

# benchmark physical therapy kennesaw ga

benchmark physical therapy kennesaw ga is a leading provider of rehabilitative services in the Kennesaw, Georgia area, offering comprehensive care tailored to the unique needs of each patient. This article explores the services, benefits, and approach of Benchmark Physical Therapy in Kennesaw, GA, highlighting why it stands out among physical therapy providers. It will cover the clinic's specialized treatment options, patient-centered care philosophy, and the qualifications of its experienced therapists. Additionally, readers will gain insight into how physical therapy can aid recovery from injuries, manage chronic conditions, and improve overall physical function. Whether recovering from surgery, managing pain, or seeking to enhance mobility, Benchmark Physical Therapy Kennesaw GA provides effective solutions grounded in evidence-based practices. The following sections delve into the key aspects of their service offerings and patient experience.

- Overview of Benchmark Physical Therapy Kennesaw GA
- Services Offered
- Conditions Treated
- Benefits of Choosing Benchmark Physical Therapy
- Patient Experience and Care Approach
- Location and Accessibility

# **Overview of Benchmark Physical Therapy Kennesaw GA**

Benchmark Physical Therapy Kennesaw GA is a reputable outpatient rehabilitation center dedicated to restoring movement and improving quality of life for patients. The clinic employs a team of licensed physical therapists who utilize the latest therapeutic techniques and technologies to deliver personalized treatment plans. With a focus on evidence-based care, Benchmark Physical Therapy is committed to helping patients achieve optimal recovery outcomes. The facility is designed to provide a comfortable, supportive environment conducive to healing and rehabilitation.

## **Mission and Vision**

The mission of Benchmark Physical Therapy Kennesaw GA is to provide high-quality, patient-centered physical therapy services that promote healing, prevent disability, and enhance functional independence. Their vision encompasses being the premier physical therapy provider in the region, known for clinical excellence and compassionate care.

## **Experienced Therapy Team**

The clinic's staff includes skilled physical therapists, assistant therapists, and support personnel who collaborate to create comprehensive care strategies. Each team member maintains current licensure and regularly participates in continuing education to stay abreast of advancements in physical therapy practice.

## **Services Offered**

Benchmark Physical Therapy Kennesaw GA offers a wide range of therapeutic services designed to address various musculoskeletal, neurological, and post-surgical rehabilitation needs. Their treatments aim to reduce pain, restore function, and prevent future injuries.

## **Orthopedic Physical Therapy**

This service focuses on treating injuries and conditions affecting bones, joints, muscles, ligaments, and tendons. Common orthopedic therapies include post-operative rehabilitation, sports injury recovery, and management of arthritis or chronic pain.

## **Neurological Rehabilitation**

Patients with neurological disorders such as stroke, Parkinson's disease, or multiple sclerosis receive tailored interventions to improve motor control, balance, and coordination. The therapists utilize specialized techniques to maximize neuroplasticity and functional gains.

## **Pediatric Physical Therapy**

Benchmark Physical Therapy also caters to children with developmental delays, congenital conditions, or injuries, providing age-appropriate therapeutic activities to foster growth and mobility.

## **Manual Therapy and Modalities**

The clinic employs manual therapy techniques including joint mobilization, soft tissue massage, and stretching. Additionally, therapeutic modalities such as ultrasound, electrical stimulation, and cold laser

therapy support pain relief and tissue healing.

## Conditions Treated

Benchmark Physical Therapy Kennesaw GA addresses a broad spectrum of health conditions to enhance patient functionality and comfort.

- Back and neck pain
- Sports injuries (sprains, strains, fractures)
- Post-surgical rehabilitation (joint replacement, ligament repair)
- Arthritis and joint stiffness
- Balance disorders and vestibular rehabilitation
- Neurological conditions (stroke, neuropathy)
- Work-related injuries
- Chronic pain syndromes

## Customized Treatment Plans

Each patient's treatment plan is customized based on thorough assessment and diagnosis. Benchmark

Physical Therapy therapists consider patient goals, lifestyle, and functional limitations to develop effective rehabilitation programs.

## **Benefits of Choosing Benchmark Physical Therapy**

Opting for Benchmark Physical Therapy Kennesaw GA offers numerous advantages that contribute to successful recovery and improved health outcomes.

### **Personalized Care**

Patients receive individualized attention from licensed therapists who design treatment protocols specifically suited to their unique needs and conditions.

### **Comprehensive Rehabilitation**

The center provides holistic rehabilitation encompassing physical, functional, and educational components that empower patients to maintain long-term wellness.

### **State-of-the-Art Facilities**

Benchmark Physical Therapy is equipped with modern rehabilitation equipment and technology, ensuring effective and efficient therapy sessions.

## **Improved Mobility and Pain Management**

Through targeted interventions, patients experience enhanced mobility, reduced pain, and increased strength and flexibility.

## **Insurance and Accessibility**

The clinic accepts various insurance plans and offers flexible appointment scheduling, making quality physical therapy accessible and affordable.

## **Patient Experience and Care Approach**

Benchmark Physical Therapy Kennesaw GA prioritizes a patient-centered approach that fosters collaboration and trust between therapists and patients.

## **Comprehensive Evaluations**

Initial assessments include detailed medical history review, physical examinations, and functional testing to accurately diagnose and plan treatment.

## **Goal-Oriented Therapy**

Therapists work closely with patients to set realistic, measurable goals that guide therapy progress and motivate continued improvement.

## **Education and Support**

Patients receive education on injury prevention, exercise techniques, and lifestyle modifications to support recovery and prevent recurrence.

## **Ongoing Communication**

Regular progress updates and open communication ensure that therapy plans remain aligned with patient needs and evolving health status.

## **Location and Accessibility**

Benchmark Physical Therapy is conveniently located in Kennesaw, GA, providing easy access for residents throughout Cobb County and surrounding areas. The facility offers ample parking and is designed to be accessible for individuals with mobility challenges.

## **Office Hours and Appointment Scheduling**

The clinic maintains flexible office hours to accommodate patients' busy schedules, including options for early morning or late afternoon appointments. Scheduling is streamlined to minimize wait times and facilitate timely care delivery.

## **Community Engagement**

Benchmark Physical Therapy Kennesaw GA actively participates in community health initiatives and educational programs, promoting awareness of physical therapy benefits and injury prevention strategies.

## **Frequently Asked Questions**

### **What services does Benchmark Physical Therapy in Kennesaw, GA offer?**

Benchmark Physical Therapy in Kennesaw, GA offers services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and personalized physical therapy programs.

### **How experienced are the therapists at Benchmark Physical Therapy Kennesaw GA?**

The therapists at Benchmark Physical Therapy Kennesaw GA are highly experienced, licensed professionals with specialized training in various physical therapy techniques to ensure effective treatment and recovery.

### **Does Benchmark Physical Therapy in Kennesaw accept insurance?**

Yes, Benchmark Physical Therapy in Kennesaw, GA accepts most major insurance plans. It is recommended to contact their office directly to verify specific insurance coverage and benefits.

### **What are the operating hours of Benchmark Physical Therapy Kennesaw GA?**

Benchmark Physical Therapy in Kennesaw, GA typically operates Monday through Friday during standard business hours. For exact times, it's best to check their official website or contact the clinic.



## **Can I schedule an appointment online with Benchmark Physical Therapy Kennesaw?**

Many locations of Benchmark Physical Therapy offer online appointment scheduling through their website, allowing patients in Kennesaw, GA to conveniently book their sessions.

## **What should I expect during my first visit to Benchmark Physical Therapy in Kennesaw, GA?**

During the first visit, a therapist will perform an evaluation to assess your condition, discuss your medical history, and develop a personalized treatment plan tailored to your needs.

## **Are there any patient reviews available for Benchmark Physical Therapy Kennesaw GA?**

Yes, patients have shared positive reviews highlighting the professionalism, effective treatments, and friendly staff at Benchmark Physical Therapy in Kennesaw, GA on platforms like Google and Yelp.

## **Does Benchmark Physical Therapy in Kennesaw offer pediatric physical therapy services?**

While Benchmark Physical Therapy primarily focuses on adult rehabilitation, some locations may offer pediatric services. It's advisable to contact the Kennesaw clinic directly to inquire about pediatric therapy options.

## **How does Benchmark Physical Therapy Kennesaw GA handle COVID-19 safety protocols?**

Benchmark Physical Therapy Kennesaw GA follows strict COVID-19 safety protocols including sanitation, mask policies, social distancing, and screening procedures to ensure the safety of patients and staff.

## Additional Resources

### 1. *Comprehensive Guide to Physical Therapy Practices in Kennesaw, GA*

This book offers an in-depth look at the physical therapy landscape specific to Kennesaw, Georgia. It covers treatment modalities, patient care techniques, and the latest advancements used by local clinics such as Benchmark Physical Therapy. Readers will find detailed case studies and expert advice tailored to the unique needs of the Kennesaw community.

### 2. *Rehabilitation and Recovery: Techniques from Benchmark Physical Therapy Kennesaw*

Focusing on rehabilitation methods, this book highlights the approaches used by Benchmark Physical Therapy in Kennesaw. It explores therapeutic exercises, pain management strategies, and injury prevention tailored to patients of all ages. The book also offers practical tips for improving mobility and enhancing quality of life.

### 3. *Patient-Centered Physical Therapy: Insights from Kennesaw's Leading Clinics*

This title emphasizes patient-centered care models practiced by physical therapy providers in Kennesaw, including Benchmark Physical Therapy. It discusses how personalized treatment plans improve outcomes and foster patient engagement. The book also covers communication techniques and goal-setting strategies vital for successful therapy.

### 4. *Innovations in Physical Therapy: Spotlight on Benchmark Physical Therapy Kennesaw*

Highlighting technological and procedural innovations, this book showcases how Benchmark Physical Therapy incorporates cutting-edge tools and methods in their practice. Topics include advancements in manual therapy, digital assessment tools, and telehealth services. It's an essential read for therapists and patients interested in modern rehabilitation techniques.

### 5. *Sports Injury Management and Physical Therapy in Kennesaw, GA*

Designed for athletes and active individuals, this book focuses on sports-related injuries and their management through physical therapy in Kennesaw. It details prevention strategies, treatment protocols, and rehabilitation exercises used by experts at Benchmark Physical Therapy. The book also includes advice on returning to sports safely and effectively.

#### *6. Chronic Pain Solutions Through Physical Therapy: Experiences from Kennesaw Clinics*

This book addresses chronic pain management using physical therapy approaches practiced in Kennesaw, with insights from Benchmark Physical Therapy. It explores multidisciplinary strategies combining exercise, manual therapy, and patient education. Readers will gain an understanding of how to manage persistent pain and improve daily functioning.

#### *7. Physical Therapy for Seniors: Enhancing Mobility in Kennesaw, GA*

Focusing on the senior population, this book outlines physical therapy techniques that help maintain and improve mobility among older adults in Kennesaw. It discusses balance training, fall prevention, and strength-building exercises commonly used at Benchmark Physical Therapy. The book aims to empower seniors to live more active and independent lives.

#### *8. Manual Therapy Techniques: A Practical Guide from Kennesaw's Benchmark Clinic*

This practical guide details manual therapy techniques employed by Benchmark Physical Therapy in Kennesaw. It covers soft tissue mobilization, joint manipulation, and other hands-on methods that facilitate healing and pain relief. The book is an excellent resource for therapists seeking to expand their skill set or patients interested in understanding their treatments.

#### *9. Physical Therapy Business and Patient Care: A Case Study of Benchmark Physical Therapy Kennesaw*

Exploring the intersection of business and clinical excellence, this book examines how Benchmark Physical Therapy balances patient care with successful practice management. It discusses marketing strategies, patient retention, and quality assurance in a physical therapy setting. The case study provides valuable lessons for practitioners and clinic owners alike.

## **Benchmark Physical Therapy Kennesaw Ga**

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**benchmark physical therapy kennesaw ga: Foundations: An Introduction to the Profession of Physical Therapy** Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

**benchmark physical therapy kennesaw ga: Foundations of Physical Therapy** Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES \* Uses terminology based on APTA's new Guide to Physical Therapist Practice \* Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic \* Written by a single author for a uniform and cohesive presentation \* Includes the full text of the Model Practice Act for Physical Therapy

**benchmark physical therapy kennesaw ga: Physical Therapy Management of Patients with Spinal Pain** Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical

therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

**benchmark physical therapy kennesaw ga:** Guide to Evidence-based Physical Therapy Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

**benchmark physical therapy kennesaw ga:** Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

**benchmark physical therapy kennesaw ga:** Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by

common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

**benchmark physical therapy kennesaw ga: Physical Therapy The Truth** Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

**benchmark physical therapy kennesaw ga: Physical Therapy; a Career of Science and Service** American Physical Therapy Association, 1956

**benchmark physical therapy kennesaw ga: *Documentation for Rehabilitation*** Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations,

re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

**benchmark physical therapy kennesaw ga: Quick Reference Dictionary for Physical Therapy** Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

**benchmark physical therapy kennesaw ga: Clinical Physical Therapy** Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

**benchmark physical therapy kennesaw ga: Quick Reference to Physical Therapy** Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

**benchmark physical therapy kennesaw ga: Evidence Based Physical Therapy** Linda Fетters, Julie Tilson, 2018-10-02 Improve outcomes through evidence-based therapy. This practical, easy-to-use guide uses a five-step process to show you how to find, appraise, and apply the research in the literature to meet your patient's goals. You'll learn how to develop evidence-based questions specific to your clinical decisions and conduct efficient and effective searches of print and online sources to identify the most relevant and highest quality evidence. Then, you'll undertake a careful appraisal of the information; interpret the research; and synthesize the results to generate valid answers to your questions. And, finally, you'll use the Critically Appraised Topic (CAT) tool to communicate your findings. See what practitioners and students are saying about the previous edition... Great resource for applying evidence to practice. "The book is very clearly written with clinical examples, and in-depth questions. If you want a comprehensive book on statistics this is not the book for you, but it is an easily understandable introduction to physical therapy research which will help you to interpret the literature and apply it to your patients."

**benchmark physical therapy kennesaw ga: Acute Care Handbook for Physical Therapists - E-Book** Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. Acute Care Handbook for Physical Therapists, Third Edition helps you understand and interpret hospital protocol, medical terminology, and the

medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the Guide to Physical Therapist Practice, Second Edition Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the Guide to Physical Therapist Practice, Second Edition are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

**benchmark physical therapy kennesaw ga: Wellness and Holistic Physical Therapy, 2nd Edition** Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

**benchmark physical therapy kennesaw ga: Physical Therapy in Acute Care** Daniel Joseph Malone, Kathy Lee Bishop, 2020 The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve



patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, authors Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management--

**benchmark physical therapy kennesaw ga: Physical Therapy Documentation** Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

**benchmark physical therapy kennesaw ga: Teaching and Learning in Physical Therapy** Margaret M. Plack, MaryAnne Driscoll, 2017 Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application.

**benchmark physical therapy kennesaw ga: Effective Documentation for Physical Therapy Professionals, Second Edition** Eric Shamus, Debra F. Stern, 2011-05-09 Comprehensive textbook for the documentation material required in all Physical Therapy programs. Physical Therapy is one of the fastest growing professions in the US; if they want to get paid by third parties, they need to have a solid understanding of documentation. This book covers every aspect of documentation including reimbursement and billing, coding, legal issues, PT and PTA communication, as well as utilization review and quality assurance. Market / Audience Primary market are the 30,000 PT students based in the US, attending 210 programs. Secondary market: 155,000 clinicians currently practicing. The primary market for this book, students, has grown by 33% since 2003, when the first edition was published. About the Book From exercise prescriptions to patient evaluations, insurance forms, billing, and much more—Effective Documentation for Physical Therapy Professionals is your best choice for learning when, what, and how to document. Included are every essential aspect of documentation and many sample documents. The easy-to-follow format gives you the professional guidelines, codes, and methodology you need to provide expert documentation. Key Selling Features Includes all aspects of documentation including reimbursement and billing, coding, legal issues, PT-PT and PT-PTA communication, and utilization review/quality assurance. Sample documentation content, forms, exercises and questions are provided as appropriate. Uses current APTA terminology and all pertinent professional association regulations. Includes SOAP guidelines and examples as well as standardized forms and assessment tools The most up-to-date, comprehensive documentation book for Physical Therapy students and practitioners

on the market. Contains plenty of examples and exercises to provide practical knowledge to users of the text. Author Profiles Eric Shamus, DPT, PhD, CSCS has taught national and international continuing education courses on Orthopedics, Sports Medicine, and Manual Therapy, with a focus on documentation and reimbursement. He is presently a professor at Florida Gulf Coast University and works at an outpatient orthopedic facility in Fort Lauderdale. Debra F. Stern, PT, MSM, DBA is an Associate Professor at Nova Southeastern University in Fort Lauderdale, FL. She serves as a clinical instructor with a focus on geriatrics, neuromuscular disorders, and also coordinates service learning experiences for the school's PT department. She received her BS in Physical Therapy from SUNY Buffalo, her MSM from Rollins College, and her DBAS at Nova Southeastern.

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