

FOUNTAIN VALLEY PHYSICAL MEDICINE

FOUNTAIN VALLEY PHYSICAL MEDICINE REPRESENTS A SPECIALIZED BRANCH OF HEALTHCARE FOCUSED ON DIAGNOSING, TREATING, AND MANAGING PHYSICAL IMPAIRMENTS, DISABILITIES, AND PAIN. THIS DISCIPLINE, OFTEN REFERRED TO AS PHYSICAL MEDICINE AND REHABILITATION (PM&R), AIMS TO RESTORE FUNCTION AND ENHANCE THE QUALITY OF LIFE FOR PATIENTS SUFFERING FROM MUSCULOSKELETAL INJURIES, NEUROLOGICAL DISORDERS, AND CHRONIC PAIN CONDITIONS. FOUNTAIN VALLEY PHYSICAL MEDICINE INTEGRATES A VARIETY OF THERAPEUTIC TECHNIQUES, INCLUDING PHYSICAL THERAPY, MANUAL THERAPY, AND ADVANCED PAIN MANAGEMENT STRATEGIES. PATIENTS BENEFIT FROM A MULTIDISCIPLINARY APPROACH THAT EMPHASIZES NON-SURGICAL TREATMENTS AND PERSONALIZED REHABILITATION PLANS. THIS ARTICLE EXPLORES THE KEY ASPECTS OF FOUNTAIN VALLEY PHYSICAL MEDICINE, DETAILING ITS SERVICES, TREATMENT MODALITIES, COMMON CONDITIONS ADDRESSED, AND THE BENEFITS OF SEEKING SPECIALIZED CARE IN THIS REGION. THE FOLLOWING SECTIONS PROVIDE AN IN-DEPTH UNDERSTANDING OF HOW FOUNTAIN VALLEY PHYSICAL MEDICINE SUPPORTS RECOVERY AND PROMOTES LONG-TERM WELLNESS.

- OVERVIEW OF FOUNTAIN VALLEY PHYSICAL MEDICINE
- COMMON CONDITIONS TREATED
- DIAGNOSTIC AND TREATMENT SERVICES
- THERAPEUTIC TECHNIQUES AND MODALITIES
- BENEFITS OF FOUNTAIN VALLEY PHYSICAL MEDICINE
- CHOOSING THE RIGHT PHYSICAL MEDICINE PROVIDER

OVERVIEW OF FOUNTAIN VALLEY PHYSICAL MEDICINE

FOUNTAIN VALLEY PHYSICAL MEDICINE ENCOMPASSES A COMPREHENSIVE APPROACH TO REHABILITATIVE HEALTHCARE, FOCUSING ON THE PREVENTION, DIAGNOSIS, AND TREATMENT OF PHYSICAL DISABILITIES AND PAIN. THE FIELD IS PRIMARILY LED BY PHYSIATRISTS—PHYSICIANS SPECIALIZED IN PHYSICAL MEDICINE AND REHABILITATION—who COLLABORATE WITH THERAPISTS, NURSES, AND OTHER HEALTHCARE PROFESSIONALS TO DEVELOP INDIVIDUALIZED TREATMENT PLANS. THIS APPROACH PRIORITIZES RESTORING FUNCTIONAL ABILITIES, IMPROVING MOBILITY, AND REDUCING PAIN WITHOUT RESORTING TO INVASIVE SURGICAL PROCEDURES. THE SERVICES PROVIDED IN FOUNTAIN VALLEY ARE DESIGNED TO ADDRESS ACUTE INJURIES, CHRONIC CONDITIONS, AND POST-OPERATIVE RECOVERY, ENSURING PATIENTS REGAIN INDEPENDENCE AND IMPROVE THEIR OVERALL HEALTH STATUS.

SCOPE AND PHILOSOPHY

THE PHILOSOPHY OF FOUNTAIN VALLEY PHYSICAL MEDICINE REVOLVES AROUND HOLISTIC PATIENT CARE, TARGETING THE ROOT CAUSES OF PHYSICAL LIMITATIONS RATHER THAN MERELY ALLEVIATING SYMPTOMS. TREATMENT PLANS ARE PATIENT-CENTERED AND MULTIDISCIPLINARY, OFTEN INVOLVING PHYSICAL THERAPY, OCCUPATIONAL THERAPY, PAIN MANAGEMENT, AND ASSISTIVE DEVICES. THE GOAL IS TO EMPOWER PATIENTS THROUGH EDUCATION AND THERAPY, PROMOTING ACTIVE PARTICIPATION IN REHABILITATION AND LONG-TERM HEALTH MAINTENANCE.

KEY HEALTHCARE PROFESSIONALS

PRACTITIONERS IN FOUNTAIN VALLEY PHYSICAL MEDICINE INCLUDE:

- PHYSIATRISTS (PHYSICAL MEDICINE AND REHABILITATION PHYSICIANS)
- PHYSICAL THERAPISTS

- OCCUPATIONAL THERAPISTS
- PAIN MANAGEMENT SPECIALISTS
- REHABILITATION NURSES

THESE PROFESSIONALS WORK COLLABORATIVELY TO ADDRESS VARIOUS PATIENT NEEDS, FROM ACUTE INJURY CARE TO CHRONIC CONDITION MANAGEMENT.

COMMON CONDITIONS TREATED

FOUNTAIN VALLEY PHYSICAL MEDICINE CLINICS MANAGE A WIDE SPECTRUM OF CONDITIONS AFFECTING MUSCLES, BONES, NERVES, AND JOINTS. TREATMENT TARGETS BOTH ACUTE INJURIES AND CHRONIC DISORDERS TO OPTIMIZE FUNCTIONAL RECOVERY AND PAIN RELIEF.

MUSCULOSKELETAL DISORDERS

COMMON MUSCULOSKELETAL ISSUES ADDRESSED INCLUDE:

- BACK AND NECK PAIN
- ARTHRITIS AND JOINT DISORDERS
- SPORTS INJURIES SUCH AS SPRAINS, STRAINS, AND TENDONITIS
- FRACTURE REHABILITATION
- POST-SURGICAL RECOVERY

NEUROLOGICAL CONDITIONS

NEUROLOGICAL IMPAIRMENTS OFTEN REQUIRE SPECIALIZED REHABILITATION TO REGAIN MOTOR FUNCTION AND INDEPENDENCE. CONDITIONS TREATED INCLUDE:

- STROKE REHABILITATION
- SPINAL CORD INJURIES
- MULTIPLE SCLEROSIS
- PARKINSON'S DISEASE
- PERIPHERAL NEUROPATHY

CHRONIC PAIN MANAGEMENT

CHRONIC PAIN SYNDROMES, INCLUDING FIBROMYALGIA AND COMPLEX REGIONAL PAIN SYNDROME (CRPS), ARE MANAGED USING MULTIDISCIPLINARY TECHNIQUES TO IMPROVE PATIENT COMFORT AND FUNCTIONALITY.

DIAGNOSTIC AND TREATMENT SERVICES

ADVANCED DIAGNOSTIC TOOLS AND TREATMENT OPTIONS FORM THE BACKBONE OF EFFECTIVE FOUNTAIN VALLEY PHYSICAL MEDICINE. ACCURATE DIAGNOSIS IS ESSENTIAL FOR TAILORING APPROPRIATE REHABILITATION PROTOCOLS.

DIAGNOSTIC EVALUATIONS

DIAGNOSTIC SERVICES TYPICALLY INCLUDE:

- COMPREHENSIVE PHYSICAL EXAMINATIONS
- ELECTROMYOGRAPHY (EMG) AND NERVE CONDUCTION STUDIES
- IMAGING REFERRALS SUCH AS X-RAYS, MRI, AND CT SCANS
- FUNCTIONAL ASSESSMENTS TO EVALUATE MOBILITY AND STRENGTH

THESE EVALUATIONS HELP IDENTIFY THE EXTENT OF INJURY OR DYSFUNCTION AND GUIDE TREATMENT PLANNING.

TREATMENT MODALITIES

TREATMENT SERVICES IN FOUNTAIN VALLEY PHYSICAL MEDICINE INCORPORATE BOTH TRADITIONAL AND INNOVATIVE METHODS, INCLUDING:

- PHYSICAL THERAPY EXERCISES TO RESTORE STRENGTH AND FLEXIBILITY
- MANUAL THERAPY TECHNIQUES SUCH AS MASSAGE AND JOINT MOBILIZATION
- ULTRASOUND AND ELECTRICAL STIMULATION THERAPIES
- INJECTIONS LIKE CORTICOSTEROIDS AND NERVE BLOCKS FOR PAIN RELIEF
- CUSTOMIZED ORTHOTIC AND PROSTHETIC DEVICES

THERAPEUTIC TECHNIQUES AND MODALITIES

THERAPEUTIC INTERVENTIONS IN FOUNTAIN VALLEY PHYSICAL MEDICINE ARE DESIGNED TO PROMOTE HEALING, IMPROVE FUNCTION, AND DECREASE PAIN THROUGH EVIDENCE-BASED PRACTICES.

PHYSICAL THERAPY

PHYSICAL THERAPY IS CENTRAL TO REHABILITATION, USING TARGETED EXERCISES AND MODALITIES TO ENHANCE MUSCULAR STRENGTH, JOINT MOBILITY, AND CARDIOVASCULAR ENDURANCE. THERAPISTS DEVELOP PERSONALIZED PROGRAMS BASED ON PATIENT GOALS AND MEDICAL NEEDS.

MANUAL AND MOBILIZATION THERAPIES

HANDS-ON TECHNIQUES SUCH AS SOFT TISSUE MOBILIZATION, MYOFASCIAL RELEASE, AND JOINT MANIPULATION ARE USED TO

REDUCE PAIN AND IMPROVE MOVEMENT PATTERNS. THESE THERAPIES COMPLEMENT EXERCISE PROGRAMS AND FACILITATE FASTER RECOVERY.

PAIN MANAGEMENT STRATEGIES

CHRONIC AND ACUTE PAIN IS ADDRESSED THROUGH A COMBINATION OF PHARMACOLOGIC TREATMENTS, INTERVENTIONAL PROCEDURES, AND ALTERNATIVE THERAPIES, AIMING TO MINIMIZE DISCOMFORT WHILE IMPROVING FUNCTIONAL CAPACITY.

BENEFITS OF FOUNTAIN VALLEY PHYSICAL MEDICINE

ENGAGING IN PHYSICAL MEDICINE SERVICES IN FOUNTAIN VALLEY OFFERS NUMEROUS ADVANTAGES FOR PATIENTS SEEKING REHABILITATION AND PAIN MANAGEMENT.

Non-SURGICAL TREATMENT OPTIONS

MANY PATIENTS BENEFIT FROM CONSERVATIVE CARE APPROACHES THAT REDUCE THE NEED FOR SURGERY, MINIMIZING RISKS AND RECOVERY TIME. PHYSICAL MEDICINE EMPHASIZES RESTORING FUNCTION THROUGH LESS INVASIVE MEANS.

PERSONALIZED CARE PLANS

EACH PATIENT RECEIVES A CUSTOMIZED REHABILITATION PLAN TAILORED TO THEIR SPECIFIC CONDITION, LIFESTYLE, AND RECOVERY GOALS, ENSURING MORE EFFECTIVE AND SUSTAINABLE OUTCOMES.

IMPROVED QUALITY OF LIFE

BY ADDRESSING PAIN AND MOBILITY ISSUES, FOUNTAIN VALLEY PHYSICAL MEDICINE ENHANCES PATIENTS' ABILITY TO PERFORM DAILY ACTIVITIES, RETURN TO WORK, AND ENGAGE IN RECREATIONAL PURSUITS.

MULTIDISCIPLINARY APPROACH

COLLABORATION AMONG HEALTHCARE PROVIDERS ENSURES COMPREHENSIVE CARE ADDRESSING PHYSICAL, EMOTIONAL, AND SOCIAL ASPECTS OF RECOVERY AND WELL-BEING.

CHOOSING THE RIGHT PHYSICAL MEDICINE PROVIDER

SELECTING A QUALIFIED AND EXPERIENCED FOUNTAIN VALLEY PHYSICAL MEDICINE PROVIDER IS CRUCIAL FOR SUCCESSFUL REHABILITATION AND PAIN MANAGEMENT OUTCOMES.

CREDENTIALS AND EXPERTISE

LOOK FOR BOARD-CERTIFIED PHYSIATRISTS AND LICENSED THERAPISTS WITH SPECIALIZED TRAINING IN PHYSICAL MEDICINE AND REHABILITATION. EXPERIENCE WITH SPECIFIC CONDITIONS ENHANCES TREATMENT EFFECTIVENESS.

FACILITY RESOURCES

PROVIDERS WITH ACCESS TO ADVANCED DIAGNOSTIC EQUIPMENT, THERAPEUTIC TECHNOLOGIES, AND A MULTIDISCIPLINARY TEAM OFFER MORE COMPREHENSIVE CARE OPTIONS.

PATIENT-CENTERED APPROACH

CHOOSE A PROVIDER WHO EMPHASIZES COMMUNICATION, EDUCATION, AND PERSONALIZED CARE PLANS TO ENSURE ACTIVE PATIENT INVOLVEMENT AND TAILORED TREATMENT STRATEGIES.

INSURANCE AND ACCESSIBILITY

CONSIDER PROVIDERS WHO ACCEPT YOUR INSURANCE PLAN AND OFFER CONVENIENT LOCATION AND SCHEDULING TO FACILITATE CONSISTENT THERAPY ATTENDANCE AND CONTINUITY OF CARE.

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES FOUNTAIN VALLEY PHYSICAL MEDICINE OFFER?

FOUNTAIN VALLEY PHYSICAL MEDICINE OFFERS SERVICES SUCH AS PHYSICAL THERAPY, CHIROPRACTIC CARE, PAIN MANAGEMENT, REHABILITATION, AND INJURY RECOVERY TO HELP PATIENTS IMPROVE MOBILITY AND ALLEVIATE PAIN.

HOW CAN PHYSICAL MEDICINE HELP WITH CHRONIC PAIN IN FOUNTAIN VALLEY?

PHYSICAL MEDICINE IN FOUNTAIN VALLEY FOCUSES ON NON-SURGICAL TREATMENTS LIKE PHYSICAL THERAPY, MANUAL THERAPY, AND THERAPEUTIC EXERCISES TO REDUCE CHRONIC PAIN, IMPROVE FUNCTION, AND ENHANCE QUALITY OF LIFE.

ARE THERE SPECIALIZED TREATMENTS FOR SPORTS INJURIES AT FOUNTAIN VALLEY PHYSICAL MEDICINE?

YES, FOUNTAIN VALLEY PHYSICAL MEDICINE PROVIDES SPECIALIZED TREATMENTS FOR SPORTS INJURIES INCLUDING PHYSICAL THERAPY, REHABILITATION PROGRAMS, AND PERFORMANCE ENHANCEMENT TO AID ATHLETES IN RECOVERY AND PREVENT FUTURE INJURIES.

WHAT CONDITIONS ARE COMMONLY TREATED AT FOUNTAIN VALLEY PHYSICAL MEDICINE CLINICS?

COMMON CONDITIONS TREATED INCLUDE BACK AND NECK PAIN, ARTHRITIS, SPORTS INJURIES, POST-SURGICAL REHABILITATION, WORKPLACE INJURIES, AND NEUROLOGICAL DISORDERS.

DOES FOUNTAIN VALLEY PHYSICAL MEDICINE ACCEPT INSURANCE FOR TREATMENTS?

MOST FOUNTAIN VALLEY PHYSICAL MEDICINE CLINICS ACCEPT A VARIETY OF INSURANCE PLANS. IT IS RECOMMENDED TO CONTACT THE SPECIFIC CLINIC TO VERIFY INSURANCE COVERAGE AND PAYMENT OPTIONS.

HOW LONG DOES A TYPICAL PHYSICAL THERAPY SESSION LAST AT FOUNTAIN VALLEY PHYSICAL MEDICINE?

A TYPICAL PHYSICAL THERAPY SESSION AT FOUNTAIN VALLEY PHYSICAL MEDICINE USUALLY LASTS BETWEEN 45 MINUTES TO

AN HOUR, DEPENDING ON THE PATIENT'S CONDITION AND TREATMENT PLAN.

CAN FOUNTAIN VALLEY PHYSICAL MEDICINE HELP WITH RECOVERY AFTER SURGERY?

YES, FOUNTAIN VALLEY PHYSICAL MEDICINE PROVIDES POST-SURGICAL REHABILITATION TO HELP PATIENTS REGAIN STRENGTH, IMPROVE MOBILITY, AND ENSURE A SAFE AND EFFECTIVE RECOVERY PROCESS.

ADDITIONAL RESOURCES

1. *COMPREHENSIVE GUIDE TO FOUNTAIN VALLEY PHYSICAL MEDICINE*

THIS BOOK OFFERS AN IN-DEPTH OVERVIEW OF PHYSICAL MEDICINE PRACTICES SPECIFIC TO THE FOUNTAIN VALLEY REGION. IT COVERS DIAGNOSTIC TECHNIQUES, THERAPEUTIC INTERVENTIONS, AND REHABILITATION PROTOCOLS TAILORED TO LOCAL PATIENT DEMOGRAPHICS. HEALTHCARE PROFESSIONALS WILL FIND IT A VALUABLE RESOURCE FOR UNDERSTANDING REGIONAL HEALTH CHALLENGES AND TREATMENT STRATEGIES.

2. *REHABILITATION TECHNIQUES IN FOUNTAIN VALLEY PHYSICAL MEDICINE*

FOCUSING ON REHABILITATION, THIS BOOK DETAILS VARIOUS PHYSICAL THERAPY METHODS EMPLOYED IN FOUNTAIN VALLEY CLINICS. IT INCLUDES CASE STUDIES, EXERCISE REGIMENS, AND PAIN MANAGEMENT STRATEGIES DESIGNED TO OPTIMIZE PATIENT RECOVERY. THE TEXT IS IDEAL FOR THERAPISTS AND CLINICIANS AIMING TO ENHANCE THEIR REHABILITATIVE CARE.

3. *INNOVATIONS IN PAIN MANAGEMENT: FOUNTAIN VALLEY PHYSICAL MEDICINE APPROACHES*

THIS TITLE EXPLORES CUTTING-EDGE PAIN MANAGEMENT TECHNIQUES UTILIZED IN FOUNTAIN VALLEY PHYSICAL MEDICINE. IT DISCUSSES PHARMACEUTICAL, NON-PHARMACEUTICAL, AND INTERVENTIONAL STRATEGIES THAT IMPROVE PATIENT QUALITY OF LIFE. THE BOOK ALSO ADDRESSES MULTIDISCIPLINARY APPROACHES FOR CHRONIC PAIN CONDITIONS.

4. *MANUAL THERAPY PRACTICES IN FOUNTAIN VALLEY*

DEDICATED TO MANUAL THERAPY, THIS BOOK REVIEWS HANDS-ON TREATMENT METHODS SUCH AS MOBILIZATION AND MANIPULATION USED BY FOUNTAIN VALLEY PRACTITIONERS. IT PROVIDES PRACTICAL GUIDANCE ON TECHNIQUE APPLICATION, PATIENT ASSESSMENT, AND SAFETY CONSIDERATIONS. PHYSICAL THERAPISTS AND CHIROPRACTORS WILL BENEFIT FROM ITS DETAILED EXPLANATIONS.

5. *SPORTS MEDICINE AND PHYSICAL REHABILITATION IN FOUNTAIN VALLEY*

THIS BOOK BRIDGES SPORTS MEDICINE AND PHYSICAL REHABILITATION, FOCUSING ON INJURY PREVENTION AND RECOVERY FOR ATHLETES IN FOUNTAIN VALLEY. IT COVERS COMMON SPORTS INJURIES, THERAPEUTIC EXERCISES, AND PERFORMANCE ENHANCEMENT STRATEGIES. COACHES, TRAINERS, AND PHYSICAL THERAPISTS WILL FIND IT AN ESSENTIAL COMPENDIUM.

6. *NEUROLOGICAL REHABILITATION IN FOUNTAIN VALLEY PHYSICAL MEDICINE*

ADDRESSING NEUROLOGICAL DISORDERS, THIS TEXT OUTLINES REHABILITATION APPROACHES FOR CONDITIONS SUCH AS STROKE, MULTIPLE SCLEROSIS, AND TRAUMATIC BRAIN INJURY WITHIN FOUNTAIN VALLEY. IT EMPHASIZES NEUROPLASTICITY, PATIENT-CENTERED CARE, AND INNOVATIVE THERAPEUTIC MODALITIES. THE BOOK IS DESIGNED FOR NEUROLOGISTS AND REHABILITATION SPECIALISTS.

7. *ORTHOPEDIC PHYSICAL MEDICINE IN FOUNTAIN VALLEY: DIAGNOSIS AND TREATMENT*

THIS COMPREHENSIVE GUIDE COVERS ORTHOPEDIC CONDITIONS COMMONLY TREATED IN FOUNTAIN VALLEY PHYSICAL MEDICINE PRACTICES. IT INCLUDES DIAGNOSTIC CRITERIA, IMAGING INTERPRETATIONS, AND EVIDENCE-BASED TREATMENT PLANS. ORTHOPEDIC SURGEONS AND PHYSICAL MEDICINE PHYSICIANS WILL FIND THIS BOOK INDISPENSABLE.

8. *PEDIATRIC PHYSICAL MEDICINE IN FOUNTAIN VALLEY*

FOCUSING ON PEDIATRIC PATIENTS, THIS BOOK EXPLORES DEVELOPMENTAL DISORDERS, CONGENITAL CONDITIONS, AND REHABILITATION STRATEGIES USED IN FOUNTAIN VALLEY CLINICS. IT HIGHLIGHTS FAMILY-CENTERED APPROACHES AND MULTIDISCIPLINARY COLLABORATION TO SUPPORT CHILD HEALTH. PEDIATRICIANS AND THERAPISTS WILL APPRECIATE ITS SPECIALIZED CONTENT.

9. *INTEGRATIVE APPROACHES TO FOUNTAIN VALLEY PHYSICAL MEDICINE*

THIS BOOK DISCUSSES THE INTEGRATION OF CONVENTIONAL PHYSICAL MEDICINE WITH COMPLEMENTARY THERAPIES SUCH AS ACUPUNCTURE, MASSAGE, AND MINDFULNESS. IT EVALUATES THE EFFICACY AND SAFETY OF COMBINED TREATMENT PLANS TAILORED FOR FOUNTAIN VALLEY PATIENTS. PRACTITIONERS INTERESTED IN HOLISTIC CARE MODELS WILL FIND THIS TEXT

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fountain valley physical medicine: *Spasticity* Allison Brashear, Elie Elovic, Elie P. Elovic, 2010-08-31 A Doody's Core Title 2012 *Spasticity: Diagnosis and Management* is the first book solely dedicated to the diagnosis and treatment of spasticity. This pioneering work defines spasticity in the broad context of Upper Motor Neuron Syndrome and focuses not on a single component, but on the entire constellation of conditions that make up the UMNS and often lead to disability. *Spasticity: Diagnosis and Management* clearly defines the process for the diagnosis of spasticity, the basic science behind its pathophysiology, the measurement tools used for evaluation, and reviews the available treatment options. Divided into five sections, this comprehensive clinical resource provides a roadmap for assessing the complicated picture of spasticity and choosing the appropriate interventions. Therapies including oral medications, intrathecal baclofen, botulinum toxin and phenol, and surgical options are thoroughly discussed, as are non-medical therapies and the role of the emerging technologies. The full spectrum of diseases involving spasticity in adults and children and the unique diagnostic and management challenges they present is addressed by experienced clinicians. This text is a one-stop source for physicians, therapists and other members of the spasticity management team tasked with the goal of improving patient care and outcomes. Special Features of *Spasticity: Diagnosis and Management* include In-depth coverage of diagnoses, interventions, and outcomes across multiple pathologies Tools and clinical measurements for patient assessment Treatment-focused chapters outlining current medical and other therapeutic options Illustrated review of limb anatomy Hands-on guidance to chemodenervation techniques with botulinum toxin and phenol, and ITB management Disease-based chapters devoted to the full range of clinical conditions involving spasticity in adults and children Multidisciplinary perspective supporting a team approach to care

fountain valley physical medicine: *Spasticity, Second Edition* Allison Brashear, 2015-12-09 Since publication of the first edition, *Spasticity: Diagnosis and Management* has been the defining reference and go-to source for physicians, therapists, and other healthcare providers who care for patients with spasticity. For this new updated edition, Dr. Brashear and a diverse team of specialists have come together to integrate new research, clinical trials, measurement tools, therapies, and other recent advances that reflect this evolving field. The book is organized into four sections, each of which covers a broad scope of material. The first is a general overview of spasticity and its effects on movement in patients. Other chapters cover epidemiology and ancillary findings commonly associated with spasticity. Part II details assessment tools and measurements, treatment goals, and how to aim for realistic outcomes. Part III outlines various treatment modalities, including heavily updated chapters on the use of botulinum toxin in the upper and lower extremities, guidance techniques for injections, intrathecal baclofen, neuromodulation, surgery, physical therapy, and more. The last section, which contains several new chapters, discusses evaluation of outcomes and management of patients with stroke, traumatic brain injury, spinal cord injuries, multiple sclerosis, cerebral palsy, and cancer, followed by chapters on spasticity management in long-term care facilities and economic considerations. This book remains the most comprehensive guide to

diagnosis and management of spasticity in adults and children, and the revised second edition will continue to serve as an invaluable resource for professionals in any discipline who strive to provide quality care to spasticity patients. Key Features: Revised edition of the premier clinical reference on spasticity Incorporates the latest advances in assessment and treatment Contains six entirely new chapters highlighting key topics including Tardieu scale and other measurement tools, ultrasound guidance for botulinum toxin management, spasticity in special populations, emerging therapies, and economic impact More than 200 figures and 70 tables accompany the updated text

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fountain valley physical medicine: Directory of Medical Rehabilitation Programs , 1995

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new research interests of neuropsychologists: the study of the generalizability of neuropsychological test findings to everyday abilities, often referred to as the ecological validity of tests, and outcome studies of cognitive retraining treatments. Discovering the relationships between traditional neuropsychological tests and everyday behavior is important because the referral questions posed to neuropsychologists have changed. Now, the neuropsychologist is asked to comment on the patient's functional intellectual abilities as they relate to the everyday demands of home, work and educational settings. Of course, the development of cognitive retraining theory and procedures allows neuropsychologists to intervene in the treatment of the cognitive problems that the neuropsychological evaluation has documented. Since these approaches are still in their formative stages, they have been the subject of clinical lore, great controversy and little systematic research. This situation prompted one of our presenters to lament, Either you believe Cognitive Retraining is divinely inspired, or the work of the devil. There is apparently little middle ground. Given this state of affairs, the program committee of the Mid-South Conference on Human Neuropsychology decided to focus on the role of neuropsychologists in rehabilitation.

fountain valley physical medicine: Guide to Top Doctors Center for the Study of Services (Washington, D.C.), 1999 A guide to doctors most highly recommended by other doctors, organized by metropolitan area. Includes details on each doctor's training, credentials and office locations.

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