

benchmark physical therapy cumming ga

benchmark physical therapy cumming ga is a leading provider of rehabilitative services in the Cumming, Georgia area, dedicated to helping patients recover from injuries, manage pain, and improve mobility. This article explores the comprehensive range of physical therapy services offered by Benchmark Physical Therapy in Cumming, GA, highlighting their specialized treatment approaches, patient-centered care, and advanced rehabilitation techniques. Understanding the benefits of choosing a local, experienced physical therapy provider is essential for those seeking effective recovery solutions. Additionally, this overview covers common conditions treated, therapy modalities, and what patients can expect during their journey to improved health and functionality. Whether recovering from surgery, managing chronic pain, or enhancing athletic performance, Benchmark Physical Therapy in Cumming, GA offers tailored programs designed to meet diverse needs. The following sections provide a detailed look at their services, qualifications, and commitment to patient outcomes.

- Overview of Benchmark Physical Therapy Cumming GA
- Services Offered at Benchmark Physical Therapy
- Common Conditions Treated
- Therapeutic Techniques and Modalities
- Patient Experience and Care Approach
- Benefits of Choosing Benchmark Physical Therapy Cumming GA

Overview of Benchmark Physical Therapy Cumming GA

Benchmark Physical Therapy in Cumming, GA is a reputable outpatient rehabilitation clinic specializing in physical therapy services designed to restore function and reduce pain. Their team consists of licensed and highly trained physical therapists who utilize evidence-based practices to ensure effective treatment outcomes. The clinic is equipped with state-of-the-art facilities and technology to support comprehensive rehabilitation programs tailored to individual patient goals. Benchmark Physical Therapy emphasizes personalized care, thorough assessments, and ongoing progress evaluations to maximize recovery potential. Their location in Cumming provides convenient access for residents in Forsyth County and surrounding areas seeking professional physical therapy solutions.

Clinic Mission and Values

The mission of Benchmark Physical Therapy Cumming GA is to provide the highest quality rehabilitative care through expert evaluation, innovative treatment, and compassionate patient support. Their core values include integrity, excellence, respect, and patient empowerment, which guide every aspect of their practice. This commitment ensures each patient receives attentive, customized care that prioritizes safety and long-term health benefits.

Qualified Physical Therapists

The staff at Benchmark Physical Therapy comprises licensed physical therapists with specialized training in orthopedic, neurological, and sports rehabilitation. Many therapists hold advanced certifications in manual therapy, dry needling, and vestibular rehabilitation, enhancing their ability to address complex conditions. Their professional expertise enables them to design treatment plans that align with current clinical guidelines and individual patient needs.

Services Offered at Benchmark Physical Therapy

Benchmark Physical Therapy Cumming GA offers a wide range of services aimed at improving physical function, reducing pain, and facilitating recovery from injury or surgery. These services cater to diverse patient populations, including athletes, seniors, and individuals with chronic conditions. The clinic provides both one-on-one therapy sessions and customized home exercise programs to support ongoing rehabilitation.

Orthopedic Physical Therapy

This service focuses on musculoskeletal injuries such as sprains, strains, fractures, and post-surgical rehabilitation. Treatment may include manual therapy, therapeutic exercises, and modalities to reduce inflammation and promote healing.

Sports Rehabilitation

Benchmark Physical Therapy offers specialized programs for athletes recovering from sports-related injuries or seeking performance enhancement. These programs emphasize functional training, strength building, and injury prevention strategies.

Neurological Rehabilitation

Patients with neurological disorders such as stroke, Parkinson's disease, or multiple sclerosis receive targeted therapy to improve balance, coordination, and motor control.

Post-Surgical Recovery

Physical therapists assist patients in regaining strength, flexibility, and mobility following surgeries such as joint replacements, ligament repairs, and spinal procedures.

Balance and Vestibular Therapy

For patients experiencing dizziness or balance impairments, specialized vestibular rehabilitation helps restore stability and reduce fall risk.

Pain Management

Chronic pain conditions like arthritis or fibromyalgia are addressed through comprehensive pain management strategies integrating manual therapy, therapeutic exercises, and patient education.

Common Conditions Treated

Benchmark Physical Therapy Cumming GA treats a variety of conditions affecting the musculoskeletal and nervous systems. The clinical team is experienced in managing acute injuries, chronic illnesses, and postoperative rehabilitation.

- Back and neck pain
- Sports injuries (ACL tears, rotator cuff injuries, etc.)
- Arthritis and joint pain
- Fractures and post-cast rehabilitation
- Post-stroke and neurological impairments
- Balance disorders and vestibular dysfunction
- Work-related injuries and repetitive strain injuries

Musculoskeletal Disorders

Patients suffering from conditions like tendonitis, bursitis, and chronic joint pain benefit from tailored therapeutic interventions designed to reduce inflammation and restore normal movement patterns.

Post-Injury and Post-Operative Care

Following traumatic injury or surgical intervention, Benchmark Physical Therapy provides structured rehabilitation programs to optimize healing and prevent long-term disability.

Therapeutic Techniques and Modalities

The treatment approaches at Benchmark Physical Therapy Cumming GA integrate manual therapy, exercise prescription, and advanced modalities to promote recovery and enhance physical performance. Therapists select interventions based on patient assessment and treatment goals.

Manual Therapy

Hands-on techniques such as joint mobilization, soft tissue massage, and myofascial release help reduce pain, improve range of motion, and restore tissue function.

Therapeutic Exercise

Customized exercise programs target strength, flexibility, endurance, and neuromuscular control to facilitate functional improvement and injury prevention.

Modalities

Additional treatments may include ultrasound, electrical stimulation, heat and cold therapy, and dry needling to accelerate healing processes and manage pain.

Patient Education

Education on body mechanics, posture, and self-management techniques empowers patients to maintain progress and prevent future injuries.

Patient Experience and Care Approach

Benchmark Physical Therapy Cumming GA prioritizes a patient-centered care model that fosters collaboration between therapist and patient. This approach ensures treatment plans are aligned with patient goals and lifestyle considerations.

Comprehensive Initial Evaluation

Each patient undergoes a detailed assessment to identify underlying impairments, functional limitations, and personal objectives. This evaluation forms the foundation for a customized treatment plan.

Ongoing Progress Monitoring

Regular reassessments track improvements and adjust therapy interventions as needed to optimize outcomes.

Supportive Environment

The clinic environment is designed to be welcoming and supportive, encouraging patient motivation and engagement throughout the rehabilitation process.

Benefits of Choosing Benchmark Physical Therapy Cumming GA

Selecting Benchmark Physical Therapy in Cumming, GA offers numerous advantages for individuals seeking effective physical rehabilitation and wellness support.

1. **Expert Clinical Staff:** Highly trained therapists with specialized credentials provide expert care.
2. **Personalized Treatment Plans:** Therapy programs tailored to individual needs and goals.
3. **Comprehensive Services:** Broad range of therapies addressing diverse conditions.
4. **Convenient Location:** Easy access for residents of Cumming and nearby communities.
5. **Advanced Techniques:** Utilization of evidence-based practices and

modalities.

6. **Focus on Functional Recovery:** Emphasis on restoring daily activities and quality of life.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Cumming, GA offer?

Benchmark Physical Therapy in Cumming, GA offers a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, balance training, and pain management.

How can I schedule an appointment at Benchmark Physical Therapy in Cumming, GA?

You can schedule an appointment at Benchmark Physical Therapy in Cumming, GA by calling their office directly, visiting their website to book online, or through a physician referral.

Does Benchmark Physical Therapy in Cumming, GA accept insurance?

Yes, Benchmark Physical Therapy in Cumming, GA accepts most major insurance plans. It's best to contact their office for specific insurance coverage questions.

What makes Benchmark Physical Therapy in Cumming, GA different from other clinics?

Benchmark Physical Therapy in Cumming, GA is known for its personalized treatment plans, experienced therapists, and a patient-centered approach that focuses on long-term recovery.

Are there specialized programs for athletes at Benchmark Physical Therapy Cumming, GA?

Yes, Benchmark Physical Therapy in Cumming, GA offers specialized sports rehabilitation programs tailored to athletes recovering from injuries or looking to improve performance.

What are the operating hours of Benchmark Physical Therapy in Cumming, GA?

Benchmark Physical Therapy in Cumming, GA typically operates Monday through Friday with hours from early morning to early evening. Specific hours can be confirmed by contacting the clinic.

Can Benchmark Physical Therapy in Cumming, GA help with chronic pain management?

Yes, Benchmark Physical Therapy provides treatments and exercises designed to help manage and reduce chronic pain conditions effectively.

Is there parking available at Benchmark Physical Therapy in Cumming, GA?

Yes, there is convenient parking available for patients visiting Benchmark Physical Therapy in Cumming, GA.

Do I need a doctor's referral to visit Benchmark Physical Therapy in Cumming, GA?

In most cases, a doctor's referral is not required to visit Benchmark Physical Therapy in Cumming, GA, but it's recommended to check with your insurance provider for coverage details.

What COVID-19 safety measures are in place at Benchmark Physical Therapy Cumming, GA?

Benchmark Physical Therapy in Cumming, GA follows CDC guidelines including enhanced cleaning protocols, social distancing, mask requirements, and screening procedures to ensure patient safety.

Additional Resources

1. *Comprehensive Guide to Physical Therapy in Cumming, GA*

This book offers an in-depth overview of physical therapy practices specific to the Cumming, Georgia area. It covers common treatments, patient care strategies, and the latest rehabilitation techniques used by local therapists. Readers can learn about the unique community health challenges and how physical therapy addresses them effectively.

2. *Benchmark Physical Therapy: Techniques and Applications*

Focused on the methodologies employed at Benchmark Physical Therapy in Cumming, GA, this title explores various therapeutic interventions and patient success stories. It provides practical insights for both

practitioners and patients seeking to understand treatment processes. The book also highlights advancements in physical therapy equipment and technology.

3. Rehabilitation Strategies in Cumming, Georgia

This resource delves into rehabilitation approaches tailored to the population of Cumming, GA, including post-surgical recovery and injury prevention. It emphasizes personalized therapy plans and the role of community support in healing. Case studies from Benchmark Physical Therapy clinics illustrate effective outcomes.

4. Physical Therapy and Wellness: A Cumming Perspective

Combining physical therapy with wellness practices, this book presents holistic approaches to health in the Cumming area. It discusses how Benchmark Physical Therapy integrates exercise, nutrition, and mental health support into patient care. The text encourages proactive health management for long-term benefits.

5. Innovations in Physical Therapy: Spotlight on Benchmark Cumming

Highlighting cutting-edge techniques and research, this book showcases how Benchmark Physical Therapy in Cumming stays at the forefront of the field. It covers new treatment modalities, patient-centered care models, and technology integration. Readers gain insight into the future of physical therapy services locally.

6. Patient Journeys: Success Stories from Benchmark Physical Therapy, Cumming GA

Through a collection of inspiring patient testimonials, this book illustrates the transformative impact of physical therapy at Benchmark in Cumming. It highlights diverse cases, from sports injuries to chronic pain management. The narratives provide motivation and practical advice for those undergoing rehabilitation.

7. Manual Therapy Practices in Cumming, Georgia

This volume focuses on manual therapy techniques commonly used by physical therapists in Cumming, including those at Benchmark Physical Therapy. It explains hands-on treatment methods such as mobilization and manipulation, detailing their benefits and indications. The book serves as a valuable tool for clinicians and students alike.

8. Sports Injury Rehabilitation: Insights from Benchmark Physical Therapy, Cumming

Targeted at athletes and sports enthusiasts, this book discusses injury prevention and recovery protocols practiced at Benchmark Physical Therapy. It covers common sports-related injuries seen in the Cumming community and effective rehabilitation strategies. Emphasis is placed on returning patients safely to their activities.

9. Community Health and Physical Therapy: The Cumming Experience

Exploring the intersection of community health initiatives and physical therapy, this book highlights programs and partnerships led by Benchmark

Physical Therapy in Cumming. It examines how local efforts improve access to care and promote active lifestyles. The text underscores the importance of community engagement in therapeutic success.

Benchmark Physical Therapy Cumming Ga

Find other PDF articles:

<https://test.murphyjewelers.com/archive-library-806/pdf?docid=DAa85-3057&title=wiring-a-ac-capacitor.pdf>

benchmark physical therapy cumming ga: Physiological Aspects of Sport Training and Performance Jay Hoffman, 2002 This new, in-depth sport physiology reference provides a strong introduction to the physiological principles underlying sport training and performance. Plus, it delivers the best guidance available on applying the principles to athletes who are training to improve sport performance. **Physiological Aspects of Sport Training and Performance** is an excellent resource for students and professionals in sports medicine and sport physiology. The book thoroughly explores the practical and applied aspects of exercise prescription and includes specific advice on the conditioning and performance of athletes. **Physiological Aspects of Sport Training and Performance** also explains how various components of sport and performance are measured. Dr. Jay Hoffman has worked extensively with athletes and coaches throughout his professional career. Focusing on training factors and how various conditions and situations affect sport performance, he provides an in-depth review of all physiological components of an athlete's training program. **Physiological Aspects of Sport Training and Performance** covers a broad range of topics: -Physiological adaptations to exercise -Exercise training principles and prescription -Nutrition, fluid regulation, and ergogenic aids -Environmental factors -Medical and health conditions The information is presented in an attractive, reader-friendly format that makes learning easy. Key terms appear in bold print; chapters are packed with supporting figures; and numerous tables bring life to standardized performance data and specific athletic profiles, such as strength measures for collegiate football players. **Physiological Aspects of Sport Training and Performance** will quickly become your primary reference book. It provides all the answers you need to successfully prescribe exercise for a wide variety of athletes.

benchmark physical therapy cumming ga: Modern Healthcare, 1983

benchmark physical therapy cumming ga: Physical Dimensions of Aging Waneen Wyrick Spirduso, 1995 1. An introduction to aging. 2. Energy, work, and efficiency. 3. Motor control, coordination, and skill. 4. Physical-psychosocial relationships. 5. Physical performance and achievement.

benchmark physical therapy cumming ga: Exercise and the Heart in Health and Disease Roy J. Shephard, Henry S. Miller, 1992 This comprehensive volume examines the current issues involved in prescribing exercise for assorted age groups as well as recent recommendations of exercise for patients with various cardiac problems. **Health and Disease**: reviews the physiological, biochemical, and psychological responses to exercise and the principles underlying exercise evaluations and prescriptions in healthy individuals; considers how assessment and prescriptions are modified in childhood, youth, middle age, old age, high-risk patients, and those with cardiovascular disease; discusses exercise in relation to such conditions as silent ischemia, angina, myocardial infarction, congestive heart failure, coronary bypass, angioplasty, cardiac transplantation, and hypertension; covers areas of growing interest, including cardioactive drugs, the wheelchair disabled, and the

costs and benefits of exercise in cardiac disease; and offers new insights into the regulation of cardiac output during exercise. *Heart in Health and Disease* is for cardiologists, physiologists, cardiac rehabilitation and sports medicine specialists, internists, and medical and graduate school students in these disciplines.

benchmark physical therapy cumming ga: Books in Print , 2004

benchmark physical therapy cumming ga: Youth, Exercise, and Sport David R. Lamb, Carl V. Gisolfi, 1989

benchmark physical therapy cumming ga: Foundations of Physical Therapy Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES * Uses terminology based on APTA's new Guide to Physical Therapist Practice * Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic * Written by a single author for a uniform and cohesive presentation * Includes the full text of the Model Practice Act for Physical Therapy

benchmark physical therapy cumming ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. *Foundations: An Introduction to the Profession of Physical Therapy* by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy cumming ga: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition,

Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

benchmark physical therapy cumming ga: Physical Therapy, a Career of Science and Service American Physical Therapy Association, 1959

benchmark physical therapy cumming ga: Guide to Evidence-based Physical Therapy Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy cumming ga: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy cumming ga: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. Acute Care Handbook for Physical Therapists, Third Edition

helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the Guide to Physical Therapist Practice, Second Edition Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the Guide to Physical Therapist Practice, Second Edition are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

benchmark physical therapy cumming ga: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second

Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy cumming ga: Quick Reference to Physical Therapy Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy cumming ga: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy cumming ga: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy cumming ga: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills

