

# ian cron enneagram test

**ian cron enneagram test** is a specialized personality assessment tool designed to provide deep insights into an individual's character traits, motivations, and behavioral patterns. Developed with a focus on spiritual and psychological growth, this test integrates the principles of the Enneagram system with Ian Cron's unique approach to personal development. The ian cron enneagram test offers a comprehensive framework for understanding the nine distinctive personality types and how they influence one's interactions, decision-making, and emotional responses. This article explores the origins, methodology, benefits, and practical applications of the ian cron enneagram test, making it an essential resource for those interested in self-awareness and interpersonal dynamics. Additionally, readers will find guidance on how to interpret their results and utilize the insights for personal and professional growth. The following sections provide a detailed overview of the test and its relevance in contemporary personality assessment.

- Understanding the Ian Cron Enneagram Test
- The Nine Enneagram Personality Types
- How the Ian Cron Enneagram Test Works
- Benefits of Taking the Ian Cron Enneagram Test
- Applying Test Results for Personal Growth
- Common FAQs About the Ian Cron Enneagram Test

## Understanding the Ian Cron Enneagram Test

The ian cron enneagram test is a distinctive personality evaluation tool based on the ancient Enneagram model, which categorizes human personality into nine interconnected types. Ian Cron, a renowned author and spiritual leader, adapted this framework to emphasize emotional intelligence, spiritual maturity, and practical transformation. Unlike traditional Enneagram tests, this version delves deeper into the motivations and fears that drive individual behavior, offering a holistic approach to self-discovery.

This test is widely used in psychological counseling, spiritual direction, and leadership development programs. It helps individuals identify their core personality type, understand their blind spots, and recognize patterns that influence their relationships and decision-making processes. By merging psychological theories with spiritual insights, the ian cron enneagram test provides a powerful tool for fostering empathy, resilience, and personal accountability.

# The Nine Enneagram Personality Types

At the core of the ian cron enneagram test are the nine distinct personality types, each representing a unique set of traits, motivations, and fears. These types offer a comprehensive map of human behavior and can aid in understanding oneself and others more clearly.

## Overview of the Nine Types

Each Enneagram type reflects a specific pattern of thinking, feeling, and acting, shaped by underlying emotional drivers. The types are:

1. **Type 1: The Reformer** – Principled, purposeful, self-controlled, and perfectionistic.
2. **Type 2: The Helper** – Caring, interpersonal, generous, and people-pleasing.
3. **Type 3: The Achiever** – Success-oriented, adaptable, driven, and image-conscious.
4. **Type 4: The Individualist** – Sensitive, introspective, expressive, and emotionally complex.
5. **Type 5: The Investigator** – Perceptive, innovative, secretive, and isolated.
6. **Type 6: The Loyalist** – Committed, security-oriented, responsible, and anxious.
7. **Type 7: The Enthusiast** – Spontaneous, versatile, acquisitive, and scattered.
8. **Type 8: The Challenger** – Self-confident, decisive, confrontational, and protective.
9. **Type 9: The Peacemaker** – Easygoing, receptive, reassuring, and complacent.

Understanding these types allows individuals to recognize their default patterns and explore paths for growth and transformation.

## How the Ian Cron Enneagram Test Works

The ian cron enneagram test utilizes a series of carefully designed questions aimed at uncovering an individual's dominant personality traits and subconscious motivations. The test typically consists of multiple-choice

items that assess emotional responses, thought patterns, and behavioral tendencies. The responses are then analyzed to assign a primary Enneagram type along with possible secondary influences.

## Test Structure and Scoring

Participants respond to statements that reflect various dimensions of personality, such as how they handle stress, relate to others, and approach challenges. The scoring algorithm evaluates these answers to determine the closest alignment with one of the nine Enneagram types. In some formats, the test also indicates wings—adjacent types that influence the main personality type—and potential growth areas.

## Interpretation of Results

After completing the test, individuals receive a detailed profile explaining their core type's characteristics, strengths, and weaknesses. The report often includes suggestions for personal development, communication strategies, and ways to overcome typical pitfalls associated with the type. This interpretation is essential for applying the insights gained through the Ian Cron Enneagram test effectively.

## Benefits of Taking the Ian Cron Enneagram Test

The Ian Cron Enneagram test offers several advantages for individuals seeking to enhance self-awareness and improve interpersonal relationships. Its comprehensive nature makes it a valuable instrument in multiple contexts, from personal growth to professional development.

### Key Advantages

- **Enhanced Self-Understanding:** Identifies core motivations and fears that shape behavior.
- **Improved Relationships:** Facilitates empathy and better communication with others by understanding their personality types.
- **Emotional Intelligence Development:** Encourages recognition and management of emotional triggers and responses.
- **Spiritual Growth:** Supports deeper reflection and integration of personal values and beliefs.
- **Conflict Resolution:** Helps recognize patterns that contribute to conflicts and provides strategies for resolution.

- **Leadership Enhancement:** Guides leaders in understanding team dynamics and motivating diverse personalities.

## Applying Test Results for Personal Growth

The insights gained from the ian cron enneagram test serve as a foundation for intentional personal development. By understanding one's Enneagram type, individuals can identify areas for improvement and leverage their strengths more effectively.

## Strategies for Using Test Outcomes

1. **Self-Reflection:** Regularly review the personality profile to monitor growth and challenges.
2. **Mindful Behavior Adjustment:** Develop awareness of automatic reactions and consciously choose healthier responses.
3. **Goal Setting:** Create specific, measurable goals that address weaknesses and enhance strengths.
4. **Relationship Building:** Apply empathy and understanding to foster deeper connections and resolve misunderstandings.
5. **Continuous Learning:** Engage with additional resources such as books, workshops, and coaching related to the Enneagram.

## Common FAQs About the Ian Cron Enneagram Test

Many individuals have questions regarding the reliability, application, and interpretation of the ian cron enneagram test. Addressing these queries helps clarify its role and effectiveness.

## Is the Ian Cron Enneagram Test Scientifically Valid?

While the Enneagram system is not strictly a scientific instrument, it is widely respected in psychological and spiritual communities. The ian cron enneagram test combines empirical observations with spiritual insights, making it a useful tool for self-awareness rather than a diagnostic tool.

## **How Long Does the Test Take?**

The test usually takes between 15 and 30 minutes to complete, depending on the format and the depth of questions. The time investment is minimal compared to the potential benefits of gaining a nuanced understanding of oneself.

## **Can the Results Change Over Time?**

Yes, as individuals grow and evolve, their primary Enneagram type or the intensity of traits may shift. The test results reflect current patterns but also encourage ongoing self-discovery and transformation.

## **Is the Test Suitable for Professional Use?**

The Ian Cron Enneagram test is frequently utilized in professional settings such as coaching, leadership development, and team building. Its insights can improve workplace dynamics and enhance personal effectiveness.

## **Frequently Asked Questions**

### **Who is Ian Cron and what is the Enneagram test he promotes?**

Ian Cron is a well-known author and speaker specializing in the Enneagram, a personality typing system. He promotes the Enneagram test as a tool for self-discovery and personal growth.

### **How does Ian Cron's approach to the Enneagram test differ from others?**

Ian Cron emphasizes the spiritual and emotional aspects of the Enneagram, focusing on how the test can help individuals understand their core motivations and improve relationships, rather than just categorizing personality traits.

### **Where can I take the Ian Cron Enneagram test online?**

You can find Ian Cron's Enneagram test on his official website and affiliated platforms, which often include free and paid versions designed to provide insightful personality profiles.

## **Is the Ian Cron Enneagram test scientifically validated?**

While the Enneagram system is popular and widely used, it is considered more of a spiritual and psychological tool rather than a scientifically validated personality test. Ian Cron's approach is based on experiential and anecdotal evidence.

## **What are the benefits of taking the Ian Cron Enneagram test?**

Taking Ian Cron's Enneagram test can help individuals gain deeper self-awareness, identify personal strengths and weaknesses, improve emotional intelligence, and foster healthier relationships.

## **Can Ian Cron's Enneagram test help with professional development?**

Yes, Ian Cron's Enneagram test can provide insights into workplace behavior, communication styles, and leadership potential, making it useful for professional growth and team dynamics.

## **Are there books by Ian Cron that complement the Enneagram test?**

Yes, Ian Cron has authored books such as 'The Road Back to You' which delve into the Enneagram types and provide detailed guidance on understanding oneself and others, complementing the insights gained from the test.

## **Additional Resources**

### *1. The Road Back to You: An Enneagram Journey to Self-Discovery*

This book by Ian Morgan Cron and Suzanne Stabile introduces readers to the Enneagram personality system, offering deep insights into nine core personality types. It combines storytelling with practical advice, helping readers understand themselves and others better. The approachable style makes it ideal for those new to the Enneagram or anyone seeking personal growth.

### *2. Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types*

Authored by Don Richard Riso and Russ Hudson, this comprehensive guide delves into the psychology and spirituality behind the Enneagram types. It provides detailed descriptions, growth paths, and exercises tailored to each type. Ideal for readers who want a thorough understanding beyond the basics.

### *3. The Enneagram Made Easy: Discover the 9 Types of People*

By Renee Baron and Elizabeth Wagele, this accessible book simplifies the

Enneagram framework for beginners. It uses humor and relatable examples to explain the nine personality types, making it a light yet informative read. Great for those seeking a quick introduction to the Enneagram.

#### *4. Personality Types: Using the Enneagram for Self-Discovery*

Richard Rohr and Andreas Ebert explore the Enneagram from a spiritual perspective in this book, emphasizing its use as a tool for self-awareness and transformation. They provide insights into how the Enneagram can aid in healing and growth. This book is suited for readers interested in the intersection of psychology and spirituality.

#### *5. The Complete Enneagram: 27 Paths to Greater Self-Knowledge*

Beatrice Chestnut offers an in-depth look at the Enneagram, including the subtypes and nuanced variations within each type. This book is comprehensive and detailed, covering how different instincts shape personality dynamics. A valuable resource for those wanting to deepen their Enneagram expertise.

#### *6. Enneagram Transformations: Releases and Affirmations for Healing Your Personality Type*

By Don Richard Riso, this book focuses on practical exercises and affirmations designed to help readers overcome the limitations of their Enneagram type. It's a hands-on guide for personal development and emotional healing. Perfect for those ready to apply the Enneagram in daily life.

#### *7. The Essential Enneagram: The Definitive Personality Test and Self-Discovery Guide*

David Daniels and Virginia Price provide a straightforward personality test and concise descriptions of each Enneagram type. The book is designed as a quick reference for self-discovery and better understanding of interpersonal dynamics. Suitable for individuals and professionals seeking a practical tool.

#### *8. The Enneagram: Understanding Yourself and the Others In Your Life*

Helen Palmer offers an in-depth exploration of the Enneagram's origins and applications, focusing on how it enhances relationships and communication. The book includes stories and practical advice tailored to each type. It is recommended for readers interested in improving personal and professional relationships.

#### *9. The Path Between Us: An Enneagram Journey to Healthy Relationships*

Ian Morgan Cron and Suzanne Stabile return with a focus on how the Enneagram can improve romantic and interpersonal relationships. This book highlights communication strategies and growth opportunities for each personality type. Ideal for couples and anyone looking to foster deeper connections.

## **[Ian Cron Enneagram Test](#)**

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**ian cron enneagram test: Enneagram Theology** Rhenn Cherry, 2021-08-16 The enneagram has become popular among evangelical Christians as a spiritualized personality typology that claims to help people better understand themselves and others. Several influential evangelical Christian leadership ministries have promoted the enneagram as a tool in forming and maintaining effective ministry teams, and the personality typology is now taught and embraced at several Christian universities. But uncertainty exists about the appropriateness of referring to the Enneagram as a Christian tool. Are pastors and Christian institutional leaders aware of the theology associated with the Enneagram? *Enneagram Theology: Is It Christian?* provides a biblical critique of the Enneagram's underlying theology and exposes not only its foundational theological contradictions with orthodox evangelical theology but also some potential dangers to the church.

**ian cron enneagram test: The Helper** Elisabeth Bennett, 2020-09-15 *The Helper: Growing as an Enneagram 2* is designed to help Twos better understand how God created them and how best to use their unique gifts to serve Him and love others. This sixty-day devotional features a full explanation of what the Enneagram is and how it benefits people, followed by a description of what it means to be a Two, including their deadly sin of pride and their greatest strength, boldness. Caring and focused on others, Twos are motivated by giving and receiving love, but they are not doormats. The sixty days are split into six 10-day topics that include uniqueness, weakness, strength, pain points, and where Twos go in times of stress and growth.

**ian cron enneagram test: Summary of The Road Back to You** by Ian Morgan Cron and Suzanne Stabile QuickRead, Lea Schullery, Begin your journey to self-enlightenment as you learn your personality type as well as the ins and outs of your strengths and weaknesses. We've all heard the phrase "ignorance is bliss," however, ignorance in self-awareness is dangerous and can damage your relationships with yourself and with others around you. If you can't understand why you react the way you do, then how can you expect others to? The first step to healing your relationships and to loving yourself is through learning about your personality. With the Enneagram diagram, you can not only learn your personality type, but you can also learn how you react in certain situations. Once you know your Enneagram number, you can begin your journey to self-enlightenment and begin to improve your relationship with yourself and your loved ones. Want more free books like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. DISCLAIMER: This book summary is meant as a preview and not a replacement for the original work. If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be. If you are the original author of any book on QuickRead and want us to remove it, please contact us at [hello@quickread.com](mailto:hello@quickread.com)

**ian cron enneagram test: The Present Professor** Elizabeth A. Norell, 2024-12-03 It's hard to learn when you're under stress, and a lot harder when your teacher is struggling with stress, too. In a world where stress is unavoidable—where political turmoil, pandemic fallout, and personal challenges touch everyone—this timely book offers much-needed guidance for cutting through the emotional static that can hold teachers back. A specialist in pedagogical strategies with extensive classroom experience, Elizabeth A. Norell explains how an educator's presence, or authenticity, can be critical to creating transformational spaces for students. And presence, she argues, means uncovering and understanding one's own internal struggles and buried insecurities—stresses often left un confronted in an academic culture that values knowing over feeling. Presenting the research on how and why such inner work unlocks transformational learning, *The Present Professor* equips educators with the tools for crafting a more authentic presence in their teaching work. At a time of crisis in higher education, as teachers struggle to find new ways to relate to, think about, and instruct students, this book holds a key. Implementing more inclusive pedagogies, Norell suggests,



requires sorting out our own identities. In short, if we want to create spaces where students have the confidence, comfort, and psychological safety to learn and grow, we have to create spaces where we do, too. The Present Professor is dedicated to that proposition, and to helping educators build that transformational space.

**ian cron enneagram test: The Intersection: Faith, Work, and Life** Dr. Robert C. Varney, Hugh W. Brandt, 2024-06-24 The Intersection Faith, Work, and Life Thought-provoking, yet accessible, The Intersection delves into the profound topic of work and its significance in the lives of Christians. Through a collection of insightful essays, it not only aims to bridge the gap between faith and work, challenging readers to reconsider their understanding of a balanced life and embrace a more integrated approach; it invites readers to ask themselves the question, "What role did God place me here to play in his story?" "This is a joyful gem of a book that invites every person to contemplate how they show up with God for their family, work, and earthkeeping, and then to live it out" Samuel E. Chiang Deputy Secretary General of the World Evangelical Alliance For decades now, I have witnessed the near non-existence of the practical intersection between faith and work. The sacred-secular divide is pervasive, rendering work forever inferior. The result is confusion and ineffectiveness as we try to straddle these two disconnected worlds. The call to return to God's design is desperately needed, a message that can transform communities, cities, and nations. The book you hold in your hands is compact, memorable, and rich in wisdom. Properly applied, it can unlock a wonderful new freedom to be all God intended for you personally and for your work. John D. Beckett Chairman, The Beckett Companies Sometimes advancing the kingdom of God is relegated to religious activities on Sundays. Not so in this book. Bob Varney and Hugh Brandt show us in very practical and inspirational ways how people in every walk of life can advance God's good purposes every day of the week. This is because God cares for what you do on Monday through Saturday as well. If Jesus is not Lord of all, he is not Lord at all. I encourage you to read this brief masterpiece with the intent of becoming a tsaddiq who will daily live a lifestyle of integrated kingdom service in his/her community. David Joel Hamilton Vice President for Strategic Innovation at Youth with a Mission's University of the Nations

**ian cron enneagram test: The Sacred Enneagram** Christopher L. Heuertz, 2017-09-05 Most of us spend a lifetime trying to figure out who we are and how we relate to others and God. The Enneagram is here to help. Far more than a personality test, author Chris Heuertz teaches us that the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat, but the Enneagram uniquely reveals nine ways we get lost, as well as nine ways we find our way home to our true self and to God. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you: Understand the why behind your type beyond caricatures and stereotypes Identify and find freedom from self-destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today's broken world Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Praise for The Sacred Enneagram: Integrated within these pages is Chris's extensive knowledge and understanding of this ancient tool, along with depth in his teaching of contemplative spirituality as practiced by Jesus. Readers are offered a powerful way forward in their unique journey of spiritual transformation through aligning Christian contemplative prayer postures to specific Enneagram types. --Nina M. Barnes, Dean of Spiritual Formation & Leadership, University of Northwestern-St. Paul The Sacred Enneagram is a groundbreaking contribution to the Enneagram community, providing unique spiritual growth insights for all nine types. If you're not yet convinced of the value, depth, and accuracy of the Enneagram, Chris demystifies and makes this ancient wisdom more accessible than ever. --George Mekhail, pastor, The Riverside Church NYC

**ian cron enneagram test: The Enneagram for Christian Couples** Dani Cooper, 2022-03-08 Grow as a couple and as Christians with the Enneagram Recognizing your true self is essential to cultivating a strong relationship with your partner and with God. The Enneagram for Christian Couples offers expert insight into the Enneagram (a personality assessment with 9 distinct types),

coupled with Scripture-based guidance to help you and your partner grow together and with Christ. What sets this Christian Enneagram book apart: Enneagram assessments—Discover your personality type through a series of easy assessments, and learn about core traits, communication style, common conflicts, and more. Powerful partnership—Gain a deeper understanding of the interplay between each personality type and how you and your partner can use this knowledge to best support one another. Scriptural guidance—This Enneagram book draws a clear connection between the Enneagram and Christianity, using excerpts from Scripture to highlight how knowing our true selves can bring us closer to God. Tap into the power of the Enneagram to fortify your faith in your partner and the Lord.

**ian cron enneagram test: The Enneagram of Emotional Intelligence** Scott Allender, 2023-04-25 Emotional Intelligence (EQ) is one of the biggest predictors of personal and professional success, and the key to effectively developing your EQ is tying it to your own personality type. In this book, certified EQ coach and Enneagram teacher Scott Allender helps you chart a personality-specific path toward lasting emotional intelligence and health. Allender uses the popular Enneagram framework to illuminate how each of the nine personality types aligns with the five essential skills of emotional intelligence: self-perception, self-expression, interpersonal relationships, decision making, and stress management. You'll discover how to · break free from the hidden fears that dictate your choices · make more intentional decisions · better understand the emotional dynamics of colleagues, friends, and family · and more In this journey toward radical self-awareness, you'll learn how to combat the self-limiting beliefs that keep you from living the life you were meant to live all along.

**ian cron enneagram test: How White Evangelicals Think** Dave Verhaagen, 2022-08-16 The majority of Americans have looked on in some combination of horror and befuddlement as many white Christians, particularly evangelicals, have revealed beliefs and opinions seemingly antithetical to the Christian faith, whether holding racist attitudes, supporting conspiracy theories, aligning with nationalistic and authoritarian movements, or becoming hostile toward the different and marginalized. Dr. Dave Verhaagen, a nationally board-certified psychologist and author, tackles the challenge of explaining the psychology behind what has become the unique mind of the modern white Christian. Each chapter explores one or more robust psychological principles that help make sense of why white Christians think like they do.

**ian cron enneagram test: Becoming Us** Beth McCord, Jeff McCord, 2019-07-02 How Christian couples can understand their personality types—and build a more powerful bond of love. He doesn't listen to me . . . I don't understand her . . . Why do we keep having the same fight? If you've ever felt baffled by the person you married, join Enneagram Coach Beth McCord and her husband, Pastor Jeff McCord, as they pull back the curtain to reveal why you and your spouse behave in different ways. Applying the Enneagram through the lens of the gospel, they provide practical steps, insights, and tools to better understand yourself and each other. This book will help you: Answer the question, "Why do they do that?" Stop committing "assumicide" about each other's motives and dramatically improve your communication Relate to your spouse in ways they actually understand Awaken a tired marriage that feels like it's on cruise control Defuse conflict before it starts, especially the same old "dance" Enjoy your spouse again, even if you've loved each other for years! Whether you're preparing for marriage or celebrating a fiftieth anniversary, *Becoming Us* will revolutionize the way you understand yourself and your spouse, and transform your marriage into the powerful, loving, and satisfying relationship that God intended. "An insightful resource for those who want to understand themselves, their spouse, and their marriage through the lens of faith and the tool of the Enneagram." —Ian Morgan Cron, Enneagram expert and author of *The Road Back to You*

**ian cron enneagram test: Friendship--It's Complicated** Andi Andrew, 2021-10-05 Too often our friendships with other women can be marked by drama, competition, betrayal, and unforgiveness. As women, we can cause one another deep pain, creating wounds in need of healing. But we were made for connection and healthy friendships with other women to cheer each other on and fulfill our God-breathed purpose—together. Through vulnerable personal stories laden with joy, heartache,

mistakes, and lessons learned, Andi invites you on a journey of navigating the complications that can come in friendships with other women. With practical and biblical applications throughout, this book will empower you to do the work by first facing yourself and untangling the mess, then seeking reconciliation for genuine connection, and building authentic friendships, even when it's been painful or complicated in the past.

**ian cron enneagram test: Summary of Ian Morgan Cron & Suzanne Stabile's The Road Back to You** Swift Reads, 2020-12-23 Buy now to get the insights from Ian Morgan Cron & Suzanne Stabile's *The Road Back to You*. Sample Insights: 1) The Enneagram is an ancient, nine-pointed geometric figure used as a personality typing system. It is not a test but a tool for self-discovery. It's a way to understand how your personality shapes your thoughts, feelings, and actions. 2) Most people assume they understand who they are when they don't. The Enneagram helps people develop the kind of self-knowledge they need to understand who they are and why they see and relate to the world the way they do.

**ian cron enneagram test: You're Not Enough (And That's Okay)** Allie Beth Stuckey, 2025-09-02 From one of the sharpest Christian voices of her generation and host of the podcast *Relatable* comes a framework for escaping our culture of trendy narcissism—and embracing God instead. We're told that the key to happiness is self-love. Instagram influencers, mommy bloggers, self-help gurus, and even Christian teachers promise that if we learn to love ourselves, we'll be successful, secure, and complete. But the promise doesn't deliver. Instead of feeling fulfilled, our pursuit of self-love traps us in an exhausting cycle: as we strive for self-acceptance, we become addicted to self-improvement. The truth is we can't find satisfaction inside ourselves because we are the problem. We struggle with feelings of inadequacy because we are inadequate. Alone, we are not good enough, smart enough, or beautiful enough. We're not enough--period. And that's okay, because God is. The answer to our insufficiency and insecurity isn't self-love, but God's love. In Jesus, we're offered a way out of our toxic culture of self-love and into a joyful life of relying on him for wisdom, satisfaction, and purpose. We don't have to wonder what it's all about anymore. This is it. This book isn't about battling your not-enoughness; it's about embracing it. Allie Beth Stuckey, a Christian, conservative new mom, found herself at the dead end of self-love, and she wants to help you combat the false teachings and self-destructive mindsets that got her there. In this book, she uncovers the myths popularized by our self-obsessed culture, reveals where they manifest in politics and the church, and dismantles them with biblical truth and practical wisdom.

**ian cron enneagram test: The Road Back to You Study Guide** Ian Morgan Cron, Suzanne Stabile, 2016-10-04 Want to go deeper into the Enneagram? This content-rich companion to *The Road Back to You* features helpful tools for growth, new material about Triads, five study sessions, and additional personal reflections about each type. Whether you are on your own or in a group, this guide will help you to grow in knowledge of yourself, compassion for others, and love for God.

**ian cron enneagram test: The 9 Points of Potential** Ingrid Stabb, 2025-08-12 A revolutionary take on the enneagram test that provides a unique way of looking at your greatest strengths in the workplace and how to use them to succeed as a business leader and team player. Everyone in their respective workplace aims to be efficient, adhere to deadlines, and contribute meaningfully to the bottom line. But what if we examined our talents through a different typology? One that looks at emotional intelligence, reasoning, excellence, diligence, and bearing? *The 9 Points of Potential* introduces a new Enneagram test that will help you identify your greatest talents and equip you with strategies to use them to your greatest output and benefit, all while harnessing the power of collaboration to achieve across-the-board success. This personality-based comprehensive model for high achievement will help you to: Utilize your specific skillset to manage your time and workload more effectively Collaborate and communicate effectively with colleagues Excel as a leader and team player By knowing how to bring your best innate self to the table, both with your own traits and understanding the dynamics of others, you will be able to navigate through any challenge and reach your loftiest goals.

**ian cron enneagram test: Reading People** Anne Bogel, 2017-09-19 If the viral BuzzFeed-style

personality quizzes are any indication, we are collectively obsessed with the idea of defining and knowing ourselves and our unique place in the world. But what we're finding is this: knowing which Harry Potter character you are is easy, but actually knowing yourself isn't as simple as just checking a few boxes on an online quiz. For readers who long to dig deeper into what makes them uniquely them (and why that matters), popular blogger Anne Bogel has done the hard part--collecting, exploring, and explaining the most popular personality frameworks, such as Myers-Briggs, StrengthsFinder, Enneagram, and others. She explains to readers the life-changing insights that can be gained from each and shares specific, practical real-life applications across all facets of life, including love and marriage, productivity, parenting, the workplace, and spiritual life. In her friendly, relatable style, Bogel shares engaging personal stories that show firsthand how understanding personality can revolutionize the way we live, love, work, and pray.

**ian cron enneagram test: Understanding Ruptured Mother-Daughter Relationships**

Khara Croswaite Brindle, 2023-06-05 How can therapists feel prepared to address the possible treatment focus of ruptured maternal relationships in the therapeutic space? Depending on the client, the goal of therapy may be to repair an estranged maternal relationship or to finalize parental estrangement and redefine themselves. This book focuses on identifying the estrangement cycle for clinical application with adult women clients by mental health professionals. It provides clinical tools to address the challenges of estrangement and adjustment needs of these clients within the spheres of personal identity, relationships, and grief and loss to promote personal growth and healing in the therapeutic space. It also engages readers by illustrating different stages of estrangement through client vignettes and by providing practical tools for mental health professionals to create a supportive and nonjudgmental space. With this resource, clinicians and clients will feel better equipped with the skills needed to tackle the emotional rollercoaster that is Estrangement Energy. The companion resource website can be found here: <https://www.estrangementenergycycle.com/>

**ian cron enneagram test: Sacred Pathways** Gary Thomas, 2020-09-08 Sacred Pathways

reveals nine distinct spiritual temperaments--and their strengths, weaknesses, and tendencies--to help you improve your spiritual life and deepen your personal walk with God. It's time to strip away the frustration of a one-size-fits-all spirituality and discover a path of worship that frees you to be you. Experienced spiritual directors, pastors, and church leaders recognize that all of us engage with God differently, and it's about time we do too. In this updated and expanded edition of Sacred Pathways, Gary Thomas details nine spiritual temperaments and--like the Enneagram and other tools do with personality--encourages you to investigate the ways you most naturally express yourself in your relationship with God. He encourages you to dig into the traits, strengths, and pitfalls in your devotional approach so you can eliminate the barriers that keep you locked into rigid methods of worship and praise. Plus, as you begin to identify and understand your own temperament, you'll soon learn about the temperaments that aren't necessarily you but that may help you understand the spiritual tendencies of friends, family, and others around you. Whatever temperament or blend of temperaments best describes you, rest assured it's not by accident. It's by the design of a Creator who knew what he was doing when he made you according to his own unique intentions. If your spiritual walk is not what you'd like it to be, you can change that, starting here. Sacred Pathways will show you the route you were made to travel, marked by growth and filled with the riches of a close walk with God. A Sacred Pathways video Bible study is also available for group or individual use, sold separately.

**ian cron enneagram test: The Interplay of Psychology and Spirituality** Alexandra M. Hepburn,

2025-07-30 Many counseling clients find comfort and meaning in their spiritual lives, in the context of religious affiliation or the diverse viewpoints of the spiritual but not religious. But counselors and psychotherapists often lack training for work in this territory and may be wary of opening the door. The Interplay of Psychology and Spirituality is an exploration of the subtle, fluid relationship between psychology and spirituality that offers valuable perspectives and suggestions for embracing spirituality and religion in the helping professions. Drawing on Jungian, transpersonal, and integral perspectives, Hepburn highlights personal and cultural styles, spirituality as a therapeutic resource,





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