

# mdhhs peer recovery coach training 2024

**mdhhs peer recovery coach training 2024** represents a vital opportunity for individuals seeking to become certified peer recovery coaches in Michigan. This comprehensive training program is designed and overseen by the Michigan Department of Health and Human Services (MDHHS) to equip participants with the necessary skills, knowledge, and credentials to support individuals facing substance use and mental health challenges. The 2024 curriculum emphasizes evidence-based practices, recovery-oriented approaches, and cultural competency. It is structured to meet the increasing demand for qualified peer recovery professionals across the state. This article will provide an in-depth overview of the mdhhs peer recovery coach training 2024, including eligibility requirements, training content, certification processes, and continuing education opportunities. Additionally, it will highlight the benefits of becoming a certified peer recovery coach and explain how this credential enhances recovery support services in Michigan.

- Overview of MDHHS Peer Recovery Coach Training 2024
- Eligibility and Application Process
- Training Curriculum and Core Competencies
- Certification Requirements and Procedures
- Continuing Education and Recertification
- Benefits of MDHHS Peer Recovery Coach Certification

## Overview of MDHHS Peer Recovery Coach Training 2024

The MDHHS peer recovery coach training 2024 is a state-approved program aimed at preparing individuals to serve as peer recovery coaches in various behavioral health settings. The program focuses on empowering people with lived experience of recovery to assist others in navigating their own recovery journeys. Training sessions include a combination of classroom instruction, interactive workshops, and practical skill-building exercises. The MDHHS ensures that the 2024 training aligns with national standards and best practices in peer support services. Participants will learn to utilize recovery-oriented language, trauma-informed care approaches, and motivational interviewing techniques. The program also incorporates cultural sensitivity training to address the diverse needs of Michigan's population.

## **Purpose and Goals**

The primary goal of the mdhhs peer recovery coach training 2024 is to cultivate a competent workforce of peer support professionals who can enhance recovery outcomes. The training aims to:

- Develop effective communication and coaching skills
- Promote self-advocacy and empowerment among clients
- Reduce stigma associated with substance use and mental health disorders
- Facilitate access to community resources and support networks
- Encourage continuous personal and professional growth

## **Eligibility and Application Process**

To enroll in the mdhhs peer recovery coach training 2024, applicants must meet specific eligibility criteria established by the Michigan Department of Health and Human Services. These requirements ensure that candidates possess the lived experience and personal readiness necessary for peer coaching roles. Interested individuals must complete an application process that verifies their qualifications and commitment to recovery support.

### **Eligibility Criteria**

Applicants are required to meet the following conditions:

- Be at least 18 years old
- Have a documented history of recovery from substance use disorder or mental health challenges
- Maintain at least one year of continuous recovery prior to application
- Demonstrate a desire to assist others on their recovery journeys
- Complete a background check as mandated by MDHHS

### **Application Steps**

The application process involves several key steps to ensure suitability and readiness:

1. Submit a completed application form to the MDHHS or an authorized training provider
2. Provide proof of recovery and any relevant documentation
3. Attend an informational session or interview if required
4. Receive acceptance notification and training schedule
5. Complete any prerequisite coursework or orientation modules

## **Training Curriculum and Core Competencies**

The mdhhs peer recovery coach training 2024 incorporates a robust curriculum designed to build foundational and advanced skills critical to effective peer support. The training covers a wide range of topics to ensure well-rounded preparation for real-world coaching scenarios. Emphasis is placed on interactive learning and practical application of concepts.

### **Core Curriculum Components**

Key subjects included in the training are:

- Principles of peer recovery and peer support ethics
- Understanding substance use disorders and mental health conditions
- Motivational interviewing and communication strategies
- Crisis intervention and de-escalation techniques
- Trauma-informed care and cultural competency
- Building recovery-oriented systems of care
- Documentation and professional boundaries

### **Skills Development**

Training sessions emphasize practical skills such as active listening, goal setting, advocacy, and facilitating group support. Role-playing exercises and case studies enable participants to practice coaching techniques under supervision. This experiential learning prepares peer recovery coaches to effectively engage with diverse populations and support clients through

various stages of recovery.

## **Certification Requirements and Procedures**

Upon successful completion of the mdhhs peer recovery coach training 2024, candidates must fulfill certification requirements to become officially recognized peer recovery coaches. The certification process ensures that individuals meet all professional standards and are qualified to provide peer support services within Michigan.

### **Certification Criteria**

To obtain certification, candidates must:

- Complete the full MDHHS-approved training curriculum
- Pass a written examination or skills demonstration
- Submit documentation of supervised peer coaching hours if applicable
- Agree to adhere to the MDHHS Code of Ethics for Peer Recovery Coaches
- Maintain a valid Michigan driver's license or state ID for verification

### **Application and Approval Process**

After meeting the criteria, applicants submit a certification packet to MDHHS, which includes:

1. Proof of training completion
2. Examination results or supervisor verification
3. Completed application form
4. Payment of any applicable certification fees

MDHHS reviews the application and issues certification within a specified timeframe. Certified peer recovery coaches receive credentials valid for a defined period before recertification is necessary.

# **Continuing Education and Recertification**

The MDHHS peer recovery coach training 2024 framework requires ongoing professional development to maintain certification. Continuing education ensures that peer recovery coaches stay current with emerging trends, best practices, and evolving state regulations.

## **Continuing Education Requirements**

Certified peer recovery coaches must complete a set number of continuing education units (CEUs) within each certification cycle. These CEUs may be earned through:

- Attending workshops and seminars related to peer support
- Participating in advanced training modules
- Engaging in professional supervision or mentorship
- Completing online courses or webinars approved by MDHHS

## **Recertification Process**

Recertification involves submitting evidence of completed CEUs, updated background checks, and payment of renewal fees. MDHHS provides clear guidelines and deadlines to facilitate timely renewal of credentials. Maintaining certification is essential for continued employment and credibility as a peer recovery coach.

## **Benefits of MDHHS Peer Recovery Coach Certification**

Obtaining the MDHHS peer recovery coach certification through the 2024 training program offers numerous benefits for professionals and the community. Certified peer recovery coaches play a crucial role in expanding access to recovery resources and improving client outcomes.

## **Professional Advantages**

- Recognition as a qualified and competent peer recovery professional
- Increased employment opportunities in behavioral health agencies and

community organizations

- Access to a network of peers and ongoing professional support
- Potential for career advancement and specialization in peer support roles
- Enhanced ability to advocate for client needs and system improvements

## **Community Impact**

Certified peer recovery coaches contribute significantly to public health by:

- Providing empathetic support grounded in lived experience
- Reducing barriers to treatment and recovery services
- Promoting resilience and self-efficacy among individuals in recovery
- Supporting the creation of recovery-friendly environments
- Helping to decrease relapse rates and improve overall wellbeing

## **Frequently Asked Questions**

### **What is the MDHHS Peer Recovery Coach Training 2024?**

The MDHHS Peer Recovery Coach Training 2024 is a program offered by the Michigan Department of Health and Human Services designed to train individuals with lived experience in recovery to become certified peer recovery coaches.

### **Who is eligible to enroll in the MDHHS Peer Recovery Coach Training 2024?**

Eligibility typically includes adults with lived experience in mental health or substance use recovery who are interested in supporting others through their recovery journey. Specific requirements may be outlined by MDHHS.

### **What topics are covered in the MDHHS Peer Recovery**

## **Coach Training 2024?**

The training covers topics such as recovery principles, communication skills, ethical guidelines, crisis intervention, and resources to support individuals in recovery.

## **How long is the MDHHS Peer Recovery Coach Training 2024 program?**

The duration of the training can vary, but it generally spans several weeks with a combination of in-person and online sessions totaling approximately 40 hours.

## **Is the MDHHS Peer Recovery Coach Training 2024 certification recognized statewide?**

Yes, certification obtained through the MDHHS Peer Recovery Coach Training is recognized throughout Michigan and qualifies individuals to work as peer recovery coaches within the state.

## **How can I register for the MDHHS Peer Recovery Coach Training 2024?**

Registration details are typically available on the official MDHHS website or through partnering community organizations; interested individuals can apply online or contact MDHHS directly for more information.

## **Are there any costs associated with the MDHHS Peer Recovery Coach Training 2024?**

Costs may vary; some trainings are offered free of charge through MDHHS funding, while others might require a fee. It is best to check the specific training announcements for exact details.

## **What career opportunities are available after completing the MDHHS Peer Recovery Coach Training 2024?**

Graduates can pursue employment as peer recovery coaches in various settings such as hospitals, community health centers, substance use treatment facilities, and non-profit organizations.

## **Does the MDHHS Peer Recovery Coach Training 2024 include continuing education or renewal**

## requirements?

Yes, certified peer recovery coaches are typically required to complete continuing education and periodic certification renewal to maintain their credentials as specified by MDHHS guidelines.

## Additional Resources

### 1. *MDHHS Peer Recovery Coach Training Manual 2024*

This comprehensive manual serves as the foundational guide for peer recovery coaches participating in the 2024 MDHHS training program. It covers essential concepts, ethical guidelines, and practical skills necessary for effective peer support. The book also includes real-life case studies and exercises to enhance learning and application in community settings.

### 2. *Building Trust and Boundaries: A Peer Recovery Coach's Guide*

Focusing on the interpersonal aspects of peer coaching, this book explores techniques for establishing trust and maintaining healthy boundaries with clients. It emphasizes empathetic communication, self-awareness, and professional integrity. Readers will find strategies to navigate complex emotional situations while fostering supportive recovery environments.

### 3. *Understanding Addiction and Recovery: A Peer Coach's Perspective*

This title provides an in-depth look at the science of addiction, the recovery process, and the role of peer support in fostering long-term wellness. Written specifically for peer recovery coaches, it integrates research with practical insights to help readers better understand client experiences and challenges. It also discusses the impact of trauma and co-occurring disorders.

### 4. *Effective Communication Skills for Peer Recovery Coaches*

Communication is key to successful peer coaching, and this book offers tools and techniques to enhance listening, motivational interviewing, and conflict resolution skills. It includes role-playing scenarios and tips for adapting communication styles to diverse populations. The guide aims to improve engagement and outcomes in peer recovery work.

### 5. *Cultural Competency in Peer Recovery Coaching*

This book addresses the importance of cultural awareness and sensitivity in peer recovery coaching. It provides strategies for working respectfully with individuals from various backgrounds, including considerations for race, ethnicity, gender identity, and socioeconomic status. The book encourages coaches to create inclusive, equitable support systems.

### 6. *Self-Care and Resilience for Peer Recovery Coaches*

Peer recovery coaching can be emotionally demanding, and this book highlights the importance of self-care and resilience-building techniques. It offers practical advice for managing stress, preventing burnout, and maintaining personal wellness. Readers will find mindfulness exercises, time management tips, and guidance on seeking supervision and support.



### 7. *Ethics and Professionalism in Peer Recovery Coaching*

This title explores the ethical responsibilities and professional standards expected of peer recovery coaches, especially within the MDHHS framework. Topics include confidentiality, dual relationships, and adherence to state and organizational policies. The book aims to prepare coaches to navigate ethical dilemmas with confidence and integrity.

### 8. *Peer Recovery Coaching Tools and Resources*

A practical resource guide, this book compiles various tools, worksheets, and referral information useful for peer recovery coaches. It includes assessment forms, goal-setting templates, and community resource directories tailored to Michigan's recovery landscape. The guide supports coaches in delivering structured and effective recovery support services.

### 9. *Innovations in Peer Recovery: Trends and Best Practices 2024*

Focusing on the latest developments in peer recovery coaching, this book highlights emerging trends, technologies, and evidence-based practices relevant to 2024. It showcases innovative programs and success stories from Michigan and beyond, offering inspiration and guidance for coaches aiming to enhance their impact. The book also discusses future directions in the field.

## **Mdhhs Peer Recovery Coach Training 2024**

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**mdhhs peer recovery coach training 2024:** *Peer Recovery Support Specialist/Addictions Recovery Coach Training* PARfessionals Inc., 2013-07 Study guide covers background knowledge including history of the peer recovery movement, the knowledge needed to become a recovery coach, models of recovery, and ethics; how to create recovery partnerships, assess clients, create recovery and relapse prevention plans. The course will end with a practical discussion on finding a job as a peer recovery support specialist or recovery coach.

**mdhhs peer recovery coach training 2024: Choices Peer Recovery Coach Training** Ginger Ross, 2022-01-02 Choices Trainings is the leader in peer recovery coach and addiction trainings. This manual is for the nationally recognized Choices Peer Recovery 30 hour training recognized by many states for initial certification training requirements. Course Description: This training is designed for individuals looking to begin their journey as a peer recovery support specialist or peer recovery coach in the substance use field; or for those who are looking to learn how to better engage with those suffering from Substance Use Disorder (SUD). Participants will gain a strong foundation of the roles of a peer recovery coach and understand how the roles are different from other traditional and existing support methods. Participants will be introduced to the many concepts and skills involved in effective recovery coaching, preparing them for professional roles to serve their communities as peer support advocates.

**mdhhs peer recovery coach training 2024: PARfessionals' Peer Recovery/Addictions Recovery Coach Training Home Study Course** Joree McNamee, Parfessionals (r)(Tm), Family

Foundation Inc, 2014-09-02 The PARfessionals' Peer Recovery Service Directory of Library and Information Science, a publisher of professional development training and practicum guides and other test taking strategy publications for Peer Recovery Candidates, Trainers and Supervisors. PARfessionals (R)(TM) is pending an Arkansas state registered trademark of Ms. Jorea. M. Kelley, Inventor of the PARessionals training program.

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**mdhhs peer recovery coach training 2024:** *Peer Recovery Support Specialist*, 2013 Supporting the PARfessional Initiative (prevention, addictions, treatment and recovery, this study guide covers the basic knowledge of peer addiction coaching. The includes the history of the peer recovery movement, the knowledge needed to become a recovery coach, models of recovery, and ethics; how to create recovery partnerships, assess clients, create recovery and relapse prevention plans. The course will end with a practical discussion on finding a job as a peer recovery support specialist or recovery coach.

**mdhhs peer recovery coach training 2024:** *Recovery Coaching* Melissa Killeen Msod, 2025-08-02 In this new third edition of RECOVERY COACHING- A Guide to Coaching People in Recovery from Addictions -100 new pages of information have been added. New ideas are presented that are aligned with the most up to date, state-of-the-art research on harm reduction models, examples of new recovery support practitioner jobs that are now available for those with recovery coaching experience, discussions about situations that a coach encounters with a patient revived from an opioid or an alcohol overdose, commonly used street drugs, and very important information on the medications used in medication-assisted treatment for managing the battle against alcohol, opioid or methamphetamine misuse. The third edition demonstrates how a coach can use multiple treatment models, including the Minnesota Model, Harm Reduction, and the Recovery Management Model to inform their recovery coaching. Readers receive sobriety tools that can be used as a guide for the coach to truly support the person in their recovery process. Poignant, personal stories from recovery coaches pinpoint their struggles and solutions fill the book with bonus coaching material. This third edition includes the Adverse Childhood Experiences (ACE) survey as well as a list of what a recovery coach should anticipate in receiving recovery coach supervision. However, the resources do not stop there, the book gives practical business advice on how to set up a successful recovery coaching practice, coaching contracts, important ethical guidelines, assessments, a graph indicating the Approaches to Facilitate the Various Stages of Change, Personal Recovery Plans and a Glossary of terms. 80% of people leaving a substance misuse treatment center will relapse within the first year of discharge. 9 out of 10 of this 80% will relapse within the first ninety days after discharge. Working with a recovery coach or a peer recovery support specialist can significantly reduce the likelihood of relapse during this crucial 90-day period. Recovery coaching and peer recovery support bridges the gap between an individual leaving a treatment center and maintaining long term sobriety. RECOVERY COACHING- A Guide to Coaching People in Recovery from Addictions gives readers something that has not been done before, a thorough explanation of recovery coaching and

peer recovery support. First published in 2013, it was the first book on Recovery Coaching, since the field's inception in the 1990s. The third edition will be an indispensable and current resource for the recovery coach, the peer support specialist just starting out, the coaching professional and any addiction treatment professional.

**mdhhs peer recovery coach training 2024: *Case Study of Lived Experiences*** Vicki Lynn Moak, 2021 Substance use disorder is one of the most universal clinical and public health concerns in the United States. A shift in the behavioral health field from short-term cures to long-term recovery found peer-based recovery services to be a notable asset. The peer recovery coach (PRC), experientially equipped through personal substance use disorder history and recovery, is the fastest growing role in peer services. Very limited research exists into the lived experience of PRCs and the impact of the PRC role on personal recovery. This investigation aimed to fill gaps in the literature related to PRCs' lived experience and personal recovery. The theoretical orientation of the re-entry experience of an ex-offender into home, community, and work life supplied a framework for research into the re-entry experience of a PRC. The first research question was "What are the home, community, and work life re-entry experiences of a male PRC working at a community-based, spiritual, residential substance abuse recovery program?" The second research question explored how the home, community, and work life experiences influence PRCs' present recovery. This qualitative case study collected data through semi-structured interviews. Data analysis themes demonstrated that the PRCs' home, community, and work life experiences were residential stability, restored relationships, togetherness, recovery support, role, feelings, benefits, and challenges. Experiences that influenced personal recovery categorized as relationships, accountability, triggers, and recovery tools. PRCs, on a journey of personal recovery themselves, need clinical support; the findings of this study could strengthen clinical support systems.

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