the services and treatment approaches used at Benchmark Physical Therapy in Douglasville. It covers various physical therapy techniques, patient success stories, and tips for optimal recovery. Ideal for patients and practitioners alike, it provides valuable insights into improving mobility and reducing pain.

### 2. *Rehabilitation Strategies at Benchmark Physical Therapy Douglasville*

Focusing on rehabilitation protocols, this book details the customized treatment plans used at Benchmark Physical Therapy in Douglasville. It explores therapeutic exercises, manual therapy, and technology-assisted recovery methods. Readers will gain an understanding of how personalized care leads to effective rehabilitation outcomes.

### 3. *Patient-Centered Care: Benchmark Physical Therapy Douglasville*

Highlighting the patient-focused philosophy of Benchmark Physical Therapy, this title explains how personalized assessments and goal setting enhance recovery. The book shares real-life patient experiences and emphasizes communication between therapists and clients. It serves as a guide for fostering trust and motivation in physical therapy.

### 4. *Innovations in Physical Therapy: Benchmark Douglasville's Approach*

This book examines the latest technological and methodological innovations implemented at Benchmark Physical Therapy in Douglasville. It discusses advanced modalities such as ultrasound, electrical stimulation, and computerized movement analysis. The text is perfect for those interested in the cutting edge of physical therapy practice.

### 5. *Orthopedic Rehabilitation at Benchmark Physical Therapy Douglasville*

Specializing in orthopedic injuries, this book details treatment plans for common conditions like joint replacements, fractures, and sports injuries. It explains how Benchmark Physical Therapy's protocols support healing and restore function. The book also includes guidelines for injury prevention and long-term joint health.

#### *6. Sports Injury Recovery with Benchmark Physical Therapy Douglasville*

Designed for athletes and active individuals, this title focuses on sport-specific injury treatment and prevention strategies. It covers topics such as muscle strains, ligament tears, and performance optimization. The book highlights how Benchmark Physical Therapy aids in returning athletes safely to their peak condition.

#### *7. Chronic Pain Management at Benchmark Physical Therapy Douglasville*

This book addresses chronic pain conditions and the multidisciplinary approaches used at Benchmark Physical Therapy to manage them. It explores techniques like manual therapy, exercise prescription, and patient education. Readers will learn about strategies for improving quality of life despite persistent pain.

#### *8. Geriatric Physical Therapy at Benchmark Douglasville*

Focusing on the elderly population, this book discusses specialized care plans that address balance, mobility, and strength issues. It highlights the importance of fall prevention and maintaining independence through tailored interventions. The text is a useful resource for therapists and caregivers working with seniors.

#### *9. Post-Surgical Rehabilitation at Benchmark Physical Therapy Douglasville*

This title outlines effective post-operative rehabilitation protocols used at Benchmark Physical Therapy to ensure optimal recovery. It provides detailed timelines and exercises for various surgeries, including joint replacements and soft tissue repairs. The book emphasizes safe progression and monitoring to achieve the best outcomes.

## **Benchmark Physical Therapy Douglasville**

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**benchmark physical therapy douglasville:** *Physical Therapy Management of Patients with*

*Spinal Pain* Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

**benchmark physical therapy douglasville: Foundations: An Introduction to the Profession of Physical Therapy** Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. *Foundations: An Introduction to the Profession of Physical Therapy* by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

**benchmark physical therapy douglasville: Professionalism in Physical Therapy** Laura Lee (Dolly) Swisher, Catherine G. Page, 2005-02-15 As the role of the physical therapist widens to include more primary care and diagnostic responsibilities, there is a greater need for a single, up-to-date resource that explores professional roles and developments in this changing field. This new book is the definitive reference on this important topic. This concise book provides information on every vital area important to professionalism: documentation, law and ethics, and leadership - all in the context of the five roles of the physical therapist as defined by the APTA's Guide to Physical

Therapist Practice, 2nd Edition. Readers will find information on the history of professionalism in physical therapy, the five roles of the physical therapist (Patient/Client Manager, Consultant, Critical Inquirer, Educator, and Administrator), the role of the physical therapist in today's health care system, and professional leadership and development. Case studies, how to lists" and tips from the field" encourage critical thinking and provide strategies for various issues. The book also offers tips on preparing a portfolio, determining leadership style, and preparing a professional development plan based on the APTA's five roles. Develops and defines principles and concepts of professionalism to guide physical therapists in times of change Follows the APTA's Guide and includes quotes and information from this document throughout Offers a comprehensive history of physical therapy, with unique information on origins of the profession Offers comprehensive coverage of legal and ethical issues, showing how these issues affect the entire practice of physical therapy Discusses billing and reimbursement practices, with specific information on how to document and bill as an aspect of practice Defines and explains the role of the consultant, both as an autonomous health care provider or as a member of a health care team Features real-life case studies and discussion questions at the end of each chapter to encourage practical application of concepts and test readers' knowledge Provides end-of-chapter tips to help readers develop best practices

**benchmark physical therapy douglasville:** *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

**benchmark physical therapy douglasville: Teaching and Learning in Physical Therapy** Margaret M. Plack, MaryAnne Driscoll, 2011 Teaching students about professionalism just before an anatomy midterm or presenting a mandatory in-service to clinicians at the end of a busy summer Friday? --

**benchmark physical therapy douglasville:** *Guide to Evidence-Based Physical Therapy Practice* Dianne V. Jewell, 2007-07-20 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and

integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

**benchmark physical therapy douglasville:** *Vault Career Guide to Physical Therapy* Annlee Burch, 2007-04-02 Physical therapy is a growing area of medical practice encompassing four main components: examination, treatment, consultation and research. This Vault guide will walk you through this burgeoning industry, its career options, discussion of techniques and current trends, from the direct access movement to the increasing emphasis on clinical doctorates for PTs.

**benchmark physical therapy douglasville:** **Physical Therapy; a Career of Science and Service** American Physical Therapy Association, 1956

**benchmark physical therapy douglasville:** **Quick Reference Dictionary for Physical Therapy** Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

**benchmark physical therapy douglasville:** *Physical Therapy Documentation* Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete & accurate documentation is one of the essential skills for a physical therapist. This book covers all the fundamentals & includes practice exercises & case studies throughout.

**benchmark physical therapy douglasville:** **Careers in Physical Therapy** Institute For Career Research, 2017-05-23 A YOUNG MOTHER STRUGGLES WITH MULTIPLE SCLEROSIS. A teenager sustains a concussion playing football. A soldier loses a leg. A child is born with cerebral palsy. An elderly man suffers a stroke. Thanks to the efforts of physical therapists, the young mother can now hold her child without fear of falling. The teenager is no longer experiencing dizziness and headaches. The soldier learns to walk normally with a prosthesis. The child takes her first step. The elderly man regains function and resumes daily activities. Physical therapists, sometimes called PTs, play a major role in the diagnosis, treatment, and rehabilitation of people with all kinds of injuries, illnesses, and chronic conditions. The most common goal is to help people improve their movement and manage their pain. Treatment plans may include a combination of exercise, traction, mobilization, muscle manipulation, ultrasound, electrotherapy, vestibular training, motor development, and patient education. Assistive and adaptive devices may be used, such as crutches, wheelchairs, orthotics, and prosthetics. An important component of physical therapy is teaching an individual how to move or perform particular tasks in ways that will speed recovery and prevent further injury. Physical therapy, which has been evolving for more than 200 years, can treat a wider range of problems with greater success than ever before. Today, there are many different kinds of physical therapy. Which kind is needed depends on the type of health problem. For example, a patient recovering from a heart attack needs different care than an athlete with a sports injury. Physical therapists are trained to be able to treat all kinds of patients. Because there are so many

different kinds, many PTs specialize in one particular area, such as orthopedics or pediatrics. A physical therapist can become board certified in any of nine areas, but there are many more specialties that can be practiced without certification. Physical therapists must earn a Doctor of Physical Therapy (DPT) degree and become licensed to practice in their state. In total, it takes seven years of intense schooling after high school graduation to get to that point. Is it worth the time and hard work? Absolutely, say those in the field. In fact, physical therapy has been consistently ranked among the best careers to pursue. At a glance, the over 35 percent job growth over the next 10 years is exceptional. PTs are needed everywhere and the demand is far outpacing supply. Salaries are also good, generally ranging from \$85,000 to \$100,000 a year. The single reason most PTs are happy in their careers is the enormous satisfaction they get from helping people return to normal, fulfilling lives. Are you looking for a career that offers great job security and the opportunity to earn a comfortable living? If you are compassionate, patient, and physically fit, read on. Physical therapy may be what you are looking for.

**benchmark physical therapy douglasville: Physical Therapy The Truth** Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

**benchmark physical therapy douglasville: Introduction to Physical Therapy** Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references,

suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

**benchmark physical therapy douglasville:** Physical Therapy Physical Therapy, American Physical Therapy Association, 1997

**benchmark physical therapy douglasville:** Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

**benchmark physical therapy douglasville:** Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

**benchmark physical therapy douglasville:** Acute Care Physical Therapy Daniel J. Malone,

Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention. The latest technology in physiologic monitoring and patient support equipment. Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation. Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases. *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

**benchmark physical therapy douglasville: Wellness and Physical Therapy** Sharon Elayne Fair, 2009-09-26 Another addition to the Jones and Bartlett Learning Series: Contemporary Issues in Physical Therapy and Rehabilitation Medicine. A New Physical Therapy Text on Wellness! Wellness is increasingly becoming an important part of physical therapy curriculums and practice. The focus of *Wellness and Physical Therapy* is the application of wellness to the practice and profession of physical therapy. This one-of-a-kind textbook addresses wellness within the realm of the Normative Model of Physical Therapist Professional Education: Version 2004, and CAPTE. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mixed approach of formalist and reader-response. *Wellness and Physical Therapy* is the first text to appreciate the importance of incorporating wellness into physical therapy. Complete with chapter objectives and useful appendices and resources, this is an important text for all physical therapy students! Click on Samples tab to view Front Matter, Sample Chapters, and the Introduction to the Series. The APTA has released its Education Strategic Plan, 2006 - 2020. Goal #8 in the Plan is: Enhance the Physical Therapist's perception, knowledge, and skills in contemporary and emerging health trends and in the delivery of health care in the following areas: Health Promotion and Wellness Market. *Wellness and Physical Therapy* is the first text to appreciate the importance of incorporating wellness into physical therapy. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mix of formalist and reader-response approaches. *Wellness and Physical Therapy* is written to assist the physical therapy student in learning the entry level physical therapy accreditation requirements related to wellness and to provide a further exploration of wellness and health promotion. This one-of-a-kind textbook addresses wellness within the realm of the Normative Model of Physical Therapist Professional Education: Version 2004, and CAPTE. Complete with chapter objectives and useful appendices and resources, this comprehensive resource is a crucial text for all physical therapy students! Instructor Resources: PowerPoint Slides Appropriate for physical therapy courses such as: Health and Wellness, Prevention and Wellness, Physical Therapy Constructs of Health and Wellness, Health Promotion and Disease Prevention. © 2011 | 370 pages





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**Benchmarks** - Benchmark Benchmarking measures performance using a specific indicator, resulting in a metric that is then compared to others.Key performance indicators **SOTAbenchmarkbaseline** - SOTAstate of the artSOTA model benchmark

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**baselinebenchmark** - benchmarkbaseline benchmark R benchmark ( Benchmark Experiments ) benchmark The **AgentBenchmark** - AgentBenchmarkAgentBenchmark

**3Dbenchmark** 3Dbenchmark Benchmark

**7.1 Benchmark** 7.1 Benchmark Benchmark Workload Benchmark

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