

benchmark physical therapy waycross ga

benchmark physical therapy waycross ga is a leading provider of rehabilitation and wellness services in Waycross, Georgia, dedicated to helping patients recover from injuries, improve mobility, and manage chronic pain. This comprehensive article explores the various aspects of Benchmark Physical Therapy, including the range of services offered, the expertise of their therapists, and the benefits patients can expect from choosing this facility. Whether recovering from surgery, sports injuries, or dealing with conditions like arthritis or back pain, Benchmark Physical Therapy in Waycross provides personalized treatment plans tailored to individual needs. Emphasizing patient-centered care, advanced techniques, and state-of-the-art equipment, the clinic stands out as a trusted destination for physical therapy in the region. This article also discusses how to get started with treatment, insurance considerations, and tips for maximizing recovery outcomes. Read on for a detailed overview of Benchmark Physical Therapy Waycross GA and how it can support your health and rehabilitation goals.

- Overview of Benchmark Physical Therapy in Waycross GA
- Services Offered at Benchmark Physical Therapy
- Expertise and Qualifications of Therapists
- Patient Experience and Treatment Approach
- Insurance and Payment Options
- How to Get Started with Benchmark Physical Therapy
- Tips for Maximizing Physical Therapy Outcomes

Overview of Benchmark Physical Therapy in Waycross GA

Benchmark Physical Therapy Waycross GA is a reputable clinic specializing in comprehensive rehabilitation services designed to enhance patients' physical health and functional abilities. Serving the local community and surrounding areas, the facility focuses on evidence-based physical therapy practices to address a wide variety of musculoskeletal and neurological conditions. The clinic combines personalized care with the latest treatment modalities to facilitate effective recovery and long-term wellness.

Clinic Mission and Philosophy

The mission of Benchmark Physical Therapy in Waycross is to provide high-quality, patient-focused care that promotes healing and improves quality of life. Their philosophy centers around individualized treatment plans, compassionate support, and ongoing education to empower patients through every stage of recovery.

Facility and Equipment

The Waycross location is equipped with modern therapy tools and technology to support diverse therapeutic interventions. From therapeutic exercise equipment to modalities such as ultrasound and electrical stimulation, the clinic ensures patients have access to resources necessary for optimal rehabilitation.

Services Offered at Benchmark Physical Therapy

Benchmark Physical Therapy Waycross GA offers a broad spectrum of services tailored to meet the unique needs of each patient. These services address various conditions and injury types, promoting functional restoration and pain relief.

Orthopedic Rehabilitation

This service focuses on recovery from musculoskeletal injuries, including fractures, ligament tears, and post-surgical rehabilitation. Techniques include manual therapy, therapeutic exercises, and functional training to restore strength and mobility.

Sports Injury Therapy

Specialized care for athletes involves injury prevention strategies, performance enhancement, and rehabilitation to return athletes safely to their sport. Treatment plans often incorporate agility drills, balance training, and sport-specific conditioning.

Neurological Rehabilitation

Patients recovering from neurological conditions such as stroke, Parkinson's disease, or spinal cord injuries benefit from targeted therapies aimed at improving motor control, coordination, and independence.

Chronic Pain Management

For individuals with persistent pain conditions, Benchmark Physical Therapy provides pain relief techniques, posture correction, and education to manage symptoms effectively and improve daily function.

Pediatric Physical Therapy

Children with developmental delays, congenital conditions, or injuries receive specialized treatment plans designed to enhance motor skills, balance, and coordination in a supportive environment.

Expertise and Qualifications of Therapists

The success of Benchmark Physical Therapy Waycross GA is largely attributed to the expertise and dedication of its licensed physical therapists. The team consists of highly trained professionals with diverse specialties and advanced certifications.

Educational Background

All therapists hold degrees from accredited physical therapy programs and maintain current licensure in the state of Georgia. Many have completed additional training in orthopedic, neurological, and sports rehabilitation.

Continuing Education and Training

Therapists regularly participate in continuing education courses to stay updated on the latest research, techniques, and industry standards. This commitment ensures the application of cutting-edge practices in patient care.

Patient-Centered Care Approach

The therapists at Benchmark Physical Therapy emphasize a collaborative approach, involving patients in goal setting and decision-making to tailor treatments effectively. This approach increases patient motivation and promotes better outcomes.

Patient Experience and Treatment Approach

Benchmark Physical Therapy Waycross GA strives to create a welcoming and supportive environment for all patients. The clinic prioritizes clear communication, comfort, and personalized attention throughout the

rehabilitation process.

Initial Evaluation and Assessment

Treatment begins with a comprehensive evaluation to understand each patient's condition, limitations, and goals. This assessment guides the development of a customized therapy plan.

Customized Treatment Plans

Each treatment plan incorporates a combination of manual therapy, therapeutic exercises, education, and modalities tailored to the patient's specific needs and progress.

Patient Education and Support

Educating patients about their condition and recovery process is a core component. Therapists provide guidance on home exercises, ergonomics, and lifestyle modifications to support long-term health.

Comfort and Accessibility

The clinic is designed to be accessible and comfortable, with flexible scheduling options to accommodate busy lifestyles. Staff members are trained to provide empathetic and respectful care.

Insurance and Payment Options

Benchmark Physical Therapy Waycross GA accepts a variety of insurance plans and offers flexible payment options to ensure patients can access necessary care without financial barriers.

Accepted Insurance Providers

The clinic works with major insurance companies, including Medicare and Medicaid, to facilitate coverage for physical therapy services. Patients are encouraged to verify their plan benefits prior to treatment.

Self-Pay and Payment Plans

For patients without insurance or with high deductibles, self-pay options and payment plans are available to make therapy affordable and manageable.

Insurance Verification and Assistance

Staff assists patients in verifying insurance benefits and understanding coverage details to minimize surprises and billing issues.

How to Get Started with Benchmark Physical Therapy

Beginning treatment at Benchmark Physical Therapy Waycross GA is a straightforward process designed to quickly connect patients with professional care.

Referral and Appointment Scheduling

Patients can start with a physician referral or direct contact to schedule an initial evaluation. The clinic offers convenient appointment times to fit various schedules.

Initial Consultation and Assessment

During the first visit, the therapist conducts a thorough assessment to identify treatment goals and develop a personalized plan.

Ongoing Communication and Progress Tracking

Throughout therapy, progress is monitored regularly to adjust treatment as needed and ensure optimal recovery.

Tips for Maximizing Physical Therapy Outcomes

Achieving the best results from physical therapy at Benchmark Physical Therapy Waycross GA involves active patient participation and adherence to prescribed recommendations.

- Attend all scheduled therapy sessions consistently to maintain progress.
- Perform home exercises diligently as instructed by therapists.
- Communicate openly with therapists about pain levels, challenges, or concerns.
- Maintain a healthy lifestyle including proper nutrition and hydration.

- Follow ergonomic advice to prevent re-injury or strain.
- Set realistic goals and celebrate milestones achieved during recovery.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Waycross, GA offer?

Benchmark Physical Therapy in Waycross, GA offers a range of services including orthopedic rehabilitation, sports therapy, post-surgical rehabilitation, pain management, and personalized treatment plans.

How can I schedule an appointment at Benchmark Physical Therapy in Waycross, GA?

You can schedule an appointment at Benchmark Physical Therapy in Waycross, GA by calling their office directly or visiting their website to request an appointment online.

Does Benchmark Physical Therapy accept insurance in Waycross, GA?

Yes, Benchmark Physical Therapy in Waycross, GA accepts most major insurance plans. It is recommended to contact their office to verify your specific insurance coverage.

What are the operating hours of Benchmark Physical Therapy in Waycross, GA?

Benchmark Physical Therapy in Waycross, GA typically operates Monday through Friday, from 8:00 AM to 5:00 PM. It's best to confirm the hours by contacting them directly.

Are the physical therapists at Benchmark Physical Therapy in Waycross, GA licensed and experienced?

Yes, the physical therapists at Benchmark Physical Therapy in Waycross, GA are licensed professionals with extensive experience in various rehabilitation therapies.

What should I expect during my first visit to Benchmark Physical Therapy in Waycross, GA?

During your first visit at Benchmark Physical Therapy in Waycross, GA, you can expect a comprehensive evaluation including assessment of your condition, discussion of your goals, and development of a personalized treatment plan.

Are there any patient reviews or testimonials available for Benchmark Physical Therapy in Waycross, GA?

Yes, many patients have shared positive reviews and testimonials about their experiences at Benchmark Physical Therapy in Waycross, GA, highlighting their effective treatments and caring staff. These can be found on their website and popular review platforms.

Additional Resources

1. Comprehensive Guide to Benchmark Physical Therapy in Waycross, GA

This book offers an in-depth look at the services and treatment approaches used at Benchmark Physical Therapy in Waycross, GA. It covers various therapeutic techniques tailored to help patients recover from injuries and improve mobility. Readers will find patient testimonials, expert insights, and practical advice on managing pain and rehabilitation.

2. Healing Journeys: Success Stories from Benchmark Physical Therapy, Waycross

A collection of inspiring patient stories from Benchmark Physical Therapy in Waycross, GA, this book highlights the transformative power of physical therapy. It details individual recovery journeys, showcasing the personalized care and dedication of the therapy team. The book aims to motivate those facing similar challenges.

3. Physical Therapy Essentials: Techniques and Practices at Benchmark Waycross

Designed for students and practitioners, this book outlines the core physical therapy techniques employed at Benchmark Physical Therapy in Waycross, GA. It discusses manual therapy, exercise protocols, and advanced modalities used for various musculoskeletal conditions. The book also emphasizes patient-centered care and outcome measurement.

4. Rehabilitation Strategies at Benchmark Physical Therapy, Waycross, GA

This text focuses on rehabilitation protocols and strategies implemented at Benchmark Physical Therapy in Waycross. It includes detailed explanations of treatment plans for orthopedic injuries, post-surgical recovery, and chronic pain management. Clinicians will find valuable case studies and evidence-based practices.

5. *Innovations in Physical Therapy: A Spotlight on Benchmark Waycross*

Highlighting the latest advancements in physical therapy, this book showcases how Benchmark Physical Therapy in Waycross integrates technology and innovative methods into patient care. Topics include telehealth, wearable technology, and new therapeutic devices. The book is a resource for practitioners looking to modernize their practice.

6. *Patient-Centered Care at Benchmark Physical Therapy, Waycross, GA*

Focusing on the philosophy of patient-centered care, this book explores how Benchmark Physical Therapy in Waycross creates customized treatment plans that address individual needs. It discusses communication techniques, motivational strategies, and collaborative goal setting. The narrative is supported by real-world examples and research findings.

7. *Orthopedic Rehabilitation at Benchmark Physical Therapy, Waycross*

This book delves into orthopedic physical therapy services offered by Benchmark Physical Therapy in Waycross, GA. It provides comprehensive coverage of assessment methods, therapeutic exercises, and recovery timelines for common orthopedic conditions. The book is ideal for both patients and clinicians interested in orthopedic rehabilitation.

8. *Sports Injury Recovery with Benchmark Physical Therapy, Waycross*

Dedicated to athletes and active individuals, this book outlines the specialized sports injury recovery programs available at Benchmark Physical Therapy in Waycross. It covers injury prevention, acute care, and return-to-play protocols. Readers will gain insight into how physical therapy supports peak athletic performance.

9. *Managing Chronic Pain: Approaches at Benchmark Physical Therapy, Waycross, GA*

This book addresses chronic pain management techniques used at Benchmark Physical Therapy in Waycross. It explores multidisciplinary approaches, including physical modalities, exercise therapy, and patient education. The book offers guidance for patients and healthcare providers aiming to improve quality of life through effective pain management.

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benchmark physical therapy waycross ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding

worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. **Foundations: An Introduction to the Profession of Physical Therapy** by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the background music of physical therapy – important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. **Key Highlights** From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks. About 20 comprehensive vignettes with real-life experiences enhance the text. Text boxes with insightful first-person narratives highlight chapter content. A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research. All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy waycross ga: *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. **Some Chapter Topics Include:** • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. **Exciting Features:** • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

benchmark physical therapy waycross ga: *Physical Therapy; a Career of Science and Service* American Physical Therapy Association, 1956

benchmark physical therapy waycross ga: **Physical Therapy Management of Patients with Spinal Pain** Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence

related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy waycross ga: *Vault Career Guide to Physical Therapy* Annlee Burch, 2007-04-02 Physical therapy is a growing area of medical practice encompassing four main components: examination, treatment, consultation and research. This Vault guide will walk you through this burgeoning industry, its career options, discussion of techniques and current trends, from the direct access movement to the increasing emphasis on clinical doctorates for PTs.

benchmark physical therapy waycross ga: *Teaching and Learning in Physical Therapy* Margaret Plack, Maryanne Driscoll, 2024-06-01 *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the Second Edition is geared for physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* useful for enhancing your skills both as a learner and as an educator in physical therapy.

benchmark physical therapy waycross ga: *Guide to Evidence-based Physical Therapy Practice* Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide.

Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy waycross ga: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. *Acute Care Handbook for Physical Therapists, Third Edition* helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the *Guide to Physical Therapist Practice, Second Edition* Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the *Guide to Physical Therapist Practice, Second Edition* are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

benchmark physical therapy waycross ga: *Acute Care Physical Therapy* Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition

includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy waycross ga: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy waycross ga: *Physical Therapy Documentation* Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy waycross ga: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references

essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy waycross ga: *Physical Therapy The Truth* Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy waycross ga: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with *Introduction to Physical Therapy*, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the

latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy waycross ga: Introduction to Physical Therapy- E-BOOK Michael A. Pagliarulo, 2011-05-01 Introduction to Physical Therapy, 4e by Michael Pagliarulo provides a comprehensive description of the profession and practice of physical therapy. - NEW! Evolve website with a test bank, PowerPoint presentations, and image collection. - The only introductory textbook that includes an overview of the profession and clinical information - Chapter on reimbursement introduces the fiscal aspect of health care and reimbursement for physical therapy services. - Chapter on communication and cultural competence helps the PT and PTA understand behavior due to cultural differences. - EXPANDED! Numerous learning aides, including chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings, and review questions. - The latest information on current trends in health care and the profession of physical therapy keeps the students current on latest issues.

benchmark physical therapy waycross ga: *Psychosocial Elements of Physical Therapy* Hannah Johnson, 2024-06-01 Physical therapists know that their patients are more than just a list of symptoms. They are people first, often with a complex mix of medical and psychiatric circumstances, who may receive a wide range of care from a team of professionals. Keeping this in mind, *Psychosocial Elements of Physical Therapy: The Connection of Body to Mind* is both a textbook and a clinical resource for physical therapist students and clinicians practicing in any patient population with psychological concerns or disorders. Inside, Dr. Hannah Johnson provides an essential introduction of psychosocial concepts, general treatment approaches for culturally sensitive care, and selected classes of mental illness as defined by the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5). A complete review of the current research and evidence base provides students a strong foundation to build their careers on, but can also act as a crash-course in the most recent literature for the busy clinician. Features: Clear, concise language and layout for efficient learning Application-based review questions Real world case studies to apply critical thinking skills Evidence-based practical tests and measures Vocabulary terms that facilitate interdisciplinary teamwork *Psychosocial Elements of Physical Therapy: The Connection of Body to Mind* provides physical therapist students and clinicians with an efficient yet comprehensive guide to helping patients with psychological concerns or disorders.

benchmark physical therapy waycross ga: **Expertise in Physical Therapy Practice** Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy waycross ga: **Documentation for Rehabilitation** Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! *Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy*, 3rd

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