

# wildewood skilled nursing and therapy

**wildewood skilled nursing and therapy** is a premier healthcare facility dedicated to providing exceptional post-acute care and rehabilitation services. This comprehensive article explores the wide range of services offered at Wildewood, emphasizing its skilled nursing care, therapy programs, patient-centered approach, and state-of-the-art amenities. Wildewood skilled nursing and therapy is designed to support patients recovering from surgery, illness, or injury, ensuring a smooth transition back to independent living. With an expert team of healthcare professionals, Wildewood delivers personalized rehabilitation plans tailored to each individual's unique needs. This article will also highlight the facility's commitment to quality care, innovative therapy techniques, and the overall patient experience. Readers will gain a thorough understanding of what sets Wildewood apart in the field of skilled nursing and therapy.

- Overview of Wildewood Skilled Nursing and Therapy
- Comprehensive Skilled Nursing Care
- Rehabilitation and Therapy Services
- Patient-Centered Care Approach
- Facility Amenities and Environment
- Quality Standards and Accreditation

## Overview of Wildewood Skilled Nursing and Therapy

Wildewood skilled nursing and therapy is a specialized facility focused on delivering high-quality nursing and rehabilitation services. It caters to patients who require extended medical care and rehabilitative support following hospital stays due to surgeries, chronic illnesses, or injuries. The facility integrates skilled nursing with comprehensive therapy programs, providing a seamless continuum of care. Wildewood's multidisciplinary team includes registered nurses, licensed therapists, physicians, and support staff who collaborate to optimize patient outcomes. The center is equipped with modern medical technology and therapeutic equipment, ensuring advanced care delivery. This overview establishes the foundation for understanding the multifaceted services offered at Wildewood.

## Comprehensive Skilled Nursing Care

## **Medical Management and Monitoring**

At Wildewood skilled nursing and therapy, medical management is a core component of patient care. Skilled nurses provide continuous monitoring of vital signs, medication administration, wound care, and chronic disease management. This ensures that patients receive consistent and precise care tailored to their medical conditions. The nursing staff works closely with physicians to adjust treatment plans as necessary and respond promptly to any changes in patient health status.

## **Personalized Nursing Plans**

Each patient at Wildewood receives an individualized nursing care plan designed to address their specific health challenges. These plans encompass daily care routines, therapy integration, nutrition management, and psychosocial support. Personalized care ensures that patients' physical, emotional, and social needs are met comprehensively, promoting faster recovery and improved well-being.

## **Rehabilitation and Therapy Services**

### **Physical Therapy**

Physical therapy at Wildewood skilled nursing and therapy focuses on restoring mobility, strength, and functional independence. Licensed physical therapists employ evidence-based techniques and customized exercise programs to help patients regain movement after surgeries, strokes, or injuries. Therapy sessions incorporate balance training, gait improvement, and pain management strategies to enhance overall physical function.

### **Occupational Therapy**

Occupational therapy assists patients in regaining the skills necessary for daily living and self-care. Therapists work with individuals to improve fine motor skills, coordination, and cognitive function. The goal is to enable patients to perform activities such as dressing, eating, and personal hygiene independently, thereby increasing their quality of life.

### **Speech Therapy**

Speech-language pathologists at Wildewood provide therapy for patients experiencing difficulties with speech, language, swallowing, or cognitive communication. These services are vital for patients recovering from neurological conditions or surgeries affecting communication abilities. Therapists utilize tailored interventions to enhance verbal expression, comprehension, and safe swallowing techniques.

## **Comprehensive Rehabilitation Programs**

The facility offers multidisciplinary rehabilitation programs that integrate physical, occupational, and speech therapies to address complex patient needs. These programs are designed to accelerate recovery timelines and promote holistic health improvements.

# **Patient-Centered Care Approach**

## **Individualized Care Plans**

Wildewood skilled nursing and therapy emphasizes patient-centered care by developing individualized care plans based on thorough assessments. These plans take into account patients' medical history, preferences, and rehabilitation goals. Collaboration among patients, families, and healthcare teams is encouraged to ensure care aligns with patient values.

## **Emotional and Social Support**

Recognizing the importance of emotional well-being in recovery, Wildewood provides counseling services, social activities, and support groups. These resources help reduce feelings of isolation and promote mental health during the rehabilitation process.

## **Family Involvement and Education**

The facility actively involves family members in care planning and education, equipping them with the knowledge and skills necessary for post-discharge support. This participatory approach improves patient outcomes and satisfaction.

## **Facility Amenities and Environment**

Wildewood skilled nursing and therapy offers a safe, comfortable, and healing environment designed to support recovery. Amenities include private and semi-private rooms, communal dining areas, therapy gyms, and outdoor spaces for relaxation. The facility prioritizes cleanliness, accessibility, and a welcoming atmosphere to enhance the patient experience. Technological resources such as electronic health records and telehealth services ensure efficient communication and continuity of care.

- Private and semi-private patient rooms
- Fully equipped therapy gyms
- Safe outdoor recreational areas
- Nutritious meal planning and dietary accommodations
- 24/7 nursing and medical supervision

## **Quality Standards and Accreditation**

Wildewood skilled nursing and therapy maintains rigorous quality standards to ensure

excellence in care delivery. The facility is accredited by recognized healthcare organizations, demonstrating compliance with state and federal regulations. Regular staff training, performance evaluations, and patient feedback mechanisms contribute to ongoing quality improvement. Wildewood's commitment to clinical excellence is reflected in high patient satisfaction rates and positive rehabilitation outcomes. The center also participates in community health initiatives to promote wellness beyond its walls.

## **Frequently Asked Questions**

### **What services does Wildewood Skilled Nursing and Therapy offer?**

Wildewood Skilled Nursing and Therapy provides comprehensive skilled nursing care, physical therapy, occupational therapy, speech therapy, and rehabilitation services tailored to individual patient needs.

### **Is Wildewood Skilled Nursing and Therapy Medicare certified?**

Yes, Wildewood Skilled Nursing and Therapy is Medicare certified, allowing them to provide services covered under Medicare for eligible patients.

### **What types of therapy are available at Wildewood Skilled Nursing and Therapy?**

Wildewood offers physical therapy, occupational therapy, and speech therapy to help patients recover and regain independence.

### **Does Wildewood Skilled Nursing and Therapy provide short-term rehabilitation?**

Yes, Wildewood offers short-term rehabilitation programs designed to help patients recover from surgery, illness, or injury before returning home.

### **How does Wildewood Skilled Nursing and Therapy support long-term care residents?**

Wildewood provides personalized long-term care plans, skilled nursing, daily living assistance, and social activities to enhance the quality of life for long-term residents.

### **What is the patient-to-staff ratio at Wildewood Skilled Nursing and Therapy?**

Wildewood maintains a low patient-to-staff ratio to ensure personalized care and attention

for each resident, though exact ratios may vary.

## **Are family members allowed to visit patients at Wildewood Skilled Nursing and Therapy?**

Yes, Wildewood encourages family visits while adhering to health and safety protocols to support patient well-being and connection with loved ones.

## **What are the admission requirements for Wildewood Skilled Nursing and Therapy?**

Admission typically requires a physician's referral, medical evaluation, and insurance verification. Specific requirements may vary based on the level of care needed.

## **Does Wildewood Skilled Nursing and Therapy offer specialized care for dementia patients?**

Yes, Wildewood provides specialized memory care programs and skilled nursing services tailored to meet the needs of dementia and Alzheimer's patients.

## **How can I contact Wildewood Skilled Nursing and Therapy for more information?**

You can contact Wildewood Skilled Nursing and Therapy by visiting their official website or calling their main office directly to inquire about services, admissions, and tours.

## **Additional Resources**

### *1. Wildewood Skilled Nursing: A Comprehensive Guide to Care Excellence*

This book offers an in-depth overview of skilled nursing practices at Wildewood, highlighting the facility's commitment to patient-centered care. It covers clinical protocols, staff training, and innovative therapies implemented to enhance resident outcomes. Readers will gain insights into the day-to-day operations that make Wildewood a trusted name in skilled nursing.

### *2. Therapeutic Innovations at Wildewood: Enhancing Recovery Through Advanced Therapy*

Focusing on the therapeutic approaches used at Wildewood, this book explores cutting-edge rehabilitation techniques and personalized therapy plans. It discusses the integration of physical, occupational, and speech therapy to optimize recovery for patients. Case studies illustrate successful outcomes and the importance of multidisciplinary collaboration.

### *3. Holistic Healing in Skilled Nursing: The Wildewood Approach*

This title delves into Wildewood's philosophy of holistic care, emphasizing the balance of physical, emotional, and social well-being. It explains how therapy services are tailored to meet the individual needs of residents, promoting overall health and happiness. The book

also addresses the role of family involvement and community engagement in the healing process.

#### *4. Staff Excellence at Wildewood: Building a Skilled Nursing Dream Team*

Highlighting the critical role of staff in delivering quality care, this book details Wildewood's strategies for recruitment, training, and retention of skilled nursing and therapy professionals. It showcases leadership practices and team-building exercises that foster a supportive work environment. Readers will learn how staff dedication translates into superior resident care.

#### *5. Patient-Centered Therapy Plans at Wildewood: Customizing Recovery Journeys*

This book emphasizes the creation and implementation of individualized therapy plans at Wildewood. It explains assessment methods and goal-setting techniques used to tailor treatments for diverse patient needs. The narrative includes testimonials from patients and therapists, underscoring the impact of personalized care.

#### *6. Wildewood's Role in Post-Acute Care: Transitioning Patients with Confidence*

Focusing on post-acute care, this book examines how Wildewood supports patients transitioning from hospital to skilled nursing environments. It highlights care coordination, medication management, and therapy services designed to reduce readmissions and improve recovery rates. The book also covers communication strategies between healthcare providers and families.

#### *7. Innovative Therapy Technologies at Wildewood: Bridging Tradition and Modern Care*

This title explores the integration of technology in therapy services at Wildewood, including virtual reality, robotics, and teletherapy. It discusses the benefits and challenges of adopting new tools to enhance patient engagement and outcomes. The book provides a forward-looking perspective on the future of skilled nursing therapy.

#### *8. Nutrition and Wellness in Skilled Nursing: Supporting Therapy at Wildewood*

Highlighting the connection between nutrition and rehabilitation, this book examines Wildewood's approach to dietary planning in skilled nursing settings. It discusses how proper nutrition supports therapy effectiveness and overall patient health. Practical guidelines and meal planning strategies are included to assist care teams and families.

#### *9. Family Engagement in Skilled Nursing Therapy: Partnerships at Wildewood*

This book focuses on the importance of involving families in the therapy process at Wildewood. It outlines communication practices, education programs, and support services that empower families to participate actively in their loved one's recovery. The narrative demonstrates how strong family partnerships contribute to better therapy outcomes and resident satisfaction.

## **Wildewood Skilled Nursing And Therapy**

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**wildewood skilled nursing and therapy: *Factors Influencing the Occupational Therapy Discharge Planning Process in Skilled Nursing Facilities*** Jess Bremmer, Christa Edwards, Jason Kreuzman, Lauren Mishevich, Lindsey Roskowski, Cherise Walters, 2011

**wildewood skilled nursing and therapy: *Medical Necessity of Physical and Occupational Therapy in Skilled Nursing Facilities*** CreateSpace Independent Publishing Platform, Office of the Investigator General, 2018-07-16 Medical necessity of physical and occupational therapy in skilled nursing facilities : California probe sample results [early alert] /

**wildewood skilled nursing and therapy: Nursing as Therapy** Richard McMahon, Alan Pearson, 2013-11-11 Over the past 20years, nursing has begun to rediscover some of its basic 'truths' which have become obscured because of the rise in technology and medical knowledge this century. One of these basic 'truths' is the concern of this book - that intelligent, sensitive nursing does make a difference to the consumers of health care. Like most essential truths, this seems almost too obvious to be stated. Nevertheless, many nurses have become increasingly aware of a commonly held view that ,getting better' or staying healthy is largely dependent upon the intervention of or monitoring by medical practitioners and paramedical therapists together with the technology they use and that nurses merely carry out the orders of such workers and keep things in order. An apt analogy, frequently used, is that of the air journey. The point of the journey is to get from A to B and is largely dependent upon the aeroplane (i.e. the technology in health care) and the crew in the cockpit (i.e.

**wildewood skilled nursing and therapy: *The Abilities Care Approach*** Gina C. Tucker-Roghi, 2014 The Abilities Care Approach is an evidence-based program designed to meet the occupational needs of clients with dementia living in skilled nursing facilities (SNFs). Participation in the Abilities Care Approach level II psychosocial fieldwork experience has required additional training and support for students. To date this training and support has occurred during live sessions in the local region where the program was developed. The Abilities Care Approach online training program will be made available to occupational therapy (OT) practitioners and students in the 204 Ensign affiliated SNFs throughout the United States. The training program utilizes evidence-based, effective teaching methods to deliver content through a corporate learning management system. The program includes opportunities for student reflection, interaction with content, self-assessment of learning, and application. The program is designed to provide a strong foundation for OT practitioners and students using the Abilities Care Approach, and includes a review of the relevant evidence. The Abilities Care Approach is supported by recent evidence and provides critically needed OT services within an emerging practice area. Level II Abilities Care Approach fieldwork experiences have been successful and rewarding for students as well as the patients and staff of the skilled nursing facilities. The online training program will create additional opportunities for OT students to participate in the Abilities Care Approach fieldwork experiences.

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