

benchmark physical therapy orangeburg sc

benchmark physical therapy orangeburg sc is a leading provider of rehabilitative care and physical therapy services in Orangeburg, South Carolina. Known for its patient-centered approach and evidence-based treatments, Benchmark Physical Therapy addresses a wide range of musculoskeletal and neurological conditions. This article explores the comprehensive services offered, the benefits of physical therapy, and what makes Benchmark Physical Therapy a trusted choice for residents in Orangeburg, SC. Additionally, it covers the clinic's specialized programs, expert team, and the latest therapeutic techniques they employ. Whether recovering from injury, managing chronic pain, or seeking to improve mobility, this guide provides valuable insights into how Benchmark Physical Therapy supports optimal health and recovery. The following sections detail the facility's approach, services, and patient care philosophy.

- Overview of Benchmark Physical Therapy in Orangeburg SC
- Range of Physical Therapy Services
- Benefits of Choosing Benchmark Physical Therapy
- Specialized Treatment Programs
- Experienced Team and Patient Care
- Insurance and Accessibility
- Patient Testimonials and Success Stories

Overview of Benchmark Physical Therapy in Orangeburg SC

Benchmark Physical Therapy Orangeburg SC is a well-established clinic dedicated to providing high-quality rehabilitative services tailored to the needs of each patient. The facility emphasizes personalized treatment plans designed to improve function, alleviate pain, and enhance overall well-being. Utilizing state-of-the-art equipment and the latest therapeutic methods, the clinic serves individuals recovering from surgery, sports injuries, or chronic conditions. Benchmark's commitment to excellence has made it a cornerstone in the Orangeburg healthcare community, offering accessible and effective physical therapy solutions.

Range of Physical Therapy Services

The diverse range of physical therapy services at Benchmark Physical Therapy Orangeburg SC caters to a variety of patient needs. These services encompass comprehensive evaluations, manual therapy, therapeutic exercises, and advanced modalities.

Orthopedic Physical Therapy

Orthopedic physical therapy at Benchmark focuses on conditions affecting the musculoskeletal system, such as fractures, ligament injuries, and post-operative rehabilitation. Therapists utilize targeted exercises and manual techniques to restore strength and mobility.

Neurological Rehabilitation

For patients with neurological disorders including stroke, multiple sclerosis, or Parkinson's disease, Benchmark provides specialized neurological rehabilitation to improve motor skills, balance, and coordination.

Pain Management and Injury Prevention

Effective pain management strategies and injury prevention programs are integral parts of the clinic's offerings. These include modalities such as ultrasound, electrical stimulation, and patient education designed to reduce pain and prevent future injuries.

- Comprehensive physical assessments
- Individualized treatment planning
- Manual therapy and mobilization
- Therapeutic exercise programs
- Modalities for pain relief and healing
- Post-surgical and post-injury rehabilitation

Benefits of Choosing Benchmark Physical Therapy

Choosing Benchmark Physical Therapy Orangeburg SC provides numerous benefits for patients seeking effective rehabilitation. The clinic's patient-first philosophy ensures that every individual receives attentive care aimed at maximizing recovery outcomes.

Personalized Care and Attention

Each patient at Benchmark Physical Therapy receives a customized treatment plan developed after a thorough evaluation. This tailored approach addresses specific health concerns, functional goals, and

lifestyle factors.

Improved Mobility and Function

Through targeted therapies and exercise regimens, patients experience significant improvements in mobility, strength, and overall physical function. This enables a faster return to daily activities and work.

Holistic Approach to Recovery

Benchmark Physical Therapy emphasizes a holistic recovery approach that includes patient education, lifestyle modifications, and ongoing support to maintain long-term health and prevent recurrence of injury.

Specialized Treatment Programs

Benchmark Physical Therapy Orangeburg SC offers specialized programs designed to meet the unique needs of various patient populations. These programs integrate clinical expertise with innovative techniques.

Sports Rehabilitation

Sports rehabilitation programs focus on the treatment and prevention of sports-related injuries. These programs aim to optimize performance and safely return athletes to their sport.

Post-Surgical Rehabilitation

Patients recovering from orthopedic surgeries such as joint replacements or ligament repairs benefit

from structured post-surgical rehabilitation protocols that promote healing and restore function.

Chronic Pain Management

For individuals suffering from chronic pain conditions, Benchmark provides multidisciplinary pain management strategies that combine physical therapy with patient education and self-management techniques.

Experienced Team and Patient Care

Benchmark Physical Therapy Orangeburg SC is proud of its team of licensed physical therapists and healthcare professionals who bring extensive experience and compassionate care to every patient interaction.

Licensed Physical Therapists

The therapists are highly trained and certified in various physical therapy specialties, ensuring evidence-based care aligned with current best practices.

Patient-Centered Approach

The clinic prioritizes open communication, patient education, and involvement in the treatment process to empower patients in their recovery journey.

Continuous Professional Development

Staff regularly participate in continuing education to stay abreast of advances in physical therapy techniques and technologies, enhancing the quality of care delivered.

Insurance and Accessibility

Benchmark Physical Therapy Orangeburg SC accepts a variety of insurance plans, making physical therapy more accessible to a broad patient base. The clinic works closely with insurance providers to facilitate smooth reimbursement processes.

Accepted Insurance Plans

The clinic accepts major insurance carriers, Medicare, and Medicaid, ensuring patients can focus on treatment without undue financial burden.

Convenient Location and Hours

Located in the heart of Orangeburg, the facility offers convenient hours to accommodate patients' busy schedules, including early mornings and evenings.

Accessibility Features

The clinic is equipped with accessibility features to accommodate patients with disabilities or mobility challenges, ensuring a comfortable and supportive environment for all.

Patient Testimonials and Success Stories

Numerous patients have shared positive experiences highlighting the effectiveness and compassionate care provided by Benchmark Physical Therapy Orangeburg SC. These testimonials underscore the clinic's commitment to patient satisfaction and successful outcomes.

- Significant pain reduction and improved mobility

- Supportive and knowledgeable therapists
- Customized treatment plans that meet individual needs
- Efficient recovery following surgeries or injuries
- Friendly environment fostering motivation and confidence

Frequently Asked Questions

What services does Benchmark Physical Therapy in Orangeburg, SC offer?

Benchmark Physical Therapy in Orangeburg, SC offers a range of services including orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, pain management, and customized exercise programs.

How experienced are the therapists at Benchmark Physical Therapy in Orangeburg, SC?

The therapists at Benchmark Physical Therapy in Orangeburg, SC are highly experienced and licensed professionals who specialize in various areas of physical therapy to provide personalized care.

Does Benchmark Physical Therapy accept insurance in Orangeburg, SC?

Yes, Benchmark Physical Therapy in Orangeburg, SC accepts most major insurance plans. It is recommended to contact their office directly to verify specific insurance coverage.

What are the operating hours of Benchmark Physical Therapy in Orangeburg, SC?

Benchmark Physical Therapy in Orangeburg, SC typically operates Monday through Friday from 8:00 AM to 5:00 PM, but hours may vary, so it is best to check directly with the clinic.

Can Benchmark Physical Therapy help with sports injuries in Orangeburg, SC?

Yes, Benchmark Physical Therapy specializes in treating sports injuries and provides rehabilitation programs to help athletes recover and return to their activities safely.

How can I schedule an appointment at Benchmark Physical Therapy in Orangeburg, SC?

You can schedule an appointment at Benchmark Physical Therapy in Orangeburg, SC by calling their office directly or by visiting their website to request an appointment online.

What makes Benchmark Physical Therapy in Orangeburg, SC stand out from other clinics?

Benchmark Physical Therapy in Orangeburg, SC stands out due to its personalized treatment plans, experienced therapists, state-of-the-art facilities, and commitment to patient-centered care.

Does Benchmark Physical Therapy offer telehealth or virtual therapy sessions in Orangeburg, SC?

Benchmark Physical Therapy in Orangeburg, SC may offer telehealth or virtual therapy sessions depending on patient needs and availability. It is best to contact the clinic for the most current options.

Additional Resources

1. *Comprehensive Guide to Benchmark Physical Therapy in Orangeburg, SC*

This book offers an in-depth exploration of the services and treatments provided by Benchmark Physical Therapy in Orangeburg, SC. It covers various physical therapy techniques, patient success stories, and the clinic's approach to rehabilitation. Ideal for patients and healthcare professionals seeking detailed knowledge about local physical therapy options.

2. *Healing and Recovery: Physical Therapy Practices in Orangeburg*

Focused on the healing journey, this book highlights the role of physical therapy in managing pain and improving mobility in Orangeburg, SC. It includes expert insights from therapists at Benchmark Physical Therapy and practical advice for patients undergoing treatment. The book emphasizes personalized care and innovative therapy methods.

3. *The Patient's Handbook to Benchmark Physical Therapy Orangeburg*

Designed specifically for patients, this handbook explains what to expect during physical therapy sessions at Benchmark in Orangeburg. It covers preparation tips, common treatment plans, and how to maximize recovery outcomes. The clear, accessible language makes it a valuable resource for anyone new to physical therapy.

4. *Innovations in Physical Therapy: Spotlight on Benchmark Orangeburg*

This book explores the latest technological advancements and treatment techniques used at Benchmark Physical Therapy in Orangeburg, SC. It discusses how these innovations improve patient outcomes and streamline rehabilitation processes. The book also includes interviews with leading therapists and case studies.

5. *Physical Therapy and Wellness in the Orangeburg Community*

A broader look at how physical therapy contributes to overall wellness in Orangeburg, this book highlights Benchmark Physical Therapy's community programs and outreach efforts. It explains the importance of preventive care, fitness, and education in maintaining physical health. Readers gain insight into the clinic's role beyond traditional therapy.

6. Rehabilitation Success Stories: Benchmark Physical Therapy Orangeburg

Featuring inspiring patient testimonials, this book showcases the transformative effects of physical therapy at Benchmark in Orangeburg. Each story details individual challenges, therapy regimens, and recovery milestones. It serves as motivation for those facing similar health obstacles.

7. Sports Injury and Recovery: Benchmark Physical Therapy Approach

Targeting athletes and active individuals, this book focuses on how Benchmark Physical Therapy in Orangeburg treats sports-related injuries. It outlines common injuries, rehabilitation protocols, and performance enhancement techniques. The book is a useful guide for coaches, trainers, and patients alike.

8. Manual Therapy Techniques at Benchmark Physical Therapy Orangeburg

This professional resource delves into the manual therapy methods practiced at Benchmark Physical Therapy. It covers soft tissue mobilization, joint manipulation, and other hands-on techniques used to alleviate pain and restore function. Intended for practitioners and students, it also explains patient care principles.

9. Benchmark Physical Therapy: A Community-Centered Approach in Orangeburg

Examining the clinic's philosophy, this book discusses how Benchmark Physical Therapy integrates patient-centered care with community involvement. It explores partnerships with local organizations and initiatives aimed at improving public health. The narrative highlights the importance of compassionate care in physical therapy.

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benchmark physical therapy orangeburg sc: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy – important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy orangeburg sc: Foundations of Physical Therapy Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES * Uses terminology based on APTA's new Guide to Physical Therapist Practice * Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic * Written by a single author for a uniform and cohesive presentation * Includes the full text of the Model Practice Act for Physical Therapy

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benchmark physical therapy orangeburg sc: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video

demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy orangeburg sc: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. *Acute Care Handbook for Physical Therapists*, Third Edition helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the *Guide to Physical Therapist Practice*, Second Edition Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the *Guide to Physical Therapist Practice*, Second Edition are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

benchmark physical therapy orangeburg sc: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal,

genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

benchmark physical therapy orangeburg sc: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy orangeburg sc: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy orangeburg sc: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy orangeburg sc: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

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physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, *Physical Therapy Documentation: From Examination to Outcome*, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy orangeburg sc: *Careers in Physical Therapy* Institute For Career Research, 2017-05-23 A YOUNG MOTHER STRUGGLES WITH MULTIPLE SCLEROSIS. A teenager sustains a concussion playing football. A soldier loses a leg. A child is born with cerebral palsy. An elderly man suffers a stroke. Thanks to the efforts of physical therapists, the young mother can now hold her child without fear of falling. The teenager is no longer experiencing dizziness and headaches. The soldier learns to walk normally with a prosthesis. The child takes her first step. The elderly man regains function and resumes daily activities. Physical therapists, sometimes called PTs, play a major role in the diagnosis, treatment, and rehabilitation of people with all kinds of injuries, illnesses, and chronic conditions. The most common goal is to help people improve their movement and manage their pain. Treatment plans may include a combination of exercise, traction, mobilization, muscle manipulation, ultrasound, electrotherapy, vestibular training, motor development, and patient education. Assistive and adaptive devices may be used, such as crutches, wheelchairs, orthotics, and prosthetics. An important component of physical therapy is teaching an individual how to move or perform particular tasks in ways that will speed recovery and prevent further injury. Physical therapy, which has been evolving for more than 200 years, can treat a wider range of problems with greater success than ever before. Today, there are many different kinds of physical therapy. Which kind is needed depends on the type of health problem. For example, a patient recovering from a heart attack needs different care than an athlete with a sports injury. Physical therapists are trained to be able to treat all kinds of patients. Because there are so many different kinds, many PTs specialize in one particular area, such as orthopedics or pediatrics. A physical therapist can become board certified in any of nine areas, but there are many more specialties that can be practiced without certification. Physical therapists must earn a Doctor of Physical Therapy (DPT) degree and become licensed to practice in their state. In total, it takes seven years of intense schooling after high school graduation to get to that point. Is it worth the time and hard work? Absolutely, say those in the field. In fact, physical therapy has been consistently ranked among the best careers to pursue. At a glance, the over 35 percent job growth over the next 10 years is exceptional. PTs are needed everywhere and the demand is far outpacing supply. Salaries are also good, generally ranging from \$85,000 to \$100,000 a year. The single reason most PTs are happy in their careers is the enormous satisfaction they get from helping people return to normal, fulfilling lives. Are you looking for a career that offers great job security and the opportunity to earn a comfortable living? If you are compassionate, patient, and physically fit, read on. Physical therapy may be what you are looking for.

benchmark physical therapy orangeburg sc: *Guide to Evidence-based Physical Therapy Practice* Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and

integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy orangeburg sc: Expertise in Physical Therapy Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

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benchmark physical therapy orangeburg sc: Physical Therapy of the Cervical and Thoracic Spine Ruth Grant (M. App. Sc.), 1988-01-01

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benchmark physical therapy orangeburg sc: Manual Physical Therapy of the Spine Kenneth A. Olson, 2008-10-15 This is a Pageburst digital textbook; A hands-on, how-to approach helps you learn techniques and clinical problem-solving skills for treating spine and TMJ disorders! Written by a well-known authority on the subject of spinal manipulation in physical therapy, this book provides the information you need to make sound decisions during clinical interventions. An evidence-based impairment classification approach helps you provide the best outcomes for your patients. A

companion DVD includes video clips demonstrating spinal examination and manipulation procedures. Specifically for physical therapists dedicated to spinal manipulation! Complete coverage meets the core curriculum needs of physical therapy students, and provides an excellent self-study tool for clinicians wanting to enhance their practice. Detailed information on treatment strategies and techniques includes evidence-based coverage of the examination and treatment of spine and TMJ disorders, with an emphasis on integration of manipulation and therapeutic exercise. A framework for completing a comprehensive exam includes medical screening, patient interview, disability assessment, and tests and measures, along with an evaluation of the examination findings and the principles involved in arriving at a diagnosis and plan of care. Narrated video clips on a companion DVD include step-by-step instructions of each procedure, plus a unique 3-dimensional perspective of over 80 spinal manipulations and procedures (frontal, lateral, and cranial views). A DVD icon in the book links the text discussion to the DVD. Case studies demonstrate the clinical reasoning used in manual physical therapy. Guide to Physical Therapist Practice terminology is used throughout the book, making the content easier to understand and promoting conformity in terminology. Clear photographs show essential concepts and procedures from multiple angles, illustrating hand and body placement and direction of force. A clear, consistent format makes this a convenient reference in the clinical setting. Lay-flat binding allows the text to lay open for ease of use.

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