BENCHMARK PHYSICAL THERAPY BURLINGTON NC

BENCHMARK PHYSICAL THERAPY BURLINGTON NC IS A LEADING PROVIDER OF REHABILITATIVE SERVICES IN BURLINGTON, NORTH CAROLINA, OFFERING COMPREHENSIVE CARE DESIGNED TO RESTORE MOVEMENT, ALLEVIATE PAIN, AND IMPROVE OVERALL QUALITY OF LIFE. THIS ARTICLE EXPLORES THE VARIOUS ASPECTS THAT MAKE BENCHMARK PHYSICAL THERAPY A TRUSTED CHOICE FOR INDIVIDUALS SEEKING EXPERT PHYSICAL THERAPY SERVICES IN BURLINGTON, NC. FROM PERSONALIZED TREATMENT PLANS TO ADVANCED THERAPEUTIC TECHNIQUES, PATIENTS CAN EXPECT CARE TAILORED TO THEIR UNIQUE NEEDS. THE DISCUSSION INCLUDES AN OVERVIEW OF SERVICES OFFERED, THE BENEFITS OF PHYSICAL THERAPY, AND WHAT PATIENTS CAN ANTICIPATE DURING THEIR VISITS. ADDITIONALLY, THE ARTICLE HIGHLIGHTS THE QUALIFICATIONS OF THE CLINICAL TEAM AND THE IMPORTANCE OF PHYSICAL THERAPY IN POST-INJURY AND CHRONIC CONDITION MANAGEMENT. FOR THOSE SEEKING EFFECTIVE REHABILITATION SOLUTIONS, UNDERSTANDING THE OFFERINGS AND ADVANTAGES OF BENCHMARK PHYSICAL THERAPY BURLINGTON NC IS ESSENTIAL. THE FOLLOWING SECTIONS PROVIDE DETAILED INSIGHTS INTO THE CENTER'S APPROACH, SPECIALTIES, AND PATIENT-CENTERED PHILOSOPHY.

- OVERVIEW OF BENCHMARK PHYSICAL THERAPY BURLINGTON NC
- Services Offered
- CONDITIONS TREATED
- BENEFITS OF PHYSICAL THERAPY
- THERAPEUTIC TECHNIQUES AND EQUIPMENT
- PATIENT EXPERIENCE AND CARE APPROACH
- QUALIFICATIONS OF THE PHYSICAL THERAPY TEAM

OVERVIEW OF BENCHMARK PHYSICAL THERAPY BURLINGTON NC

BENCHMARK PHYSICAL THERAPY BURLINGTON NC IS A SPECIALIZED OUTPATIENT FACILITY DEDICATED TO PROVIDING HIGH-QUALITY REHABILITATIVE CARE. THE CLINIC FOCUSES ON IMPROVING PATIENTS' FUNCTIONAL MOBILITY AND REDUCING PAIN THROUGH EVIDENCE-BASED TREATMENTS TAILORED TO INDIVIDUAL NEEDS. LOCATED IN THE HEART OF BURLINGTON, THIS FACILITY SERVES A DIVERSE POPULATION, INCLUDING ATHLETES, SENIORS, AND INDIVIDUALS RECOVERING FROM SURGERY OR INJURY. BENCHMARK PHYSICAL THERAPY EMPHASIZES A HOLISTIC APPROACH, COMBINING CLINICAL EXPERTISE WITH PERSONALIZED ATTENTION TO OPTIMIZE PATIENT OUTCOMES. THE CENTER IS EQUIPPED WITH MODERN TECHNOLOGY AND STAFFED BY LICENSED THERAPISTS COMMITTED TO ONGOING EDUCATION AND BEST PRACTICES IN PHYSICAL REHABILITATION.

SERVICES OFFERED

BENCHMARK PHYSICAL THERAPY BURLINGTON NC OFFERS A BROAD RANGE OF SERVICES DESIGNED TO ADDRESS VARIOUS MUSCULOSKELETAL AND NEUROLOGICAL CONDITIONS. THESE SERVICES AIM TO FACILITATE RECOVERY, PREVENT FUTURE INJURIES, AND ENHANCE PHYSICAL PERFORMANCE. EACH PATIENT RECEIVES A CUSTOMIZED TREATMENT PLAN DEVELOPED AFTER A THOROUGH EVALUATION.

ORTHOPEDIC REHABILITATION

ORTHOPEDIC REHABILITATION FOCUSES ON CONDITIONS INVOLVING BONES, JOINTS, MUSCLES, LIGAMENTS, AND TENDONS.

PATIENTS RECOVERING FROM FRACTURES, JOINT REPLACEMENTS, OR SOFT TISSUE INJURIES BENEFIT FROM TARGETED EXERCISES AND MANUAL THERAPY TECHNIQUES THAT RESTORE STRENGTH AND FLEXIBILITY.

SPORTS INJURY THERAPY

THIS SERVICE IS TAILORED TO ATHLETES OF ALL LEVELS, FOCUSING ON INJURY PREVENTION, ACUTE INJURY MANAGEMENT, AND PERFORMANCE ENHANCEMENT. THERAPISTS UTILIZE SPORT-SPECIFIC REHABILITATION PROTOCOLS TO SAFELY RETURN PATIENTS TO THEIR ACTIVITIES.

NEUROLOGICAL REHABILITATION

Neurological rehabilitation addresses disorders such as stroke, multiple sclerosis, or Parkinson's disease. Treatment includes balance training, coordination exercises, and functional mobility improvement to enhance independence.

POST-SURGICAL REHABILITATION

POSTOPERATIVE THERAPY IS ESSENTIAL FOR REGAINING FUNCTION AFTER SURGICAL PROCEDURES. BENCHMARK PHYSICAL THERAPY PROVIDES STRUCTURED PROGRAMS TO MINIMIZE COMPLICATIONS AND PROMOTE OPTIMAL HEALING.

CONDITIONS TREATED

BENCHMARK PHYSICAL THERAPY BURLINGTON NC TREATS A WIDE ARRAY OF CONDITIONS IMPACTING MOBILITY AND QUALITY OF LIFE. UNDERSTANDING THE SCOPE OF CONDITIONS MANAGED HELPS PATIENTS IDENTIFY APPROPRIATE CARE OPTIONS.

- BACK AND NECK PAIN
- ARTHRITIS AND JOINT DEGENERATION
- TENDONITIS AND BURSITIS
- SPORTS-RELATED INJURIES SUCH AS SPRAINS AND STRAINS
- Post-operative recovery from orthopedic surgeries
- Neurological disorders affecting motor function
- BALANCE DISORDERS AND FALL PREVENTION

BENEFITS OF PHYSICAL THERAPY

ENGAGING IN PHYSICAL THERAPY AT BENCHMARK PHYSICAL THERAPY BURLINGTON NC OFFERS NUMEROUS BENEFITS BEYOND PAIN RELIEF. THE COMPREHENSIVE APPROACH TARGETS UNDERLYING CAUSES OF DYSFUNCTION TO RESTORE OPTIMAL MOVEMENT AND PREVENT RECURRENCE.

PAIN MANAGEMENT

PHYSICAL THERAPY EMPLOYS MANUAL THERAPY, MODALITIES, AND EXERCISES TO REDUCE INFLAMMATION AND MODULATE PAIN PATHWAYS, PROVIDING A NON-PHARMACOLOGICAL ALTERNATIVE FOR PAIN CONTROL.

IMPROVED MOBILITY AND FUNCTION

CUSTOMIZED EXERCISE PROGRAMS ENHANCE STRENGTH, FLEXIBILITY, AND ENDURANCE, ENABLING PATIENTS TO PERFORM DAILY ACTIVITIES WITH GREATER EASE AND INDEPENDENCE.

INJURY PREVENTION

THERAPISTS IDENTIFY BIOMECHANICAL IMBALANCES AND MOVEMENT PATTERNS THAT CONTRIBUTE TO INJURY RISK, EDUCATING PATIENTS ON CORRECTIVE STRATEGIES AND SAFE EXERCISE TECHNIQUES.

ENHANCED RECOVERY

EARLY AND APPROPRIATE REHABILITATION ACCELERATES HEALING TIMELINES, REDUCES THE RISK OF COMPLICATIONS, AND SUPPORTS A QUICKER RETURN TO WORK OR SPORTS.

THERAPEUTIC TECHNIQUES AND EQUIPMENT

BENCHMARK PHYSICAL THERAPY BURLINGTON NC INTEGRATES A VARIETY OF THERAPEUTIC MODALITIES AND STATE-OF-THE-ART EQUIPMENT TO MAXIMIZE TREATMENT EFFICACY. THESE TOOLS ENABLE THERAPISTS TO PROVIDE TARGETED INTERVENTIONS BASED ON PATIENT-SPECIFIC NEEDS.

- MANUAL THERAPY INCLUDING JOINT MOBILIZATION AND SOFT TISSUE MASSAGE
- THERAPEUTIC EXERCISE PROGRAMS FOCUSING ON STRENGTH, BALANCE, AND FLEXIBILITY
- ELECTRICAL STIMULATION TO PROMOTE MUSCLE ACTIVATION AND PAIN RELIEF
- ULTRASOUND THERAPY TO ENHANCE TISSUE HEALING
- GAIT TRAINING AND BALANCE EQUIPMENT FOR NEUROLOGICAL AND ORTHOPEDIC PATIENTS
- FUNCTIONAL MOVEMENT ASSESSMENTS AND CORRECTIVE EXERCISE PLANNING

PATIENT EXPERIENCE AND CARE APPROACH

BENCHMARK PHYSICAL THERAPY BURLINGTON NC PRIORITIZES A PATIENT-CENTERED CARE MODEL THAT EMPHASIZES RESPECT, COMMUNICATION, AND INDIVIDUALIZED ATTENTION. FROM THE INITIAL EVALUATION THROUGH THE COMPLETION OF THERAPY, PATIENTS RECEIVE COMPREHENSIVE SUPPORT TO MEET THEIR REHABILITATION GOALS.

INITIAL EVALUATION AND ASSESSMENT

EACH PATIENT UNDERGOES A DETAILED ASSESSMENT TO IDENTIFY IMPAIRMENTS, FUNCTIONAL LIMITATIONS, AND PERSONAL GOALS. THIS FORMS THE FOUNDATION OF A TAILORED TREATMENT PLAN.

COLLABORATIVE GOAL SETTING

THERAPISTS WORK CLOSELY WITH PATIENTS TO ESTABLISH REALISTIC AND MEASURABLE GOALS, ENSURING ALIGNMENT WITH LIFESTYLE DEMANDS AND RECOVERY EXPECTATIONS.

ONGOING PROGRESS MONITORING

REGULAR REASSESSMENTS ALLOW ADJUSTMENTS TO TREATMENT PROTOCOLS, OPTIMIZING OUTCOMES AND ADDRESSING ANY EMERGING ISSUES PROMPTLY.

QUALIFICATIONS OF THE PHYSICAL THERAPY TEAM

THE CLINICAL STAFF AT BENCHMARK PHYSICAL THERAPY BURLINGTON NC CONSISTS OF LICENSED PHYSICAL THERAPISTS WITH EXTENSIVE TRAINING AND EXPERIENCE IN VARIOUS SPECIALTIES. COMMITMENT TO PROFESSIONAL DEVELOPMENT ENSURES THAT THERAPISTS REMAIN CURRENT WITH EVOLVING BEST PRACTICES.

- LICENSED PHYSICAL THERAPISTS (PTs) WITH STATE CERTIFICATION
- SPECIALTY CERTIFICATIONS IN ORTHOPEDICS, SPORTS THERAPY, AND NEUROLOGICAL REHABILITATION
- CONTINUING EDUCATION IN MANUAL THERAPY, EXERCISE SCIENCE, AND PAIN MANAGEMENT
- EXPERIENCED SUPPORT STAFF ASSISTING WITH PATIENT CARE AND ADMINISTRATIVE NEEDS

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC OFFER?

BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC OFFERS A RANGE OF SERVICES INCLUDING ORTHOPEDIC REHABILITATION, SPORTS INJURY TREATMENT, POST-SURGICAL THERAPY, PAIN MANAGEMENT, AND CUSTOMIZED EXERCISE PROGRAMS.

HOW CAN I BOOK AN APPOINTMENT AT BENCHMARK PHYSICAL THERAPY BURLINGTON, NC?

YOU CAN BOOK AN APPOINTMENT AT BENCHMARK PHYSICAL THERAPY BURLINGTON, NC BY CALLING THEIR CLINIC DIRECTLY, USING THEIR ONLINE APPOINTMENT REQUEST FORM ON THEIR WEBSITE, OR VISITING THE CLINIC IN PERSON.

DOES BENCHMARK PHYSICAL THERAPY BURLINGTON ACCEPT INSURANCE?

YES, BENCHMARK PHYSICAL THERAPY BURLINGTON ACCEPTS MOST MAJOR INSURANCE PLANS. IT IS RECOMMENDED TO CONTACT THE CLINIC DIRECTLY TO VERIFY IF YOUR SPECIFIC INSURANCE IS ACCEPTED.

WHAT MAKES BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC STAND OUT FROM OTHER CLINICS?

BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC STANDS OUT DUE TO ITS PERSONALIZED TREATMENT PLANS, HIGHLY TRAINED THERAPISTS, STATE-OF-THE-ART EQUIPMENT, AND A STRONG FOCUS ON PATIENT EDUCATION AND REHABILITATION.

ARE THERE ANY PATIENT REVIEWS AVAILABLE FOR BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC?

YES, PATIENTS HAVE SHARED POSITIVE REVIEWS HIGHLIGHTING THE PROFESSIONALISM, EFFECTIVE TREATMENTS, AND CARING STAFF AT BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC ON PLATFORMS SUCH AS GOOGLE, YELP, AND HEALTHGRADES.

WHAT CONDITIONS CAN BENCHMARK PHYSICAL THERAPY BURLINGTON, NC HELP TREAT?

BENCHMARK PHYSICAL THERAPY BURLINGTON, NC CAN HELP TREAT CONDITIONS SUCH AS SPORTS INJURIES, ARTHRITIS, BACK AND NECK PAIN, POST-OPERATIVE RECOVERY, NEUROLOGICAL DISORDERS, AND CHRONIC PAIN.

DOES BENCHMARK PHYSICAL THERAPY BURLINGTON OFFER TELEHEALTH OR VIRTUAL THERAPY SESSIONS?

BENCHMARK PHYSICAL THERAPY BURLINGTON, NC HAS ADAPTED TO CURRENT HEALTHCARE TRENDS AND MAY OFFER TELEHEALTH OR VIRTUAL THERAPY SESSIONS. IT IS BEST TO CONTACT THE CLINIC DIRECTLY TO CONFIRM AVAILABILITY.

WHAT ARE THE CLINIC HOURS FOR BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC?

THE TYPICAL CLINIC HOURS FOR BENCHMARK PHYSICAL THERAPY IN BURLINGTON, NC ARE MONDAY THROUGH FRIDAY FROM 8:00 AM TO 5:00 PM. HOWEVER, HOURS MAY VARY, SO CHECKING THEIR OFFICIAL WEBSITE OR CALLING AHEAD IS RECOMMENDED.

IS BENCHMARK PHYSICAL THERAPY BURLINGTON, NC SUITABLE FOR ATHLETES?

YES, BENCHMARK PHYSICAL THERAPY BURLINGTON, NC SPECIALIZES IN SPORTS INJURY REHABILITATION AND PERFORMANCE ENHANCEMENT, MAKING IT A GREAT CHOICE FOR ATHLETES LOOKING TO RECOVER OR IMPROVE THEIR PHYSICAL CONDITION.

ADDITIONAL RESOURCES

- 1. Comprehensive Guide to Benchmark Physical Therapy in Burlington, NC
 This book offers an in-depth overview of Benchmark Physical Therapy's services, approaches, and patient care standards in Burlington, North Carolina. It highlights the clinic's commitment to personalized rehabilitation programs and the latest therapeutic techniques. Readers will find valuable insights into the clinic's specialties, including sports injury recovery and post-operative rehabilitation.
- 2. REHABILITATION EXCELLENCE: THE BENCHMARK PHYSICAL THERAPY APPROACH
 FOCUSING ON THE METHODOLOGIES USED AT BENCHMARK PHYSICAL THERAPY IN BURLINGTON, THIS BOOK EXPLORES EVIDENCE-BASED PRACTICES THAT PROMOTE EFFECTIVE HEALING AND FUNCTIONAL RECOVERY. IT OUTLINES CASE STUDIES DEMONSTRATING SUCCESSFUL PATIENT OUTCOMES AND DISCUSSES HOW TECHNOLOGY INTEGRATES WITH HANDS-ON THERAPY. THE TEXT SERVES AS A USEFUL RESOURCE FOR BOTH PRACTITIONERS AND PATIENTS SEEKING TO UNDERSTAND ADVANCED REHABILITATION STRATEGIES.
- 3. Healing and Recovery: Patient Stories from Benchmark Physical Therapy Burlington, NC
 This collection of patient testimonials shares real-life experiences of individuals who have undergone treatment at Benchmark Physical Therapy. It provides hope and motivation by showcasing diverse recovery journeys, from Chronic pain management to athletic injury rehabilitation. The book emphasizes the clinic's compassionate care and customized treatment plans.
- 4. Physical Therapy Innovations at Benchmark Burlington

 Detailing the innovative treatments and equipment used at Benchmark Physical Therapy, this book highlights the clinic's role in setting new standards for physical rehabilitation in Burlington, NC. Topics include the

INTEGRATION OF MANUAL THERAPY, THERAPEUTIC EXERCISE, AND CUTTING-EDGE MODALITIES. IT IS DESIGNED FOR HEALTHCARE PROFESSIONALS INTERESTED IN THE LATEST ADVANCEMENTS IN PHYSICAL THERAPY.

- 5. Understanding Physical Therapy: A Burlington, NC Benchmark
- This beginner-friendly guide explains the fundamentals of physical therapy with a focus on the services available at Benchmark Physical Therapy in Burlington. It covers common conditions treated, what to expect during sessions, and tips for maximizing recovery. Ideal for new patients or those considering physical therapy as part of their healthcare plan.
- 6. Sports Injury Recovery at Benchmark Physical Therapy Burlington

 Geared towards athletes and active individuals, this book explores the specialized care provided by Benchmark Physical Therapy for sports-related injuries. It discusses injury prevention, rehabilitation protocols, and performance enhancement techniques. The book also provides advice on returning to activity safely and effectively after injury.
- 7. Post-Surgical Rehabilitation Strategies at Benchmark Physical Therapy
 This detailed guide focuses on the post-operative care programs offered by Benchmark Physical Therapy in Burlington, NC. It explains how tailored physical therapy aids in regaining strength, mobility, and function following surgery. The book includes timelines, exercises, and patient management tips to optimize recovery outcomes.
- 8. BENCHMARK PHYSICAL THERAPY BURLINGTON: A COMMUNITY HEALTH RESOURCE
 HIGHLIGHTING THE CLINIC'S INVOLVEMENT IN COMMUNITY HEALTH INITIATIVES, THIS BOOK EXPLORES HOW BENCHMARK PHYSICAL THERAPY CONTRIBUTES TO WELLNESS AND INJURY PREVENTION IN BURLINGTON. IT DISCUSSES OUTREACH PROGRAMS, EDUCATIONAL WORKSHOPS, AND PARTNERSHIPS WITH LOCAL ORGANIZATIONS. THE TEXT UNDERLINES THE IMPORTANCE OF ACCESSIBLE PHYSICAL THERAPY IN PROMOTING PUBLIC HEALTH.
- 9. Manual Therapy Techniques at Benchmark Physical Therapy Burlington
 This book provides a comprehensive overview of manual therapy techniques utilized at Benchmark Physical Therapy. It covers various hands-on methods such as mobilization, manipulation, and soft tissue massage, explaining their benefits in pain relief and functional improvement. The content is valuable for clinicians seeking to enhance their manual therapy skills and for patients wanting to understand their treatment.

Benchmark Physical Therapy Burlington Nc

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benchmark physical therapy burlington nc: *National Directory of Healthcare Critical Pathways* Marilyn Lang, 1995

benchmark physical therapy burlington nc: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practicce, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients

With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

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benchmark physical therapy burlington nc: Thomas Register of American Manufacturers , 2002 This basic source for identification of U.S. manufacturers is arranged by product in a large multi-volume set. Includes: Products & services, Company profiles and Catalog file.

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Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy burlington nc: Foundations: An Introduction to the **Profession of Physical Therapy** Stephen J. Carp, 2019-01-28 A unique blueprint to a successful

physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy burlington nc: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

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Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy burlington nc: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy burlington nc: Clinical Physical Therapy Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

benchmark physical therapy burlington nc: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical

reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

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