

# benchmark physical therapy stockbridge georgia

**benchmark physical therapy stockbridge georgia** is a premier healthcare provider specializing in rehabilitation and physical therapy services in the Stockbridge area. This facility is dedicated to offering personalized care plans that cater to the unique needs of each patient, whether recovering from injury, surgery, or managing chronic pain. With a team of licensed physical therapists and state-of-the-art equipment, Benchmark Physical Therapy ensures effective treatment strategies aimed at restoring mobility, reducing pain, and improving overall quality of life. This article delves into the comprehensive services offered by Benchmark Physical Therapy Stockbridge Georgia, their treatment approaches, and what patients can expect during their rehabilitation journey. Additionally, the discussion covers the benefits of choosing this facility and how it stands out in the competitive healthcare landscape. Whether seeking post-operative care or injury prevention programs, Benchmark Physical Therapy Stockbridge Georgia provides professional expertise tailored for optimal recovery.

- Overview of Benchmark Physical Therapy Stockbridge Georgia
- Services and Treatment Options
- Therapeutic Techniques and Technologies
- Patient Experience and Care Approach
- Benefits of Choosing Benchmark Physical Therapy
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## Overview of Benchmark Physical Therapy Stockbridge Georgia

Benchmark Physical Therapy Stockbridge Georgia is recognized as a leading rehabilitation center that offers specialized physical therapy services to individuals in and around Stockbridge. The clinic is staffed by licensed physical therapists who possess extensive experience in managing a wide range of musculoskeletal and neurological conditions. Their mission centers on delivering patient-focused care that promotes healing, enhances functionality, and prevents future injuries. The facility is equipped with modern tools and therapeutic modalities that support diverse treatment protocols, ensuring each patient receives the most appropriate and effective therapy. Benchmark Physical Therapy Stockbridge Georgia emphasizes a holistic

approach that integrates evaluation, treatment, education, and support to foster long-term wellness.

## **History and Reputation**

Since its establishment, Benchmark Physical Therapy in Stockbridge has built a strong reputation for clinical excellence and compassionate care. The center has consistently earned positive feedback from patients and healthcare providers alike, highlighting its commitment to quality outcomes and patient satisfaction. This reputation is grounded in evidence-based practices, continuous staff training, and a patient-centric philosophy that values individualized attention.

## **Team Qualifications**

The physical therapists at Benchmark Physical Therapy Stockbridge Georgia are highly qualified professionals licensed by state regulatory bodies. They undergo ongoing education to stay abreast of the latest advances in physical therapy techniques and rehabilitation science. This expertise enables them to design customized treatment plans that address the specific needs and goals of each patient, ensuring effective recovery and improved functional capacity.

## **Services and Treatment Options**

Benchmark Physical Therapy Stockbridge Georgia offers a comprehensive range of services designed to treat various conditions affecting the musculoskeletal and nervous systems. These services cater to patients recovering from injuries, surgeries, or managing chronic health issues.

### **Orthopedic Physical Therapy**

Orthopedic therapy focuses on conditions related to bones, joints, muscles, ligaments, and tendons. Patients with fractures, sprains, strains, arthritis, or post-surgical rehabilitation benefit from specialized programs that restore strength, flexibility, and mobility.

### **Neurological Rehabilitation**

This service targets patients suffering from neurological disorders such as stroke, multiple sclerosis, Parkinson's disease, and spinal cord injuries. The therapy aims to improve motor function, coordination, balance, and overall independence.

## **Pain Management**

Chronic pain conditions including back pain, neck pain, and fibromyalgia are addressed through tailored pain management strategies that incorporate physical modalities, therapeutic exercises, and patient education to reduce discomfort and enhance functionality.

## **Sports Injury Rehabilitation**

Benchmark Physical Therapy specializes in rehabilitating sports-related injuries, helping athletes return to their activities safely and efficiently. Programs include strength training, flexibility exercises, and injury prevention techniques.

## **Post-Surgical Rehabilitation**

Post-operative patients receive targeted therapy designed to accelerate healing, improve range of motion, and regain strength following procedures such as joint replacements, ligament repairs, or spinal surgeries.

## **Therapeutic Techniques and Technologies**

The use of advanced therapeutic techniques and technologies at Benchmark Physical Therapy Stockbridge Georgia enhances treatment efficacy and patient outcomes. The clinic integrates both traditional and modern modalities to provide comprehensive care.

## **Manual Therapy**

Manual therapy techniques, including joint mobilization and soft tissue manipulation, are employed to relieve pain, improve joint function, and facilitate tissue healing.

## **Therapeutic Exercise**

Customized exercise programs are developed to target specific muscle groups, improve strength, endurance, and flexibility. These exercises are essential components of rehabilitation protocols.

## **Modalities and Equipment**

The clinic uses a variety of modalities such as ultrasound, electrical stimulation, heat and cold therapy, and traction to support tissue repair and

pain relief.

## **Balance and Vestibular Training**

For patients with balance disorders or dizziness, specialized vestibular rehabilitation programs are designed to improve stability and reduce fall risk.

## **Functional Training**

This approach focuses on restoring patients' ability to perform daily activities and work-related tasks safely and efficiently.

## **Patient Experience and Care Approach**

Benchmark Physical Therapy Stockbridge Georgia prioritizes patient-centered care, ensuring that each individual receives attentive, respectful, and comprehensive treatment throughout their recovery journey.

## **Initial Evaluation and Assessment**

The patient experience begins with a detailed evaluation, including medical history review, physical examination, and functional assessment. This thorough process informs the development of an individualized treatment plan tailored to the patient's needs and goals.

## **Collaborative Goal Setting**

Therapists collaborate closely with patients to establish realistic and measurable goals that guide therapy sessions and track progress over time.

## **Ongoing Communication and Education**

Patients are educated about their conditions, treatment rationale, and self-management strategies. Regular communication ensures transparency and allows for adjustments to therapy based on patient feedback and clinical findings.

## **Supportive Environment**

The clinic fosters a supportive and motivating atmosphere, encouraging patients to remain engaged and committed to their rehabilitation programs.

# Benefits of Choosing Benchmark Physical Therapy

Selecting Benchmark Physical Therapy Stockbridge Georgia for rehabilitation offers numerous advantages that contribute to effective and timely recovery.

- **Expert Care:** Access to highly trained and experienced physical therapists specialized in diverse treatment areas.
- **Comprehensive Services:** Wide range of therapy options addressing various conditions and patient needs.
- **Customized Treatment Plans:** Individualized care strategies that promote optimal outcomes.
- **Convenient Location:** Easily accessible facility in Stockbridge, Georgia, minimizing travel time and enhancing appointment adherence.
- **Advanced Technology:** Utilization of modern therapeutic equipment and evidence-based techniques.
- **Patient-Centered Approach:** Emphasis on communication, education, and support throughout the rehabilitation process.

## Location and Accessibility

Benchmark Physical Therapy Stockbridge Georgia is strategically located to serve the local community and surrounding areas. The facility's convenient location enables easy access for patients seeking high-quality physical therapy services without extensive travel.

## Facility Amenities

The clinic is designed to accommodate patients comfortably with ample parking, accessible entrances, and welcoming treatment areas. These amenities contribute to a positive patient experience and ease of access for individuals with mobility challenges.

## Appointment Scheduling and Insurance

Efficient appointment scheduling systems ensure timely access to therapy sessions. Benchmark Physical Therapy Stockbridge Georgia accepts a variety of insurance plans, facilitating an affordable and streamlined payment process for patients.

# **Frequently Asked Questions**

## **What services does Benchmark Physical Therapy in Stockbridge, Georgia offer?**

Benchmark Physical Therapy in Stockbridge, Georgia offers services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, and pain management.

## **Where is Benchmark Physical Therapy located in Stockbridge, Georgia?**

Benchmark Physical Therapy is located at 4450 N Henry Blvd, Stockbridge, Georgia, providing easy access for residents in the area.

## **What are the office hours of Benchmark Physical Therapy in Stockbridge, GA?**

The office hours for Benchmark Physical Therapy in Stockbridge, Georgia are typically Monday through Friday from 8:00 AM to 6:00 PM; however, it is recommended to call ahead for exact hours.

## **Does Benchmark Physical Therapy accept insurance in Stockbridge, Georgia?**

Yes, Benchmark Physical Therapy in Stockbridge, GA accepts most major insurance plans, including Medicare and Medicaid, but it is best to verify with their office for specific coverage details.

## **How can I book an appointment with Benchmark Physical Therapy in Stockbridge, Georgia?**

You can book an appointment with Benchmark Physical Therapy in Stockbridge by calling their office directly or scheduling online through their official website if the option is available.

## **Are there any patient reviews available for Benchmark Physical Therapy in Stockbridge, GA?**

Yes, patients have reviewed Benchmark Physical Therapy positively for their professional staff, personalized care, and effective treatment plans on platforms like Google and Yelp.

## **What types of conditions are treated at Benchmark Physical Therapy in Stockbridge, Georgia?**

Benchmark Physical Therapy treats conditions such as sports injuries, arthritis, back and neck pain, post-operative rehabilitation, and neurological disorders.

## **Does Benchmark Physical Therapy in Stockbridge offer customized treatment plans?**

Yes, Benchmark Physical Therapy provides customized treatment plans tailored to each patient's specific condition and rehabilitation goals.

## **Is parking available at Benchmark Physical Therapy in Stockbridge, Georgia?**

Yes, there is ample parking available at Benchmark Physical Therapy's Stockbridge location for patient convenience.

## **Can Benchmark Physical Therapy in Stockbridge help with work-related injury rehabilitation?**

Yes, Benchmark Physical Therapy specializes in work-related injury rehabilitation, helping patients recover and return to work safely.

## **Additional Resources**

### *1. Healing Hands: The Story of Benchmark Physical Therapy in Stockbridge, Georgia*

This book chronicles the founding and growth of Benchmark Physical Therapy in Stockbridge. It offers insights into the clinic's commitment to patient-centered care and the innovative techniques they employ. Readers will gain an understanding of the local healthcare landscape and the clinic's role in improving community health.

### *2. Physical Therapy Innovations: A Case Study of Benchmark in Stockbridge, GA*

Focusing on cutting-edge physical therapy methods, this book highlights Benchmark Physical Therapy's adoption of new technologies and treatment protocols. It discusses how these innovations have enhanced patient outcomes and streamlined rehabilitation processes. The book serves as a valuable resource for practitioners and healthcare administrators.

### *3. Rebuilding Strength: Patient Success Stories from Benchmark Physical Therapy*

Through a collection of inspiring patient testimonials, this book showcases real-life recovery journeys at Benchmark Physical Therapy. Each story emphasizes the personalized care and dedicated support patients receive. It

provides hope and motivation for those undergoing physical therapy.

4. *Community Care: The Impact of Benchmark Physical Therapy in Stockbridge*  
This title explores how Benchmark Physical Therapy contributes to the well-being of the Stockbridge community beyond clinical treatments. It covers outreach programs, partnerships with local organizations, and health education initiatives. The book highlights the importance of community-focused healthcare.

5. *Mastering Mobility: Techniques and Practices at Benchmark Physical Therapy*  
Designed for physical therapy students and professionals, this book delves into the specific therapeutic techniques practiced at Benchmark. It includes detailed descriptions, case examples, and best practices for improving patient mobility and function. The text serves as both a guide and reference.

6. *The Business of Healing: Managing a Physical Therapy Clinic in Stockbridge*  
Offering a behind-the-scenes look at the operational side, this book discusses the challenges and strategies involved in running Benchmark Physical Therapy. Topics include marketing, patient retention, staff management, and regulatory compliance. It is ideal for healthcare entrepreneurs and clinic managers.

7. *Sports Rehabilitation at Benchmark: Strategies for Injury Recovery*  
This book focuses on sports injury rehabilitation programs provided by Benchmark Physical Therapy. It details assessment methods, treatment plans, and performance enhancement techniques tailored for athletes. Coaches, trainers, and therapists will find practical advice and evidence-based approaches.

8. *Physical Therapy and Aging: Care Approaches at Benchmark in Stockbridge*  
Addressing the needs of older adults, this book outlines specialized physical therapy services offered at Benchmark for aging populations. It discusses fall prevention, pain management, and maintaining independence through tailored exercise regimens. Caregivers and healthcare providers will benefit from its comprehensive coverage.

9. *Benchmark Physical Therapy: A Guide to Patient-Centered Rehabilitation*  
This comprehensive guide explains the philosophy and methodology behind Benchmark's patient-centered approach to rehabilitation. It covers assessment, goal setting, and collaborative treatment planning. The book is a useful resource for patients and therapists aiming to foster effective therapeutic relationships.

## **Benchmark Physical Therapy Stockbridge Georgia**

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**benchmark physical therapy stockbridge georgia:** *Annual Report* United States. Small Business Administration, 1983

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**benchmark physical therapy stockbridge georgia:** Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

**benchmark physical therapy stockbridge georgia:** Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for

evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

**benchmark physical therapy stockbridge georgia:** *Foundations of Physical Therapy* Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES \* Uses terminology based on APTA's new Guide to Physical Therapist Practice \* Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic \* Written by a single author for a uniform and cohesive presentation \* Includes the full text of the Model Practice Act for Physical Therapy

**benchmark physical therapy stockbridge georgia:** *Wellness and Holistic Physical Therapy, 2nd Edition* Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

**benchmark physical therapy stockbridge georgia:** *Quick Reference to Physical Therapy* Julie A. Pauls, Kathryn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

**benchmark physical therapy stockbridge georgia:** *Evidence Based Physical Therapy* Linda Fетters, Julie Tilson, 2018-10-02 Improve outcomes through evidence-based therapy. This practical, easy-to-use guide uses a five-step process to show you how to find, appraise, and apply the research in the literature to meet your patient's goals. You'll learn how to develop evidence-based questions specific to your clinical decisions and conduct efficient and effective searches of print and online sources to identify the most relevant and highest quality evidence. Then, you'll undertake a

careful appraisal of the information; interpret the research; and synthesize the results to generate valid answers to your questions. And, finally, you'll use the Critically Appraised Topic (CAT) tool to communicate your findings. See what practitioners and students are saying about the previous edition... Great resource for applying evidence to practice. "The book is very clearly written with clinical examples, and in-depth questions. If you want a comprehensive book on statistics this is not the book for you, but it is an easily understandable introduction to physical therapy research which will help you to interpret the literature and apply it to your patients."

**benchmark physical therapy stockbridge georgia: Teaching and Learning in Physical Therapy** Margaret M. Plack, MaryAnne Driscoll, 2017 Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application.

**benchmark physical therapy stockbridge georgia: Physical Therapy** Physical Therapy, American Physical Therapy Association, 1997

**benchmark physical therapy stockbridge georgia: Physical Therapy Documentation** Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

**benchmark physical therapy stockbridge georgia: Documentation for Rehabilitation** Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your

understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

**benchmark physical therapy stockbridge georgia: Expertise in Physical Therapy**

**Practice** Gail M. Jensen, 2007 \*\*Selected for Doody's Core Titles® 2024 in Physical Therapy\*\* This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrates the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

**benchmark physical therapy stockbridge georgia: Guide to Physical Therapist Practice**

American Physical Therapy Association, 2003

**benchmark physical therapy stockbridge georgia: Quick Reference Dictionary for Physical**

**Therapy** Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

**benchmark physical therapy stockbridge georgia: Wellness and Physical Therapy**

Sharon Fair, 2009-05 The focus of Wellness and Physical Therapy will be the application of wellness, particularly fitness wellness, to the practice and profession of physical therapy. The book addresses all items related to wellness in the Normative Model of Physical Therapist Professional Education: Version 2004, the Guide to Physical Therapist Practice, and APTA's Education Strategic Plan. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mixed approach of formalist and reader-response. An important text for all physical therapy students! Available resources include PowerPoints for instructors.

**benchmark physical therapy stockbridge georgia:** *Orthopaedic Physical Therapy* Robert A. Donatelli, Michael J. Wooden, 2009-08-14 - Six new chapters, covering topics such as strength training, screening for referral, neuromuscular rehabilitation, reflect the latest physical therapy practice guidelines. - Updated clinical photographs clearly demonstrate examination and treatment techniques. - A user-friendly design highlights clinical tips and other key features important in the clinical setting. - Terminology and classifications from the Guide to Physical Therapist Practice, 2nd Edition are incorporated throughout the text making descriptions easier to understand. - An emphasis on treatment of the individual rather than the dysfunction reflects current practice in physical therapy. - Video clips on the accompanying Evolve site demonstrate evaluation, exercise, and treatment techniques covered in the text.

**benchmark physical therapy stockbridge georgia: Physical Therapy in Acute Care** Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

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