

benchmark physical therapy owensboro

benchmark physical therapy owensboro represents a leading provider of rehabilitative services in the Owensboro area, offering comprehensive care for patients recovering from injury, surgery, or chronic conditions. This article explores the range of physical therapy treatments available at Benchmark Physical Therapy, emphasizing their commitment to personalized care and evidence-based practices. Readers will gain insight into the clinic's expert team, specialized services, and the benefits of seeking professional physical therapy in Owensboro. With a focus on recovery, pain management, and improved mobility, Benchmark Physical Therapy Owensboro stands out as a trusted partner in health and wellness. The following sections provide a detailed overview of services, patient experience, and community impact.

- About Benchmark Physical Therapy Owensboro
- Services Offered
- Patient Care and Treatment Approaches
- Benefits of Choosing Benchmark Physical Therapy Owensboro
- Community Involvement and Patient Resources

About Benchmark Physical Therapy Owensboro

Benchmark Physical Therapy Owensboro is a well-established clinic specializing in rehabilitative care tailored to individual needs. Serving the Owensboro community and surrounding areas, the facility is staffed by licensed physical therapists who utilize the latest techniques and technology. The clinic focuses on restoring function, reducing pain, and enhancing quality of life for patients across various age groups and medical conditions. Benchmark Physical Therapy Owensboro prides itself on fostering a supportive environment that encourages patient empowerment and active participation in recovery.

Clinic Mission and Philosophy

The mission of Benchmark Physical Therapy Owensboro is to deliver superior rehabilitative services with a patient-centered approach. The philosophy centers on combining clinical expertise with compassionate care to achieve optimal outcomes. Therapists emphasize education, prevention, and customized treatment plans that address the unique challenges faced by each patient. This holistic approach ensures that recovery extends beyond immediate treatment to long-term wellness.

Expert Team of Therapists

The team at Benchmark Physical Therapy Owensboro consists of highly qualified physical therapists, assistants, and support staff. Each member undergoes

continuous professional development to stay current with advancements in physical therapy. The therapists hold certifications in various specialties such as orthopedic manual therapy, sports rehabilitation, and neurological rehabilitation. This expertise allows them to address a broad spectrum of conditions effectively.

Services Offered

Benchmark Physical Therapy Owensboro provides an extensive array of services designed to meet the diverse needs of its patients. From post-surgical rehabilitation to chronic pain management, the clinic offers targeted treatments that facilitate recovery and enhance physical function. The use of evidence-based protocols ensures that patients receive the most effective care based on their diagnosis and goals.

Orthopedic Rehabilitation

Orthopedic rehabilitation is a core service at Benchmark Physical Therapy Owensboro, focusing on recovery from musculoskeletal injuries and surgeries. Treatment plans often include manual therapy, therapeutic exercises, and modalities such as ultrasound or electrical stimulation. Patients recovering from joint replacements, fractures, or soft tissue injuries benefit from tailored programs aimed at restoring strength, flexibility, and range of motion.

Sports Injury Treatment

For athletes and active individuals, Benchmark Physical Therapy Owensboro offers specialized sports injury management. The therapists assess injury mechanics and design rehabilitation strategies to promote healing while minimizing downtime. Preventative training and performance enhancement programs are also available to reduce the risk of future injuries and improve athletic performance.

Neurological Rehabilitation

Patients with neurological conditions such as stroke, multiple sclerosis, or Parkinson's disease receive focused care at Benchmark Physical Therapy Owensboro. Therapists employ techniques to improve balance, coordination, and motor control. Rehabilitation aims to maximize independence and functional abilities through personalized interventions.

Pain Management and Chronic Condition Support

Chronic pain sufferers find relief through multidisciplinary treatment approaches offered at the clinic. Benchmark Physical Therapy Owensboro incorporates manual therapy, exercise, and patient education to manage conditions like arthritis, fibromyalgia, and chronic back pain. The goal is to reduce pain intensity and improve daily function.

Patient Care and Treatment Approaches

Benchmark Physical Therapy Owensboro prioritizes individualized care plans rooted in thorough patient assessment and ongoing evaluation. This ensures that treatments remain aligned with patient progress and evolving needs. The clinic's collaborative environment encourages communication between therapists, patients, and referring physicians for comprehensive care coordination.

Comprehensive Evaluation Process

Initial assessments at Benchmark Physical Therapy Owensboro include detailed medical history review, physical examination, and functional testing. This process identifies specific impairments and guides the development of a personalized treatment plan. Objective outcome measures are used to monitor progress throughout therapy.

Evidence-Based Treatment Modalities

The clinic integrates a variety of evidence-based techniques to optimize rehabilitation outcomes. These include:

- Manual therapy for soft tissue and joint mobilization
- Therapeutic exercises targeting strength, flexibility, and endurance
- Neuromuscular re-education for coordination and balance
- Modalities such as heat, cold, ultrasound, and electrical stimulation
- Patient education focusing on injury prevention and self-management

Use of Advanced Technology

Benchmark Physical Therapy Owensboro employs state-of-the-art equipment to enhance treatment effectiveness. Tools such as balance training systems, functional electrical stimulation, and gait analysis technologies support precise evaluation and rehabilitation. This integration of technology aids in achieving faster recovery and improved functional outcomes.

Benefits of Choosing Benchmark Physical Therapy Owensboro

Opting for Benchmark Physical Therapy Owensboro offers numerous advantages for patients seeking rehabilitative care. The clinic's commitment to quality, personalized attention, and clinical excellence sets it apart in the Owensboro healthcare landscape.

Personalized Treatment Plans

Each patient receives a customized plan that addresses their unique condition, goals, and lifestyle. This individualized approach ensures that therapy is both relevant and effective, leading to better adherence and improved results.

Experienced and Compassionate Staff

The knowledgeable therapists at Benchmark Physical Therapy Owensboro combine clinical skill with empathetic care. This combination fosters a trusting therapeutic relationship, which is essential for successful rehabilitation.

Convenient Location and Flexible Scheduling

The clinic is centrally located in Owensboro, making access easy for local residents. Flexible appointment times accommodate patients' busy schedules, thereby reducing barriers to consistent care.

Comprehensive Support and Education

Beyond hands-on treatment, patients benefit from education on injury prevention, home exercise programs, and lifestyle modifications. This holistic support empowers individuals to maintain long-term health and prevent recurrence.

Community Involvement and Patient Resources

Benchmark Physical Therapy Owensboro actively contributes to the wellbeing of the local community through outreach programs and educational initiatives. The clinic provides resources that extend beyond direct therapy sessions to promote overall health awareness.

Community Health Programs

The clinic participates in community events focusing on injury prevention, wellness promotion, and physical activity encouragement. These programs aim to educate the public and foster healthier lifestyles throughout Owensboro.

Patient Education Materials

Benchmark Physical Therapy Owensboro offers a range of educational materials designed to support patients' understanding of their conditions and recovery processes. These resources include brochures, exercise guides, and informational workshops.

Support for Referring Providers

The clinic maintains strong communication with referring physicians and healthcare providers to ensure coordinated care. This collaboration enhances treatment effectiveness and continuity for patients receiving multi-disciplinary care.

Frequently Asked Questions

What services does Benchmark Physical Therapy Owensboro offer?

Benchmark Physical Therapy Owensboro provides a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and personalized physical therapy programs.

How can I schedule an appointment at Benchmark Physical Therapy Owensboro?

You can schedule an appointment by calling their office directly, visiting their website to book online, or getting a referral from your physician.

Does Benchmark Physical Therapy Owensboro accept insurance?

Yes, Benchmark Physical Therapy Owensboro accepts most major insurance plans. It's recommended to contact their office to verify your specific insurance coverage.

What are the operating hours of Benchmark Physical Therapy Owensboro?

Benchmark Physical Therapy Owensboro typically operates Monday through Friday during regular business hours. For exact times, it is best to check their website or call the clinic.

What makes Benchmark Physical Therapy Owensboro stand out from other clinics in the area?

Benchmark Physical Therapy Owensboro is known for its personalized care, experienced therapists, state-of-the-art equipment, and a strong focus on patient recovery and education.

Additional Resources

1. Comprehensive Guide to Benchmark Physical Therapy in Owensboro

This book provides an in-depth overview of physical therapy practices specific to the Owensboro region, focusing on Benchmark Physical Therapy's approach. It covers patient care techniques, treatment plans, and success stories from local patients. Ideal for practitioners and patients alike, it

highlights the facility's commitment to rehabilitation and wellness.

2. Innovations in Physical Therapy: Case Studies from Benchmark Owensboro

Explore cutting-edge physical therapy methods employed by Benchmark Physical Therapy in Owensboro through detailed case studies. This book delves into new technologies, manual therapies, and patient outcomes that set Benchmark apart. It serves as a resource for therapists seeking to implement innovative practices in their own clinics.

3. Rehabilitation Strategies at Benchmark Physical Therapy Owensboro

Focusing on rehabilitation, this book outlines the strategies used by Benchmark Physical Therapy to aid recovery from injury and surgery. It discusses personalized treatment plans, exercise protocols, and patient education. The text is valuable for both clinicians and patients aiming for effective rehab programs.

4. Patient-Centered Care at Benchmark Physical Therapy in Owensboro

Highlighting the importance of patient-centered care, this book examines how Benchmark Physical Therapy tailors treatments to individual needs. It includes testimonials, communication techniques, and collaborative care models. The book emphasizes empathy and engagement as keys to successful therapy.

5. The Role of Physical Therapy in Owensboro: Insights from Benchmark Clinic

This title explores the broader role of physical therapy in the Owensboro community through the lens of Benchmark Physical Therapy. It discusses public health impact, preventive care, and community outreach initiatives. Readers gain a comprehensive understanding of how Benchmark supports local wellness.

6. Manual Therapy Techniques at Benchmark Physical Therapy Owensboro

An expert guide to manual therapy techniques practiced at Benchmark Physical Therapy, this book covers joint mobilization, soft tissue manipulation, and myofascial release. It is designed for physical therapists seeking to enhance their hands-on skills with proven methods used in Owensboro.

7. Sports Injury Rehabilitation at Benchmark Physical Therapy Owensboro

This focused text addresses the treatment and rehabilitation of sports-related injuries at Benchmark Physical Therapy. It includes protocols for common injuries, performance enhancement tips, and return-to-sport strategies. Athletes and therapists will find practical advice to optimize recovery.

8. Chronic Pain Management through Benchmark Physical Therapy Owensboro

Chronic pain sufferers will find hope in this book, which outlines Benchmark Physical Therapy's approaches to managing long-term pain conditions. Techniques such as therapeutic exercise, education, and multidisciplinary care are discussed to improve quality of life. The book also covers patient coping mechanisms and support.

9. Benchmark Physical Therapy Owensboro: A Patient's Journey

This narrative-driven book shares real-life patient stories from Benchmark Physical Therapy in Owensboro, illustrating the challenges and triumphs of physical rehabilitation. It offers insight into the emotional and physical aspects of recovery, providing inspiration for those undergoing therapy. The book underscores the human side of clinical care.

Benchmark Physical Therapy Owensboro

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benchmark physical therapy owensboro: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy owensboro: Physical Therapy; a Career of Science and Service American Physical Therapy Association, 1956

benchmark physical therapy owensboro: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy owensboro: Physical Therapy Management of Patients with

Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include:

- Over 650 photographs, images, and tables
- Access to a supplemental video Website with new book purchase
- Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine
- Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment

Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy owensboro: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include:

- Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders
- The immune system and infectious disease
- Oncology rehabilitation
- Wound care
- Transplantation

Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features:

- An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings
- Pharmacologic information for each organ system chapter including side effects of common medical interventions
- A chapter on deconditioning and bed rest effects in the acute care environment
- A discharge recommendation decision tree

Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

benchmark physical therapy owensboro: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 *Wellness and Holistic Physical Therapy*, 2nd edition is 'the' textbook

for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy owensboro: Quick Reference to Physical Therapy Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy owensboro: Guide to Evidence-Based Physical Therapy Practice Dianne V. Jewell, 2007-07-20 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy owensboro: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy owensboro: *Acute Care Physical Therapy* Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy owensboro: *Documentation for Rehabilitation* Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! *Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition* shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the *Guide to Physical Therapist 3.0* and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy owensboro: *Expertise in Physical Therapy Practice* Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make

decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy owensboro: Introduction to Physical Therapy- E-BOOK

Michael A. Pagliarulo, 2011-05-01 Introduction to Physical Therapy, 4e by Michael Pagliarulo provides a comprehensive description of the profession and practice of physical therapy. - NEW! Evolve website with a test bank, PowerPoint presentations, and image collection. - The only introductory textbook that includes an overview of the profession and clinical information - Chapter on reimbursement introduces the fiscal aspect of health care and reimbursement for physical therapy services. - Chapter on communication and cultural competence helps the PT and PTA understand behavior due to cultural differences. - EXPANDED! Numerous learning aides, including chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings, and review questions. - The latest information on current trends in health care and the profession of physical therapy keeps the students current on latest issues.

benchmark physical therapy owensboro: Wellness and Physical Therapy Fair, Sharon Elayne Fair, 2010-10-22 The focus of Wellness and Physical Therapy will be the application of wellness, particularly fitness wellness, to the practice and profession of physical therapy. The book addresses all items related to wellness in the Normative Model of Physical Therapist Professional Education: Version 2004, the Guide to Physical Therapist Practice, and APTA's Education Strategic Plan. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mixed approach of formalist and reader-response. An important text for all physical therapy students! Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

benchmark physical therapy owensboro: Physical Therapy Physical Therapy, American Physical Therapy Association, 1997

benchmark physical therapy owensboro: Is This Change Real? Daniel L. Riddle, Paul W. Stratford, 2013-02-27 Use outcome tools and measures to evaluate the effectiveness of your treatment methods. This step-by-step guide shows you how to incorporate evidence-based methods when interpreting outcomes of physical therapy on individual patients. Following the International Classification of Functioning, Disability and Health (ICF) model, you will learn how to select the appropriate outcome measures by defining needs and barriers, identifying the steps to take when searching for a measure, and choosing critical appraisal criteria. You will also learn how to critically review studies from the literature that reports outcome measures.

benchmark physical therapy owensboro: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition).

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