

# benchmark physical therapy greeneville tn

benchmark physical therapy greeneville tn is a leading provider of rehabilitative services designed to improve mobility, reduce pain, and enhance overall quality of life for patients in Greeneville, Tennessee. This article explores the comprehensive range of physical therapy services offered by Benchmark, highlighting the clinic's commitment to personalized care, expert therapists, and advanced treatment techniques. Whether recovering from injury, managing chronic conditions, or seeking preventative care, patients benefit from tailored programs that focus on effective outcomes. Additionally, this guide covers what to expect during a visit, the importance of physical therapy in health management, and how Benchmark Physical Therapy stands out in the Greeneville community. For those looking for trusted and professional physical therapy in Greeneville, TN, this article provides essential insights and practical information to make informed decisions.

- Overview of Benchmark Physical Therapy in Greeneville, TN
- Services Offered at Benchmark Physical Therapy
- Benefits of Choosing Benchmark Physical Therapy
- What to Expect During Your Physical Therapy Sessions
- Meet the Expert Team at Benchmark
- Insurance and Payment Options
- Patient Success Stories and Testimonials

# **Overview of Benchmark Physical Therapy in Greeneville, TN**

Benchmark Physical Therapy in Greeneville, TN, is a well-established rehabilitation center dedicated to providing high-quality physical therapy services. The facility is equipped with state-of-the-art technology and staffed by licensed therapists who specialize in various areas of physical rehabilitation. Benchmark aims to support patients through every stage of their recovery process, ensuring a holistic approach to healing and wellness. The clinic's emphasis on individual assessment and goal-oriented treatment plans helps patients regain functionality and return to their daily activities as quickly and safely as possible.

## **Location and Accessibility**

Conveniently located in Greeneville, Benchmark Physical Therapy offers easy access for residents across the region. The clinic's location is designed to accommodate patients with ample parking and accessible entrances, ensuring a comfortable visit for individuals with mobility challenges or those recovering from surgery. Accessibility is a priority to enable all patients to receive the care they need without unnecessary stress or inconvenience.

## **Commitment to Patient-Centered Care**

At Benchmark Physical Therapy Greeneville TN, the focus is on patient-centered care that addresses the unique needs of each individual. Therapists take the time to understand medical histories, lifestyle factors, and specific recovery goals. This personalized approach results in customized treatment plans that maximize the effectiveness of therapy and promote long-term health improvements.

## **Services Offered at Benchmark Physical Therapy**

Benchmark Physical Therapy in Greeneville, TN offers a wide array of services tailored to meet diverse patient needs. The clinic specializes in rehabilitative therapy for musculoskeletal injuries,

neurological conditions, post-operative recovery, and chronic pain management. Advanced therapeutic techniques, combined with evidence-based practices, ensure comprehensive care for patients of all ages.

## **Orthopedic Rehabilitation**

This service targets injuries related to bones, joints, muscles, ligaments, and tendons. Patients recovering from fractures, sprains, strains, or surgeries such as joint replacements benefit from individualized orthopedic rehabilitation programs designed to restore strength, flexibility, and function.

## **Sports Injury Therapy**

Benchmark offers specialized care for athletes dealing with sports-related injuries. The therapy focuses on reducing pain, promoting healing, and preventing future injury through sport-specific exercises and conditioning. The goal is to return athletes to peak performance safely and efficiently.

## **Neurological Rehabilitation**

Patients with neurological conditions such as stroke, multiple sclerosis, or Parkinson's disease receive targeted therapy to improve balance, coordination, and motor skills. The clinic employs techniques to enhance neuroplasticity and functional independence.

## **Post-Surgical Rehabilitation**

Following surgeries such as joint replacements or ligament repairs, Benchmark Physical Therapy provides structured rehabilitation programs that support healing, reduce scar tissue formation, and restore mobility. Patients receive guidance through every phase of recovery with measurable progress tracking.

## **Chronic Pain Management**

For individuals suffering from conditions like arthritis or fibromyalgia, Benchmark offers pain management strategies incorporating manual therapy, therapeutic exercises, and patient education. The aim is to reduce pain levels, improve function, and enhance quality of life.

## **Benefits of Choosing Benchmark Physical Therapy**

Selecting Benchmark Physical Therapy Greeneville TN ensures access to expert care that prioritizes patient outcomes. The clinic's comprehensive approach integrates advanced techniques, personalized treatment plans, and ongoing patient education, resulting in superior rehabilitation experiences and lasting benefits.

## **Experienced and Licensed Therapists**

Benchmark's team consists of highly trained physical therapists who maintain current certifications and specialize in various rehabilitation areas. Their expertise guarantees safe, effective treatment tailored to each patient's unique condition and goals.

## **Advanced Treatment Modalities**

The clinic utilizes modern equipment and evidence-based modalities such as manual therapy, therapeutic ultrasound, electrical stimulation, and therapeutic exercises to optimize healing and recovery.

## **Individualized Care Plans**

Every patient undergoes a detailed assessment to develop a customized care plan. This individualized approach ensures that therapy focuses on the patient's specific impairments and functional goals,

promoting faster and more effective recovery.

## **Supportive and Encouraging Environment**

Benchmark fosters a supportive atmosphere where patients feel motivated and empowered throughout their rehabilitation journey. The staff emphasizes education and communication to engage patients actively in their recovery process.

## **What to Expect During Your Physical Therapy Sessions**

Understanding the structure of physical therapy sessions at Benchmark Physical Therapy Greeneville TN helps patients feel prepared and confident. Each session is designed to maximize therapeutic benefits through targeted interventions and progress monitoring.

### **Initial Evaluation**

The first visit typically involves a comprehensive evaluation where the therapist reviews medical history, conducts physical assessments, and identifies functional limitations. This step is critical for establishing baseline measurements and creating an effective treatment plan.

### **Therapy Treatment Sessions**

During treatment sessions, patients engage in a variety of activities including stretching, strengthening exercises, manual therapy techniques, and use of therapeutic equipment. The frequency and duration of sessions depend on individual needs and recovery goals.

## **Progress Assessment and Adjustments**

Therapists regularly assess progress and adjust treatment plans accordingly. This dynamic approach ensures therapy remains aligned with patient improvement and evolving needs.

## **Meet the Expert Team at Benchmark**

The success of Benchmark Physical Therapy Greeneville TN is rooted in the expertise and dedication of its clinical team. The therapists bring extensive experience and specialized training to deliver superior care.

## **Physical Therapists**

Licensed physical therapists at Benchmark possess diverse certifications in orthopedic, neurological, and sports rehabilitation. Their commitment to continuing education ensures incorporation of the latest best practices in physical therapy.

## **Support Staff**

Support personnel assist in patient scheduling, administrative tasks, and creating a welcoming environment for all visitors. Their role enhances the overall patient experience by ensuring smooth operations and personalized attention.

## **Insurance and Payment Options**

Benchmark Physical Therapy Greeneville TN accepts a variety of insurance plans to facilitate patient access to necessary rehabilitative services. Understanding insurance and payment options can help patients plan their care effectively.

## **Accepted Insurance Providers**

The clinic works with major insurance carriers, including Medicare and Medicaid, to cover physical therapy services. Patients are encouraged to verify their coverage prior to the first appointment.

## **Self-Pay and Flexible Payment Plans**

For patients without insurance or those seeking out-of-pocket care, Benchmark offers competitive self-pay rates and may provide flexible payment arrangements based on individual circumstances.

## **Patient Success Stories and Testimonials**

Benchmark Physical Therapy Greeneville TN has a proven track record of positive patient outcomes. Numerous testimonials highlight the clinic's effectiveness in managing pain, restoring function, and improving quality of life.

## **Examples of Successful Recoveries**

Patients recovering from orthopedic surgeries, sports injuries, and chronic conditions frequently report significant improvements after completing therapy programs. These success stories reinforce Benchmark's reputation as a trusted rehabilitation provider in Greeneville.

## **Patient Satisfaction and Reviews**

High patient satisfaction ratings reflect the clinic's commitment to compassionate care, professional expertise, and personalized treatment. Positive reviews emphasize the supportive environment and measurable progress achieved by patients.

- Comprehensive range of physical therapy services
- Personalized treatment plans based on individual needs
- Experienced and licensed therapists specializing in multiple areas
- Accessible location with a patient-friendly environment
- Insurance and payment options to accommodate diverse financial situations

## **Frequently Asked Questions**

### **What services does Benchmark Physical Therapy in Greeneville, TN offer?**

Benchmark Physical Therapy in Greeneville, TN offers services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and customized exercise programs to help patients recover and improve mobility.

### **What are the operating hours of Benchmark Physical Therapy in Greeneville, TN?**

Benchmark Physical Therapy in Greeneville, TN typically operates Monday through Friday from 8:00 AM to 5:00 PM. It is recommended to contact them directly for the most current hours and appointment availability.

### **Does Benchmark Physical Therapy in Greeneville, TN accept**



## **insurance?**

Yes, Benchmark Physical Therapy in Greeneville, TN accepts most major insurance plans. Patients are advised to check with the clinic and their insurance provider to confirm coverage details prior to treatment.

## **How can I schedule an appointment at Benchmark Physical Therapy in Greeneville, TN?**

You can schedule an appointment at Benchmark Physical Therapy in Greeneville, TN by calling their office directly or by visiting their website to request an appointment online.

## **What makes Benchmark Physical Therapy in Greeneville, TN stand out from other clinics?**

Benchmark Physical Therapy in Greeneville, TN is known for its personalized care, experienced therapists, and evidence-based treatment plans that focus on patient education and long-term recovery outcomes.

## **Are there any patient testimonials available for Benchmark Physical Therapy in Greeneville, TN?**

Yes, Benchmark Physical Therapy in Greeneville, TN features patient testimonials on their website and social media pages, highlighting positive experiences related to effective treatment and compassionate care.

## **Additional Resources**

### **1. *Comprehensive Guide to Benchmark Physical Therapy in Greeneville, TN***

This book offers an in-depth look at the services and specialties available at Benchmark Physical Therapy in Greeneville, TN. It covers common treatment approaches, patient success stories, and tips

for maximizing recovery. Ideal for patients and practitioners alike, it provides a local perspective on physical therapy best practices.

## *2. Healing and Rehabilitation: Techniques Used at Benchmark Physical Therapy Greeneville*

Focused on the therapeutic methods employed at Benchmark Physical Therapy, this book explains various rehabilitation techniques such as manual therapy, exercise protocols, and pain management strategies. It includes case studies from Greeneville patients and advice on post-treatment care to ensure lasting recovery.

## *3. Physical Therapy Essentials: A Greeneville, TN Perspective*

This title breaks down the fundamentals of physical therapy with a focus on the Greeneville community and Benchmark Physical Therapy's approach. Readers will learn about injury prevention, treatment plans tailored to local demographics, and the importance of patient-centered care in physical therapy.

## *4. Benchmark Physical Therapy: Patient Experiences and Outcomes in Greeneville*

Featuring firsthand accounts from patients treated at Benchmark Physical Therapy in Greeneville, this book highlights the impact of individualized therapy programs on recovery journeys. It explores emotional and physical challenges faced during rehabilitation and how expert care facilitates healing.

## *5. The Role of Physical Therapy in Greeneville's Healthcare System: Spotlight on Benchmark*

This book discusses the integration of Benchmark Physical Therapy within Greeneville's broader healthcare network. It examines collaboration with physicians, hospitals, and community programs to provide comprehensive care and improve patient health outcomes.

## *6. Innovations in Physical Therapy: Benchmark's Approach in Greeneville, TN*

Detailing the latest technologies and treatment methods adopted by Benchmark Physical Therapy, this book showcases how innovation enhances patient care. Topics include advanced diagnostic tools, telehealth services, and cutting-edge rehabilitation equipment used in Greeneville.

## *7. Sports Injury Recovery at Benchmark Physical Therapy, Greeneville*

Targeted at athletes and active individuals, this book outlines common sports injuries treated at

Benchmark Physical Therapy and effective rehabilitation strategies. It also provides guidance on injury prevention, conditioning, and returning safely to sports activities in the Greeneville area.

#### 8. *Chronic Pain Management through Physical Therapy: Insights from Benchmark Greeneville*

This book explores approaches to managing chronic pain conditions using physical therapy techniques practiced at Benchmark in Greeneville. It discusses patient education, therapeutic exercises, and lifestyle modifications that contribute to improved quality of life.

#### 9. *Starting Your Physical Therapy Journey: What to Expect at Benchmark, Greeneville, TN*

Designed for new patients, this guide prepares readers for their initial visit to Benchmark Physical Therapy. It covers evaluation procedures, goal setting, treatment planning, and tips for active participation in the recovery process, ensuring a smooth and informed therapy experience.

## **Benchmark Physical Therapy Greeneville Tn**

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**benchmark physical therapy greeneville tn: Guide to Evidence-based Physical Therapy Practice** Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

**benchmark physical therapy greeneville tn: Foundations: An Introduction to the Profession of Physical Therapy** Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy -

important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

**benchmark physical therapy greenville tn: Physical Therapy; a Career of Science and Service** American Physical Therapy Association, 1956

**benchmark physical therapy greenville tn: Foundations of Physical Therapy** Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES \* Uses terminology based on APTA's new Guide to Physical Therapist Practice \* Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic \* Written by a single author for a uniform and cohesive presentation \* Includes the full text of the Model Practice Act for Physical Therapy

**benchmark physical therapy greenville tn: Physical Therapy Management of Patients with Spinal Pain** Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

**benchmark physical therapy greenville tn: Physical Therapy The Truth** Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to

decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

**benchmark physical therapy greenville tn: Documentation for Rehabilitation** Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

**benchmark physical therapy greenville tn: Physical Therapy Documentation** Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding,

and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

**benchmark physical therapy greenville tn: Quick Reference to Physical Therapy** Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

**benchmark physical therapy greenville tn: Teaching and Learning in Physical Therapy** Margaret M. Plack, MaryAnne Driscoll, 2017 Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application.

**benchmark physical therapy greenville tn: Wellness and Holistic Physical Therapy, 2nd Edition** Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

**benchmark physical therapy greenville tn: Physical Therapy** Physical Therapy, American Physical Therapy Association, 1997

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**benchmark physical therapy greenville tn: Physical Therapy Tracker** Quantified Life, 2019-06-02 The Quantified Life introduces a way for patients in physical therapy to track their daily exercises, and monitor their progress towards their goals. This physical therapy journal covers 24 weeks, and allows users to input exercises three times a day. It also includes a separate pain chart to track progress across time. Perfect for physical therapy patients who are doing exercises at home, and who want to share their progress with their physical therapist. Great for physical therapists and clinics who want to provide an extra resource to patients to help them follow through with their exercises. Cover: Green and pink mountains. Size: 6x9. Weeks included: 24.

**benchmark physical therapy greenville tn: Guide to Physical Therapist Practice** American Physical Therapy Association, 2003

## **benchmark physical therapy greenville tn: Traumatology for the Physical Therapist**

Gert Krischak, 2013 Treatment of traumatic injuries is increasing in importance for physical therapists active in hospitals and private practice. In addition to the bone, joint, and soft tissue injuries incurred in sports, physical therapists are seeing more and more traumas associated with aging and with high-speed accidents. This great variety of injury types increases the complexity of treatment. Moreover, in recent years there has been a growing demand for the most complete restoration possible of both physical and psychological function. This is the principal objective of aftercare. Accordingly, this book focuses on a comprehensive presentation of individual injuries and their effect on function, as well as the guidelines and potential results of physical therapy treatment. It is addressed to students, practitioners, and teachers of physical therapy who must master and apply an understanding of the whole range of injuries, their consequences, and their treatment. --Provided by publisher.

**benchmark physical therapy greenville tn: Physical Therapy Protocols** Janet Bezner, Helen Rogers, 1991

**benchmark physical therapy greenville tn: Introduction to Physical Therapy** Michael A. Pagliarulo, 1996 Providing an overview of the profession and practice of physical therapy, this text presents an excellent introduction to any program of study in physical therapy. Part I, Profession, reviews roles of the physical therapist and practice settings, the APTA, laws, regulations, policies, and current issues. A whole chapter focuses on the physical therapist assistant defining the roles of this large and growing group of health professionals. Part II, Practice, reviews function, disorders, and therapies in major organ systems of the body (musculoskeletal, neuromuscular, cardiopulmonary, and integumentary) in an applied context targeted for physical therapists and physical therapist assistants. Includes information specific to pediatric and older adult patients as well.

**benchmark physical therapy greenville tn: Coding, Compliance, and Reimbursement for Physical Therapists** American Physical Therapy Association, 2006-06-01

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